

**Poland Seminary High School  
LUNCH - APRIL 2025**

**MENUS SUBJECT TO CHANGE**

**What Makes a Meal?**  
You must choose at least **3 of 5 components** available for the school lunch price.

- Choice of Meat/Meat Alternate
- Choice of Vegetable, Choice of Fruit\*
- Choice of Grain and Choice of Milk

*\*Students must choose at least one fruit or vegetable*

**Full Lunch: \$3.00; Lunch Entrée': \$2.00**

Daily additional meal options may include:

**Grill Options:**

- Cheeseburger
- Breaded Chicken Sandwich
- Spicy Chicken Sandwich

**Deli Options:**

- A variety of wraps, salads and hoagies
- Wow-Butter & Jelly Sandwiches
- Bistro Boxes
- Fruit & Yogurt Parfaits

**Fresh Fruits and Vegetables  
Offered Daily**

**Fruit/Veggie Side: \$1.00**

**\*Vegetables may include:**

- Broccoli Florets
- Baby Carrots
- Dark Leafy Greens
- Legume Salads
- Celery
- Red/Green Peppers
- Cucumber

**\*May choose two 1/2 cup servings**

**\*Fruits may include:**

- Crisp Apple
- Fresh Orange
- Banana
- Apple Slices
- Grapes
- Blueberries
- Strawberries

**\*May choose one 1/2 cup serving**

**Milk Choices Offered Daily**

Fat Free Chocolate & Low Fat White

**Milk: \$.65**

Food Service Director:

Wendy Miller  
wmiller2@polandschools.org  
330.757.7000 ext. 37214



Monday	Tuesday	Wednesday	Thursday	Friday
31 Dutch Waffle & Chicken Citrusy Mandarin Oranges Corn Dog Nuggets	1 Soft Beef & Cheese Tacos Seasoned Steamed Golden Corn Diced Peaches French Bread Pizza	2 Cheese Pizza Green Beans Red Delicious Apple Chicken Nuggets	3 Nashville Honey Hot Breaded Chicken Sandwich Baked French Fries Blueberries Bosco Sticks w/Dipping Sauce	4 Pancakes & Sausage Patties Crispy Tater Tots Strawberries & Cream Crispy Fish Sandwich
7 Crispy Chicken Nuggets w/ Buttered Noodles Seasoned Steamed Golden Corn Diced Peaches Fiestada Pizza	8 Bacon Cheeseburger on a Bun Seasoned Steamed Broccoli Red Delicious Apple Juicy Hamburger on a Bun	9 Chicken Stir Fry / Wok Action Station Seasoned Steamed Green Beans Fresh Orange Corn Dog Nuggets	10 Cheese Pizza Black Beans Diced Peaches Grilled Cheese Sandwich	11 TNG Signature Breaded Chicken Sandwich with Slamin' Sauce Baked French Fries Applesauce Fish Sticks
14 Buffalo Chicken Mac & Cheese w/Fresh Bread Oven Roasted Carrots Citrusy Mandarin Oranges BBQ Grilled Chicken Sandwich	15 Freshly Baked Italian Dunkers Seasoned Steamed Broccoli Fresh Petite Banana French Bread Pizza	16 Cheese Pizza Seasoned Steamed Green Beans Tropical Pineapple Tidbits Chicken Nuggets	17 Walking Taco with Beef, Cheese, Nacho Doritos and Fresh Bread Seasoned Steamed Golden Corn Red Delicious Apple Crispy Fish Sandwich	18
21	22	23	24	25
28 French Toast Sticks w/ 2 Sausage Patties Crispy Tater Tots Strawberries & Cream Corn Dog Nuggets	29 Buffalo Chicken Dipper Oven Roasted Carrots Diced Peaches Hot Ham & Cheese on Ciabatta	30 Cheese Pizza Green Beans Citrusy Mandarin Oranges Grilled Cheese Sandwich	1	2