


# BREAKFAST - LUNCH MENU September 2024

**Breakfast** consists of One Entrée Choice, Fruit, Juice, and Milk. **Entrée** choices: Hot Choice, Cereal, Bars, PBJ, & Pastries

**Lunch** consists of One Entrée Choice, 2 Vegetables, Fruit, and Milk (High School 2 fruits)

**Entrée's:** 2 hot choices daily, deli sandwiches, pbj, & salad meal(for 6-12<sup>th</sup>) Refer to the menu

*A complete breakfast or lunch meal consists of a **MINIMUM** of 3 items. One of those items needs to be a fruit or a vegetable.*

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	<p>10 Sausage Bites or Pancakes</p> <p>Hamburger or Cheeseburger/pickles Chicken Tenders Deli &amp; PBJ Sandwiches Salad Meal (3-12) Baby Carrots w/Ranch Potato Smiles Fruit, Milk</p>	<p>11 Biscuit w/Bacon</p> <p>French Bread Pizza Popcorn Chicken Deli &amp; PBJ Sandwiches Salad Meal (3-12) Golden Corn Green Beans Fruit, Milk</p>	<p>12 Piggie in a Blanket</p> <p>Spaghetti Chicken Nuggets PBJ Sandwich Deli &amp; PBJ Sandwiches Salad Meal (3-12) Marinara Dipping Sauce Romaine Salad w/Ranch Garlic Breadstick Fruit, Milk</p>	<p>13 Breakfast Taco</p> <p>Papa John's Pizza Chicken Tenders PBJ Sandwich Broccoli &amp; Cheese Baby Carrots/Ranch Fruit, Milk</p>
<p>16 Bean &amp; Cheese Burrito</p> <p>Breaded Chicken Filet on WG Bun/pickles Chicken Nuggets Deli &amp; PBJ Sandwiches Salad Meal (3-12) Crinkle Fries Golden Corn Fruit, Milk</p>	<p>17 French Toast</p> <p>Hamburger or Cheeseburger/pickles Chicken Tenders Deli &amp; PBJ Sandwiches Salad Meal (3-12) Baby Carrots/Ranch Curly Fries Fruit, Milk</p>	<p>18 Biscuit w/Bacon</p> <p>Cheesy Breadsticks Popcorn Chicken Deli &amp; PBJ Sandwiches Salad Meal (3-12) Marinara Sauce Cup Broccoli &amp; Cheese Fruit, Milk</p>	<p>19 Piggie in Blanket</p> <p>Frito Pie Chicken Nuggets Deli &amp; PBJ Sandwiches Salad Meal (3-12) Pinto Beans Steamed Zucchini Grahams Fruit, Milk</p>	<p>20 Breakfast Taco</p> <p>Papa John's Pizza Chicken Tenders PBJ Sandwich Baby Carrots/Ranch Green Beans Fruit, Milk</p>
<p>23 Bean &amp; Cheese Burrito</p> <p>Corn Dog Chicken Nuggets Deli &amp; PBJ Sandwiches Salad Meal (3-12) Tator Tots Celery Sticks/Ranch Fruit, Milk</p>	<p>24 Sausage Bites or Waffles</p> <p>Hamburger or Cheeseburger/pickles Chicken Tenders Deli &amp; PBJ Sandwiches Salad Meal (3-12) Baby Carrots w/Ranch Potato Smiles Fruit, Milk</p>	<p>25 Biscuit w/Bacon</p> <p>Macaroni &amp; Cheese Popcorn Chicken Deli &amp; PBJ Sandwiches Salad Meal (3-12) Black Beans Zucchini Garlic Breadstick Fruit, Milk</p>	<p>26 Piggie in a Blanket</p> <p>Spaghetti Chicken Nuggets PBJ Sandwich Deli &amp; PBJ Sandwiches Salad Meal (3-12) Marinara Dipping Sauce Romaine Salad w/Ranch Garlic Breadstick Fruit, Milk</p>	<p>27 Breakfast Taco</p> <p>Papa John's Pizza Chicken Tenders PBJ Sandwich Broccoli &amp; Cheese Baby Carrots/Ranch Fruit, Milk</p>
<p>30 Bean &amp; Cheese Burrito</p> <p>Asian Chicken/Rice Chicken Nuggets Deli &amp; PBJ Sandwiches Salad Meal (3-12) Steamed Squash Romaine Salad w/Ranch Fruit, Milk</p>	