ARE YOU A HIGH SCHOOL





STUDENT?





Researchers at the University of Pittsburgh are studying how teens' sleep schedules affect their mood and behavior.

You may be eligible if you are:

- A student in 9th-12th grade
- **Between ages 14-19** Parent/guardian's consent will be required for those under 18. Participants are compensated.



Contact us:

w: socialjetlag.pitt.edu

e: socialjetlag@pitt.edu

p: 412-246-6454

Visit our website here!



This is not a Seneca Valley sponsored activity