



PROJECT ABLE

FALL
CATALOG '24

PROJECT ABLE



Project ABLE (Achieving a Better Life through Education) is a program for adults with disabilities that provide social, recreational and educational opportunities. Project ABLE's staff is delighted to be back for another season!

Tips to help our activities run successfully:

- Please preregister for each class.
(Help us be prepared for class and let us know that you are coming.)
- Missing a class that you have signed up for? To receive a refund, you must inform the Project ABLE staff 12 hours in advanced that you will not be there.
- Transportation is not provided for any event unless specified in the course description.
- Please do not show up more than 15 minutes early to an event.
- If you have any questions regarding Project ABLE, please call our new Project ABLE Cell Phone Number at 507-201-5134.

Bowling League

NORTHFIELD BOWLING

Sign up for Tuesday night bowling leagues. Set up a carpool system with a friend or two. No transportation will be provided by Project ABLE Programming or staff. The price includes two games and bowling shoes. Weekly bowling results will be given each evening. Lanes will be assigned based on requests and needs. Please be sure to arrive on time. Participants that arrive late will not be guaranteed original lane assignments.

Location: Flaherty's Northfield Lanes, 1700 MN-3, Northfield, MN 55057

Instructor: Project ABLE Lead

DATES: Tuesdays, September 10th - November 26th

Times: 4:00 PM - 5:30 PM **Price:** \$8/day or \$96 for 12 weeks

*Limited availability. First 20 bowlers to sign up are promised a lane to bowl. Walk-in bowlers, not available.

J-MO'S BOWL (FORMERLY FARIBOWL)

Grab those bowling balls and let's go bowling. The price includes two games and bowling shoes. Weekly bowling results will be given each evening. Lanes will be assigned based on requests and needs. Please be sure to arrive on time. Participants that arrive late will not be guaranteed original lane assignments and not guaranteed two games.

Location: J-Mo's Bowl (Formerly Faribowl)
1802 4th St. NW, Faribault MN

Instructors: Project ABLE Lead

Times: 4:00 PM - 5:30 PM

Cost: See registration form for session costs

Dates: See registration form for dates

HOW TO REGISTER:

UPDATE: Please send all Project ABLE Registration Forms to the Faribault District Office.

Faribault District Office
Attn: Monica Leichtnam
710 17th ST SW, Faribault, MN 55021

Project ABLE is always looking for volunteers.
If you are interested, please call 507-333-6472.

ARTS & CRAFTS

OCTOBER: PAINTING PUMPKINS

You can either paint your pumpkin as you like or make a Mickey/Minnie Mouse pumpkin. We will also enjoy some pumpkin pie.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, October 10th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$5

**Sponsored by the United Way*

NOVEMBER: COLOR T-SHIRTS

We will be coloring on a preprinted designed t-shirt. LOGO will say: Hanging with my Gnomies, Picture of Gnomes and Project ABLE underneath.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, November 14th
(pre-registration required - 3 weeks in advance)

** Please list tshirt size.

Time: 4:30 PM - 6:00 PM

Cost: \$10

**Sponsored by the United Way*

DECEMBER: ORNAMENTS AND COCOA

Making ornaments while enjoying hot cocoa.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Monday, December 16th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

SCHOLARSHIPS AVAILABLE

Having trouble paying for Project ABLE enrichment activities? Due to the Rice County Area United Way, the Hannah Lips Foundation and an anonymous donor, we have scholarships available for Project ABLE. Call 507-333-6011 and speak with Monica or Linda for more details.

MUSIC GET-TOGETHER

For all Music Lovers! We will sing and hopefully be able to use some instruments for the first 30 minutes. Take a 10 minute break. Snacks and refreshments will be provided. The remaining 30 minutes we will continue with songs.

Dates: Mondays | September 9th, October 14th, November 18th, December 9th

Time: 4:30 PM - 6:00 PM

Location: Faribault Education Center

Instructor: Debbie McBride and Project ABLE Staff

Cost: \$5

**Sponsored by the United Way*



FOOD FINDS

SEPTEMBER: 3 INGREDIENT APPLE CAKE

Fall is approaching with the smell of apples. Let's make apple cake.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, September 12th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

OCTOBER: PUMPKIN BARS

Pumpkins everywhere.
We will make pumpkin bars.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Wednesday, October 9th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*

NOVEMBER: FRIENDS THANKSGIVING

Let's enjoy the company of friends. Please bring a dish to share. Linda will call homes week before to see what everyone is bringing. Beverages will be provided and if any other food needs to be provided.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Date: Thursday, November 7th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: FREE

**Sponsored by the United Way*

DECEMBER: HOLIDAY GOODIES

Lets have some fun and make some holiday goodies.

Location: Faribault Education Center

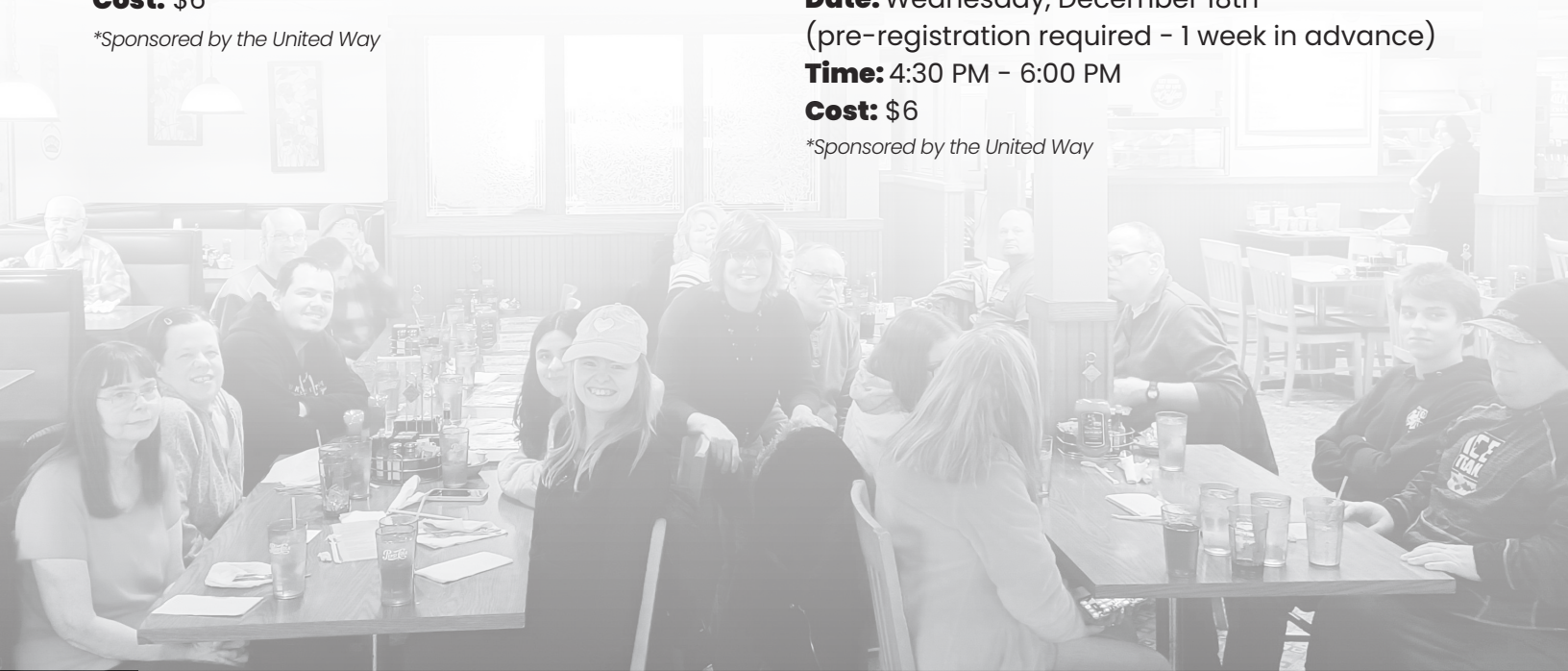
Instructor: Project ABLE Lead

Date: Wednesday, December 18th
(pre-registration required - 1 week in advance)

Time: 4:30 PM - 6:00 PM

Cost: \$6

**Sponsored by the United Way*



SPECIAL EVENTS

SEPTEMBER: ASPYN ACRES WILDLIFE REHABILITATION

The mission of Aspyn Acres Wildlife Rehabilitation is to tend to orphaned, sick, and injured wildlife and successfully release them back into the wild. We also offer sanctuary for farm animals in need.

Location: 41251 135th Street, Waseca, MN

Instructor: Project ABLE Lead

Date: Saturday, September 21st

Time: 1:00 PM – 3:00 PM

Cost: Freewill Donation at venue. We are hoping instead of paying everyone will be able to pitch in a few dollars for a donation.

FALL DANCE

Get out those dancing shoes. We will have our fall dance with light appetizers.

Location: Faribault Middle School

Instructor: Project ABLE Lead

Date: Friday, September 27th
(pre-registration required - 1 week in advance)

Time: 5:00 PM – 7:30 PM

Cost: \$5

OCTOBER: CHARLOTTE'S WEB

One of the best children's story about kindness and empathy and what we do to help others out of love.

Location: Paradise Arts Theatre, Faribault

Instructor: Project ABLE Lead

Date: Friday, October 25th

*Register by Friday, October 18th

Time: 7:30 PM – 9:30 PM (approximately)

Cost: \$18

**Registration cut off is Friday, October 18th at 3:30 PM.

*NON-REFUNDABLE EVENT

NOVEMBER: JOSEPH HALL - TRIBUTE TO ELVIS

Joseph Hall has played all over the world as a tribute to Elvis.

Location: Paradise Arts Theatre, Faribault

Instructor: Project ABLE Lead

Date: Saturday, November 9th

Time: 7:30 PM – 9:00 PM

Cost: \$30

**Registration cut off is Friday, October 25th at 3:30 PM.

*NON-REFUNDABLE EVENT

DECEMBER: SCROOGE! THE MUSICAL

Guided by three spirits, Scrooge discovers the true meaning of Christmas.

Location: Paradise Arts Theatre, Faribault

Instructor: Project ABLE Lead

Date: Friday, December 13th

(Cut off for registration is Friday, November 29th)

Time: 7:30 PM – 9:00 PM (Approximately)

Cost: \$20

**Registration cut off is Friday, November 29th at 3:30 PM.

*NON-REFUNDABLE EVENT

SCHOLARSHIPS AVAILABLE

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FOOD ACTIVITIES

PIZZA BINGO

Spend the evenings with your friends playing BINGO, eating pizza and having fun. Pizza and beverages will be served. In order to ensure that we order enough pizza, preregistration is highly recommended.

Walk-ins welcome if we have enough space and pizza ordered. Participants may be turned away if we already have 40 registered.

Location: Faribault Education Center

Instructor: Project ABLE Lead

Dates: September 6th, 13th | October 4th, 11th
November 8th, 15th | December 6th, 20th

*ASL Interpreted Events – Sept. 13th, Oct. 4th, Nov. 8th, and Dec. 6th

Times: 5:00 PM – 6:30 PM

Participant Price: \$13 (Includes two pieces of pizza, one beverage, and prizes)

Staff Price: \$7 (Includes two pieces of pizza, one beverage)

**Staff, please wait to eat until all participants have been served.*

**** If you are paying for Pizza Bingo at time of activity. You must have correct change! If you do not have correct change you will be invoiced. Project ABLE Staff do not have change.**

NIGHT OUT OF EATING

Join great friends for laughs and food. Experience one of Faribault's many wonderful restaurants. Staff must pay at the venue separately directly to the restaurant.

Location: Local Mystery Venue

Instructor: Project ABLE Lead

Dates: Thursday, September 19th;
Wednesday, October 23rd; Wednesday, November 20th;
Wednesday, December 11th

** Note These are all Wednesdays except Thursday, September 19th.

Time: 5:00 PM – 6:30 PM

Participant Price: \$20

Staff Price: Staff pay individually at the venue.

Project ABLE
is sponsored by the
Rice County Area United Way



It is highly recommended that individuals preregister for activities as this helps us in getting needed materials as well as holding event. You will not be invoiced until after the event. If you preregister and pay before activity and do not call within 24 hours that you can not make event, refund may not be available. Each cancellation will be looked at individually based on circumstance. Thank you for understanding



Project ABLE is always looking for gently used/new small donations to help support our bingos. Some ideas are: crayons, coloring books, boxed theater candy, matchbox cars, CD, movies, seasonal, cookie/brownie mixes. Cash donations are also welcomed and appreciated very much and are used as scholarships for participants.

REGISTRATION FORM

PROJECT ABLE REGISTRATION FORM Fall 2024

Name: _____

Address: _____

Guardian Name: _____ Group Home if Applicable: _____

Fall - Tuesday Night Bowling League in Northfield 4:00-5:30 pm

Dates	Paid	Participant
Session 1: Sept. 11th - Nov. 26th	\$96/for 12 weeks	<input type="checkbox"/> Invoice Later, do not pay ahead.

Fall - Tuesday Night Bowling League in Faribault 4:00-5:30 pm

Dates	Paid	Participant
Tuesday Nights: Session #1 Sept. 10th - Oct. 29th	\$85/for 8 weeks	<input type="checkbox"/> Invoice Later, do not pay ahead.
Tuesday Nights - Session #2 Nov. 5th - Dec. 17th	\$75/for 7 weeks	<input type="checkbox"/> Invoice Later, do not pay ahead.

Fall - Thursday Night Bowling League in Faribault 4:00-5:30 pm

Dates	Paid	Participant
Thursday Nights - Session 1: Sept. 12th - Oct. 31st NO BOWLING OCT. 17TH - MEA	\$75/for 7 weeks	<input type="checkbox"/> Invoice Later, do not pay ahead.
Thursday Nights - Session 2: Nov. 7th - Dec. 19th NO BOWLING NOV. 28TH	\$65/for 6 weeks	<input type="checkbox"/> Invoice Later, do not pay ahead.

Night Out of Eating 5:00 - 6:30 pm

Dates	Paid	Participant	Staff
September 18	<input type="checkbox"/>	\$20	*Pay venue
October 23	<input type="checkbox"/>	\$20	*Pay venue
November 20	<input type="checkbox"/>	\$20	*Pay venue
December 11	<input type="checkbox"/>	\$20	*Pay venue

Pizza Bingo 5-6:30 pm

Dates	Paid	Participant	Paid	Staff
September 6*	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7
September 13	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7
October 4*	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7
October 11	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7
November 8*	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7
November 15	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7
December 6*	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7
December 20	<input type="checkbox"/>	\$13	<input type="checkbox"/>	\$7

Food Finds 4:30 - 6 pm

Dates	Paid	Participant	Paid	Staff
Sept 12 - Apple Cake	<input type="checkbox"/>	\$6	<input type="checkbox"/>	Free
Oct 2 - Pumpkin Bars	<input type="checkbox"/>	\$6	<input type="checkbox"/>	\$6
Nov 6 - Friendsgiving	<input type="checkbox"/>	FREE	<input type="checkbox"/>	FREE
Dec. 18 - Holiday Goodies	<input type="checkbox"/>	\$6	<input type="checkbox"/>	\$6

*ASL Interpreter Provided at 9/6, 10/4, 11/8, 12/6

Arts & Crafts 4:30-6 pm

Dates	Paid	Participant	Paid	Staff
Oct. 9 Paint Pumpkins	<input type="checkbox"/>	\$6	<input type="checkbox"/>	\$0
Nov. 13th - T-Shirt Paining	<input type="checkbox"/>	\$10	<input type="checkbox"/>	\$0
T-Shirt Size Needed (circle)		S M L XL XXL Other: ____	<input type="checkbox"/>	
Dec. 16th - Art & Cocoa	<input type="checkbox"/>	\$6	<input type="checkbox"/>	\$0

Special Events

Dates	Paid	Participant	Paid	Staff
September 9 - Music w/Debbie	<input type="checkbox"/>	\$5	<input type="checkbox"/>	Free
September 21 - Aspyn Acres	<input type="checkbox"/>	Donation	<input type="checkbox"/>	Donation
September 27 - Fall Dance	<input type="checkbox"/>	\$5	<input type="checkbox"/>	\$5
October 14 - Music w/Debbie	<input type="checkbox"/>	\$5	<input type="checkbox"/>	Free
October 25- Charlotte's Web	<input type="checkbox"/>	\$18	<input type="checkbox"/>	\$18
November 9 - Elvis Tribute	<input type="checkbox"/>	\$30	<input type="checkbox"/>	\$30
November 18 - Music w/Debbie	<input type="checkbox"/>	\$5	<input type="checkbox"/>	Free
December 9 - Music w/Debie	<input type="checkbox"/>	\$5	<input type="checkbox"/>	Free
December 13- Scrooge!	<input type="checkbox"/>	\$20	<input type="checkbox"/>	\$20

Three Ways to Register

- Drop off registration form at the District Office, FEC or mail to: **710 17th ST. SW, Faribault, MN 55021**
- Call us at 507-333-6011 for us to register for you
- Register and pay online: faribault.ce.eleyo.com

Medical Conditions or Needs

Food Allergies: Y / N List: _____
 ASL Interpreter Needed: Y / N (circle)
 Bumpers for Bowling: Y / N (circle)
 Wheelchair: Y / N (circle)

Refund Policy

To receive a full refund, you must call or text (507) 201-5134 12 hours prior to the event. Refunds of \$20 or less will be applied as credit towards your next invoice.

Scholarship Info

Please call 507-333-6011 to ask about our scholarships.

Payment Information

Participant Total: \$ _____ Check # _____
 Staff Total: \$ _____ Check # _____

Checks Payable to ISD # 656

Credit Card Info:
 Name: _____

Card Number: _____
 Exp. Date: _____ Sec. Code: _____
 PA Received Date: _____ PA Initials: _____

