



Reach & Rise®

Group and One-to-One Youth Mentoring Programs

Reach & Rise® is a national mentoring program provided free to all youth and recognized by the Office of Juvenile Justice and Delinquency Program (OJJDP) that helps children to build a better future with the help of caring and supportive adults.

We're looking for 6-17 year olds to join our activities!



The Goal:

To improve youth's sense of achievement, belonging, and ability to form positive relationships in their lives.

How Does It Work?

- The programs provide a safe and supportive environment for youth to learn skills that will help them achieve their personal goals through **groups of 6-8 similar aged youth** or **one-to-one mentoring**.
- Children work on social skills, understanding, and managing emotions, building healthy relationships, improving self-esteem and confidence, and bullying prevention.

Registration

Youth ages 6-17 years old may be referred to **Reach & Rise®** through the [online referral form](#) or by contacting Jerry (info below) at any time. Groups run on 14-16 week sessions and are held at the Rose E. Schneider Family YMCA. One-to-One mentoring runs on a separate schedule.

Proven Outcomes:

100% of youth surveyed say they enjoy Reach & Rise® and feel supported by their mentors.

Contact:

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Reach & Rise® Youth Mentoring: x147 | jjohnston@bcfymca.org

This is not a Seneca Valley School District sponsored event.