



# Emergency Care Plan



## DIABETES - HYPOGLYCEMIA

Student: \_\_\_\_\_ Grade: \_\_\_\_\_ School Contact: \_\_\_\_\_ DOB: \_\_\_\_\_  
Mother: \_\_\_\_\_ MHome #: \_\_\_\_\_ MWork #: \_\_\_\_\_ MCell #: \_\_\_\_\_  
Father: \_\_\_\_\_ FHome #: \_\_\_\_\_ FWork #: \_\_\_\_\_ FCell #: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

### SYMPTOMS OF A HYPOGLYCEMIC EPISODE MAY INCLUDE ANY/ALL OF THESE:

- Shaking, fast heartbeat, sweating, anxiety, irritability
- Complaints of hunger, impaired vision, weakness or fatigue
- **Onset may be sudden and can progress to Insulin Shock**

Student  
Photo

### SEVERE SYMPTOMS INCLUDE:

- Appears very pale, feels faint, loss of consciousness
- Seizure activity

### STAFF MEMBERS INSTRUCTED:

☐ Administration

☐ Classroom Teacher(s)

☐ Support Staff

☐ Special Area Teacher(s)

☐ Transportation Staff

### TREATMENT:

Stop any activity immediately.

Accompany the student to the Health Office. Notify school nurse immediately at \_\_\_\_\_

If off school grounds, provide a source of glucose:

1/2 - 3/4 cup juice

Glucose tabs

Hard candy

Regular soda (not diet!)

Glucose gel

Notify parents/guardian (do not delay treatment by calling – treat or obtain treatment for student first).

### STEPS TO FOLLOW FOR A HYPOGLYCEMIC EMERGENCY:

Glucagon ordered: ☐ Yes ☐ No

If Glucagon is ordered, it should be given by a willing volunteer who has been trained by the school nurse if student is unconscious, unresponsive or having a seizure.

After Glucagon is given, call 911. Notify parents Preferred Hospital if transported: \_\_\_\_\_

Students receiving glucagon without their parent or guardian present should be transported to the hospital by ambulance. A staff member should accompany the student to the emergency room if the parent, guardian or emergency contact is not present and adequate supervision for other students is present.

Healthcare Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Written by: \_\_\_\_\_ Date: \_\_\_\_\_