



2024-2025
Athletic Handbook

Ryan Sanders – Athletic Director
Drew Hudson – Principal

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www.cristoreyjesuit.org/athletics

Coaching Staff and Contact Information

Athletic Director:

Ryan Sanders – rsanders@crstoreyjesuit.org - 832.320.9170

Football:

Matt Davis – Head Coach

Jerome Washington – Assistant Coach

Joe Destin – Assistant Coach

Volleyball:

Cree Havies – Girls Head Coach

Nate Nguyen - Boys Head Coach

Cross Country:

Joaquin Rangel – Head Coach

Cheer:

Maranatha Hawkins – Head Coach

Danielle LaChapelle - Assistant Coach

Basketball:

Lauren Washington – Girls Head Coach

Mike Winters – Girls Assistant Coach

Reginald Craver – Boys Head Coach

Frank Higginbotham – Boys Assistant Coach

Soccer:

Joaquin Rangel – Boys Head Coach

Cameron Schlegel – Boys Assistant Coach

Paola Flores - Boys Assistant Coach

Sebastian Alba – Boys Assistant Coach

Nate Nguyen - Girls Head Coach

TBD - Girls Assistant Coach

Baseball:

Tommy Bischof – Head Coach

Jose Gamez – Assistant Coach

Softball:

Becky Ramirez – Head Coach

Juana Cervantes – Assistant Coach

Track & Field:

Christian Ross – Head Coach

Josiah Mabry – Assistant Coach

Strength & Conditioning:

Henry Brown

Athletic Trainer:

Josiah Mabry

Cristo Rey Jesuit

Cristo Rey Jesuit Mission

To inspire and prepare students of limited economic resources to succeed in college and lead their communities as compassionate, committed and competent men and women for others for the greater glory of God.

Cristo Rey Jesuit Vision

Compelled by our Jesuit Mission and identity, we are a vibrant community that transforms the world by loving, learning and excelling in all we do. It is our duty to push our student-athletes in the pillars of Health, Respect, Discipline and Sportsmanship.

Welcome from Athletic Director

Welcome to the Cristo Rey Jesuit Athletic Program, home of the Lions. We at Cristo Rey Jesuit find athletics to be an enriching and rewarding outlet for our student athletes. The life lessons learned on the fields or the courts will be values that our student athletes will carry with them in the classroom, workplace and households. Powerful characteristics such as honor, respect, character, responsibility and accountability will all be fostered by the coaches. Our student athletes will leave our program knowing the importance of honoring the game, themselves and their opponents.

Cristo Rey Jesuit is part of the Texas Christian Athletic League (TCAL). We will be playing for both District and State Honors as well as playoff berths.

With Varsity schedules comes Varsity commitment from the entire Cristo Rey Jesuit community. Cristo Rey Jesuit is a college preparatory school and academics are first and foremost in our priorities. We expect you to live up to your commitment and responsibility to the team and remain eligible.

Cristo Rey Jesuit expects character, respect, and responsibility from all of our student athletes. Parents, you are our greatest assets. Your support, encouragement, and commitment are greatly wanted and needed in order for us to have a successful season. needed in order for us to have successful seasons.

Lion PRIDE

The Cristo Rey Jesuit Athletic Department stands by the following declarations:

1. Character

The student athletes of Cristo Rey Jesuit will display a strong sense of character through their speech, actions and decisions, both on and off the field or court.

2. Academic Strength

Academic strength is important to a student's individual growth as well as the success of the Athletic Program. Neither can be successful without academic strength.

3. School Community

Athletics will play an important role in enhancing the student experience.

4. Roles We Play

All players, coaches, managers, parents and fans are an extension of the school community. We will do our best to represent Cristo Rey Jesuit in the best light.

5. Program Integrity

All players, coaches, managers, parents and fans play a role in upholding and maintaining the integrity of each athletic program.

6. Program Equity

All athletic programs are viewed as equally important to the development of the student- athlete as well as the Cristo Rey Jesuit community as a whole.

7. Athletic Participation

We believe that athletic participation in multiple sports makes for a well-rounded individual and athlete. Athletes who participate in multiple sports maximize their contributions to the school and the community. They also increase their chance at leadership possibilities.

8. Winning

Although winning is important, it does not define our program or who we are as individuals. Our pursuit of winning must balance our mission, vision and goal of developing the whole-person.

Standards for Lions Athletics

- Honor the game
- Service for team
- Leadership
- Accountability
- Perseverance

Lions Code of Conduct

- The athlete recognizes and abides by the coach's rules and procedures as approved by the Athletic Director. Parents receive these rules and guidelines prior to the beginning of each sport season.
- The athlete abides by the authority and direction of the coaches and Athletic Director at all times.
- The athlete shows respect to all those in authority whether they are affiliated with Cristo Rey Jesuit or not. This applies to parents, officials, opposing coaches and opposing administrators.
- The athlete obeys all rules set by the school and complies with the spirit and letter of the rules, year round and including summer break.
- The athlete does not use alcohol, drugs or tobacco or attend events where these are present.

Equipment/Uniforms Use/Care

- The athlete cares for the equipment and uniforms issued and complies with all instructions that may accompany it.
- The equipment is the property of the Athletic Program and will be cared for like any other piece of property on the campus.
- Uniforms are only to be worn during athletic contests. Jerseys only can be worn on game days to school.
- Athletic Player Packs will only be distributed after the student has completed their physical and has signed their student-athlete contract. Any player pack items that are lost or misplaced will not be replaced.
- Lost or misused equipment and uniforms will be replaced at the player's expense. At the end of the season the athlete turns in all equipment and uniforms on the date requested. After seven (7) days the equipment or uniforms are not returned, the athlete is billed for the equipment or uniform unless otherwise approved by the Athletic Director. Transcripts will be held until all equipment or uniforms are returned.

Academic Participation and Athletics

- Athletes who miss more than a half day of instruction in the classroom will not be eligible to compete in games on that same day.
- Athletes can not miss work or get picked up early from work for a game unless it is a playoff game or otherwise approved by CWSP.
- Athletes who miss work due to a Tournament must make up that workday at the next designated make-up period.
- Athletes who are not in compliance with classroom academic or behavior standards or who compromise the integrity of the school or the Athletic Program will be subject to athletic restrictions. This may include restriction from competition or removal from athletics.

Athletic Eligibility and Grade Checks

All students that participate in athletics are expected to respect their commitment and responsibility to the team and remain eligible to play according to the Texas Christian Athletic League (TCAL) guidelines. Cristo Rey Jesuit expects character, respect, and responsibility from all student-athletes.

On the third Friday of each quarter, grades for students participating in athletics will be evaluated by the Athletic Director. If a student-athlete is failing any class with a grade below 70%, he/she will be ineligible to play in games for a minimum of three weeks. The Athletic Director will conduct the next grade check on the Friday of the sixth week in which students can regain eligibility. A student failing ANY grade check automatically results in three weeks of ineligibility.

Athletic Framework

The Athletic Director is responsible for the entire athletic department. All coaches report to the Athletic Director, while the Athletic Director reports to the Principal. If you have any concerns about coaches, contact should be made with the Athletic Director to rectify the issue. If it is a concern of playing time, it is encouraged that you have a conversation with the head coach first. The Athletic Director will rely on the head coaches to create athletic programs. Ultimately, the Athletic Director will have authority regarding any decision made by members of the athletic department and coaching staff.

Governing Body

Cristo Rey Jesuit is a member of the Texas Christian Athletic League (TCAL). Cristo Rey Jesuit adheres to all policies, rules, regulations, and by-laws established by TCAL. All TCAL policies can be found at t-cal.org. Cristo Rey Jesuit will be competing in 3A Region III for most of the sports we offer. We will be competing for district honors against Beta Academy, Mount Carmel Academy, Provision Academy, HSI Katy, HSI Sugar Land, and Heights, Port Arthur Bob Hope.

Lions Varsity Athletics

As a member of the Texas Christian Athletic League (TCAL), Cristo Rey Jesuit competes against many other private and public schools around the state for team varsity sports. For this reason, high school varsity competition is meant for our most qualified, dedicated and top performing players. Coaches at the varsity level are expected to utilize a winning strategy when making program decisions. Coaches also understand that while we are looking for the most qualified players for the varsity programs, we are also very aware of wanting to concentrate on developing the whole person.

Junior varsity (JV) teams may not have large game schedules. There are not many schools in our competing district that carry JV teams across all sports. Some sports may carry a JV team with the purpose being strictly for fundamental development as opposed to competition. This is at the coaches discretion. Furthermore, JV teams do not compete in TCAL playoffs or State competitions.

Tryouts and Cutting

We approach all of our programs at CRJ from the perspective of wanting to provide the best quality of instruction and experience. There will be try-outs and cuts made for every sports program as teams will be put on a roster cap. With a limited number of players, the coaching staff will have the opportunity to give each student-athlete a better development of their abilities and characteristics.

Tryouts will be designed by coaches to measure the experience, ability, potential and attitude of the athletes participating. Tryouts will last anywhere from three days to a week. A final determination about the team will be made by the coaching staff and a final roster will be posted the following week of tryouts. Those students that earned a spot on the team will be required to fulfill their obligation toward completing the season.

Commitment of Athletics

If a student earns a spot on the varsity or junior varsity team and chooses to participate in athletics, then that student is expected to fulfill their commitment to the best of their abilities regarding eligibility and participation of practices. Athletes are responsible for attending all practices and games. Keep in mind that any absence, excused or otherwise will result in that athlete losing preparation time. It is an expectation of the Athletic Director that missed practices will in fact lead to less playing time or potentially dismissal from the team if the absences are highly repetitive.

NO QUIT Policy

Cristo Rey Jesuit follows a no quit policy. Quitting a sport will adversely affect the team and the school that season and possibly in the future. Schedules, equipment, uniforms and team personnel choices are made before the season and based on participation levels. Quitting dramatically hurts the ability of the program to plan for the future. Once an athlete earns a spot on a team, he/she must make the commitment to finish the season with the program. Penalty for not completing a season due to quitting or not returning to practices because of ineligibility will result in suspension from all sports for one complete season (Fall, Winter, Spring). The only exception to this rule is when the Head Coach, Athletic Director and Parent all agree that the student's participation would not be beneficial to the player or the team.

Disciplinary Policy

The athletes at Cristo Rey Jesuit are direct and most time amplified representatives of our school on and off the playing field or court. We believe that a student's behavior in the classroom, on the field or court and in the community is a clear indication of their character and discipline. If a student-athlete cannot conduct his or herself with character, respect and discipline, then we cannot expect that the student-athlete will be a good representation of our school in the area of athletics.

Disciplinary infractions will be handled confidentially and on a case-by-case basis. Some will be handled internally through the sports program, while more serious situations will be brought in front of the school's disciplinary council. Any infraction of the team or school rules may result in the following actions as deemed appropriate by the Head Coach, Athletic Director and/or Administrators at CRJ:

- Suspension from competition
- Dismissal from the team
- Calisthenics or other appropriate physical activity
- Community service on campus

Dismissal from Team

Student-athletes removed from the team for behavioral issues, gross violations of team rules, academic ineligibility or insubordination will be subject to future restrictions in the athletic program. In these instances, student-athletes and Parents must meet with the Head Coach and Athletic Director to determine the suspension from future sports or seasons. In most cases, the student-athlete will be suspended from all sports for one calendar year from the start of the season.

Removal from Contests/Ejections

Per TCAL's standards and guidelines, ejections from any activity by a student-athlete or spectator may result in sanctioning towards the school, athlete, spectator, or parent. Depending on the nature of the offense, these sanctions can look like suspension from further TCAL athletic contests to paying around a \$200 fine.

Communication

Students should only be communicating with their coaches using the SportsYou App or their CRJ email. SportsYou will be set up for use by the Athletic Director and/or coach leading into the season. All team communications, whether whole group or one-on-one, should take place there. Under no circumstance should a student-athlete send or receive messages to/from their coach's personal phone number.

Valuables

Under no circumstance should students-athletes ever come to practice with a large amount of cash or expensive valuables. Each student-athlete is ultimately responsible for his/her valuables. Because locker rooms are used by multiple sports and programs (and even sometimes by other schools), it is impossible for the athletic department to ensure the protection or punishment for valuables being taken. We ask that all student-athletes leave expensive items at home. When this is not possible, students should notify the coaching staff so that the item can be stored in a secure location.

Holidays/Non-school days

Holidays or non-school days may be used for practices or games at the discretion of the head coach and Athletic Director.

Practice/Games

Practice is the primary mode of preparation and participation for student-athletes in a sport. It is also the primary indicator for a student-athlete's growth, potential, attitude, leadership skills and sport acumen. **PRACTICE IS MANDATORY.** The student-athlete must manage his/her schedule in such a way that he/she can fulfill all responsibilities to schoolwork, clubs, organizations and athletics. Academics are the first priority at Cristo Rey Jesuit. However, it is not acceptable to miss team functions for the sake of academic work. Part of being a student-athlete is finding a balance between academics, athletics, work and your personal life. Cristo Rey Jesuit athletes are expected to sacrifice more personal time for academics study due to our extensive course work and Corporate Work Study Program. Students-athletes may struggle at times and parents are encouraged to support their children through difficult periods.

We understand that teachers at Cristo Rey Jesuit offer office hours at various times during the week. When support is needed, attend those office hours. However, permission must be given by the head coach before heading to office hours. Do not skip practice for office hours without notifying the head coach first. Practices are allowed Monday–Saturday. If a practice is canceled, you will be notified by the head coach.

Student-athletes should be picked-up promptly after practices and games. Students are to remain in the front of the school, outside or in the foyer. A student who is caught hiding in any other place that would give the impression that they are no longer on campus, will be suspended from athletics for ten (10) days.

Game Cancellations

Games may be canceled for a wide range of reasons. The Athletic Director at Cristo Rey Jesuit will carefully monitor the weather status on competition days. Decisions regarding the playing surface or the safety of the players, fans and coaches will be made by the Athletic Director. If a game must be canceled, rescheduled or postponed, Cristo Rey Jesuit will communicate that to all parents immediately.

Travel to Away Contests

Cristo Rey Jesuit will provide transportation to and from athletic contests. Transportation will be provided in the form of a bus, shuttle, school van, or a rented van. Students must act in accordance with all school rules during transportation. No standing, yelling, throwing objects out the window, signaling to other vehicles and pedestrians or damaging the vehicle are allowed. Meals may be eaten in the school or rented vehicles, but all student-athletes will be responsible for cleaning up after use. Failure to follow the rules will result in punishment of the entire team.

Student-athletes are **NOT** allowed to drive their own vehicles to or from away games, tournaments or out-of-city contests. Parents are encouraged to pick their child up from away games, tournaments and out-of-city contests.

During overnight trips, student-athletes will still be held to the Student Code of Conduct guidelines. Any actions that are deemed inappropriate by the Student Code of Conduct can lead to disciplinary actions including expulsion.

Athletic Physicals

All student-athletes must have a physical on file with the Athletic Director in order to participate in athletics. The physical must be completed by an appropriate licensed medical professional prior to participation in any athletic practice or event.

Injuries

When a student-athlete is injured in practice or a game, it is recommended that he/she see a licensed physician to ascertain the exact nature of the injury and to seek appropriate care and rehabilitation. If an injury occurs, the coach or Athletic Director will contact the parent at the time of injury.

Once a student sees a licensed practitioner, it is the policy of Cristo Rey Jesuit that the injured athlete **NOT** be allowed on the practice field/court without a signed release from a doctor clearing them to participate. If a player is suspected to have had a concussion, it is **mandatory** that the player not participate in games or practices until he/she has been cleared by a licensed physician to participate. However, the student-athlete is still expected to attend practice as normal.

Varsity Letter Policy

Each student-athlete must meet specific criteria to earn a varsity letter:

- Student-athletes must compete in at 100% of the season for a minimum of to (2) full seasons of the same sport.
- The coaching staff and Athletic Director must approve student-athletes before receiving a varsity letter patch.

Spectator Code of Conduct

- Fans are welcome to be positive, passionate, and loud as long as it is in the realm of being respectful and showing school spirit.
- Spectators are to treat our coaches, administrators, players, opposing coaches, opposing teams, referees and officials in a respectful manner.
- At no point should a spectator ever leave the sideline during gameplay to intervene in any situation. This poses a risk and often times escalates the situation.
- When applicable, spectators will be asked to leave the premises and not return to Cristo Rey Jesuit athletic events. Any member of the Cristo Rey Jesuit administration, the Athletic Director or game administrators reserve the right to make this decision at any time.

Parent Involvement

Parents, your support, encouragement, and commitment are greatly wanted and needed in order for us to have a successful program. Cristo Rey Jesuit has a Parent-Guardian Association/Booster Club affiliated with the school where you are encouraged to get involved. Please come to our contest and help us fill the stands with positive support and school spirit. Please remember that spectators should never touch the court or field during competition. It is also important to remember that, like our student-athletes, you must maintain a positive and sportsman-like attitude at all times. Cristo Rey Jesuit provides security at all sporting events for the safety of our students and spectators at all times.