

BAS Health Advisory Committee
October 10, 2013
BECC Board Room
7:00 pm
Meeting Minutes

In Attendance: Darci Del Proposto (parent) Kathy Posly (BAS Nurse), Kris Nelson (BHS Social Worker/Substance Abuse Counselor), Kelsey Quakenbush (BHS Health Teacher), Beth Minert (BAS Board of Education), Pam Lee-Campbell (Scranton MS Health Teacher), Laura Kelly (Healthcare Professional), Mary Khunger (Healthcare Professional), Kathy Malone (Parent), Laura Surrey (Assistant Superintendent of Instruction)

- Goals and Responsibilities for Health Advisory Committee: Dr. Surrey opened the meeting by reviewing the role of the Sex Education Advisory Board as defined by state law. She also presented membership guidelines. The group decided that students need to be on the board (according to state guidelines). Students from the Health Occupations course at BHS will be asked to join the committee for 13-14. Dr. Surrey will follow up with Rev. Dale Hedblad to see if he is willing to serve again on the committee – as having a clergy member is a requirement. The group felt that the ratio of parents, school personnel, and medical professionals meets the states guidelines. However, we need to designate a new parent co-chair to lead the committee. The co-chair's name will need to be approved by the BAS Board of Education.
- Reproductive Health Updates: The committee discussed the possibility of giving a Sex Education survey to parents to gauge their level of satisfaction with the current program, when particular curricula is introduced, etc. Kathy Posly will locate the Parent Survey from 2005 and send to the Curriculum Office. The group liked the sample survey that Dr. Surrey provided from last year's Parent Action for Healthy Kids conference but felt that if the district gives that survey, we should indicate when topics are introduced so that parents are not alarmed by the format.
- Mother-Daughter Reproductive Health Programs: It was suggested that the district provide a program for 4th grade girls and their mothers/female guardian in the spring on pre-adolescent health issues. The committee noted that many 4th grade young ladies are beginning to go through puberty by the end of 4th grade, and this would be a good opportunity to provide parent-child information that is accurate and opens communication. Some members thought that St. Joseph hospital already does this. The committee will look into whether or not this would be a need in Brighton or a duplication of programs.
- STI Curriculum Review and Purchase: Dr. Surrey explained that the reason the STI presentations were halted last spring was that the new administration at Scranton questioned the age appropriateness of the slides. It was decided at the time that the district would purchase commercially made educational dvds on STIs. The selected dvd

will need to go through the public review process and have final board approval. Mary Beano (LESA) is helping the district identify possible materials. The plan is to have the materials selected and approved by spring for our 8th grade students. Health care professionals from the committee or community will be on hand to answer questions following student viewing of the dvd.

- Depression/suicide prevention programs: Darci Del Proposto shared that Hawkins will be hosting, child psychiatrist, Dr. Kotrba on Nov. 13th (7:00 pm) to talk about childhood depression and anxiety. Pam Lee-Campbell shared that Jeff Edwards would be coming to Scranton on time each quarter to speak on the issue of depression and suicide. Scranton and BHS representatives noted seeing an increase in anxiety in students in the past few years. The committee discussed the importance of giving the MI-PHY full survey to students in order to obtain mental health data needed for effective programming.
- Vending machine update at The Bridge - Food choices are much better - yogurt mix, fruit snacks, oatmeal squares, peanuts, Ramen Noodles, popcorn. Drink choices - many fruit juice selections and then typical Coke selections including Mountain Dew: The group talked about the improvements to the Bridge's vending machines but still questioned the inclusion of Coke products. Dr. Surrey said that she would inquire about it with the Bridge principal, Colleen Deaven.