BAS Health Advisory Committee
April 30, 2014
BECC Board Room
7:00 pm
Meeting Minutes

In attendance: Kathy Posly (Chair/BAS Nurse), Barb Williams (Co-Chair/Social Worker), Beth Minert (BAS Board of Education), Jennifer Sprys-Tellner (BHS Counselor), Kelsey Quakenbush (BHS Health Teacher), Laura Kelly (Healthcare Professional/Parent), Anita Epperly (Scranton MS Health Teacher), Rev. Dale Hedblad (Clergy), and Laura Surrey (Assist. Superintendent of Instruction)

Absent: Kathy Malone, Darci Del Proposto, Colleen Deavan, Kirk Hobson, Mary Khunger, Randy Swain

Barb Williams provided updates on the SHIFT grant: The organizational meeting will be May 9<sup>th</sup>. Laurie Bechhofer (MDE, HIV/STD Education Consultant) will be in attendance and will present an overview of the grant program. Barb Williams will facilitate a readiness activity with the group/leadership team focusing on questions such as: In order to provide Safe and Supportive School Environments, our schools/district will ... Following this brainstorm session, the team will map out year one implementation.

HSAT team progress: Barb Williams updated the committee on Coordinated School Health work.

Student Anxiety issues: BHS and Scranton counselors/teachers addressed the issue of increased student anxiety over the past 5 years. Scranton is seeing an increase in the use of medication for anxiety. Both buildings reported that the increase may be linked to increased expectations/rigor for all students. Once again the committee discussed the need to give the entire MiPHY survey including the Mental Health/Sex components. Dr. Surrey agreed to draft a letter on behalf of the committee to send to Dr. Gray requesting full implementation for 2014-15.