

Brighton Area Schools
Health Advisory Committee Meeting
November 11, 2014
BECC Board of Education

Agenda/Minutes: In Attendance: Barb Williams (Social Worker), Kathy Posly (co-chair), Laura Surrey (Assist. Supt.), Beth Minert (BOE rep), Anita Epperly (Health Teacher - retired), Dana Tschannen (parent), Kelsey Quackenbush (Health Teacher), Laura Kelly (parent), Kris Nelson (Social Worker), Jeff Eisele (Maltby Principal), Kara Totaro (parent), John Thompson (Athletic Director/BHS Admin.), Kathy Malone (Parent), Laura Abington (Bridge Teacher), Pam Lee-Cambell (Scranton Health/P.E. Teacher), Deb Demski (parent), Jennifer Sprys-Tellner (HS Counselor), Domenica Demeyere (student rep), Anna Rimaneli (student rep). [Absent: Mary Khunger (parent), Randy Swain (parent), Jean Chesney (parent), Teresa Meyer (parent), Darci Del Proposto (parent), Courtney Grant-Tobbe]

I. Welcome/Introductions/Overview of BAS Health Advisory Committee:

Purpose of the district Sex Education Advisory Board: to oversee the implementation of sex education curriculum in accordance to state law; establish goals/objectives for student knowledge and skills that may reduce the rates of sex, pregnancy, and sexually transmitted diseases; review curriculum materials and instruction methods and make recommendations to the Board of Education; complete and maintains a 2 year Sex Education report.

Purpose of The BAS Health Advisory Committee: serves as the Sex Education Advisory Board for Brighton Area Schools and addresses the spectrum of physical and mental health care needs of our district. The committee oversees the MiPHY survey and provides education & training for staff and parents in targeted areas.

Membership of the committee: In adherence to state law (380.1507), the Sex Education Advisory Board (BAS Health Advisory Committee) must have 2 co-chairs (a parent and a staff member). Half of the members of the committee must be parents of BAS students (and the majority of those parents should not be parent/employees of the district). The committee also needs student representatives, healthcare professionals, and a member of the clergy.

Note: Loretta Job from the Brighton First United Methodist Church and Prezza Morrison from the USC Salvation Army have agreed to serve as clergy representatives to replace Rev. Dale Habled.

II. SHIFT Grant Update: Kris Nelson and Barb Williams

Professional Development/meetings for the SHIFT grant have begun for the year. BAS is one of 15 districts chosen to work with MDE on the Sexual Health Initiative for Transformation (SHIFT). There is 4,000 dollars (this year) in grant funding available for PD for staff on meeting the objectives of the grant:

- a. improve adolescent health through exemplary sex education,
- b. improve access to sexual health services,
- c. establish safe and supportive environments for all students and staff.

Laura Surrey, Barb Williams, and Beth Minert will be scheduling a meeting with Dr. Gray to keep him informed of the grant's mission and work.

Upcoming PD opportunity: A Silent Crisis: Creating Safe Schools (November 20, 2014): Sponsored by WISD. SHIFT grant money can support subs for staff. Laura will share flyer with admin team this week.

III. K-6 Health Curriculum Review:

During 2014-15, BAS will conduct a review of Health Curriculum for grades K-6, including when, where, and how MI Health Models are being taught and assessed. Dr. Surrey plans to provide release time for teacher representatives from upper and lower elementary and 5th/6th grade to assist in the work. Parent/committee representatives from the Health advisory committee are invited to participate. The curriculum work will also include the review of sex education materials and the development of Report Card language and rubrics. Sub costs will be covered by the SHIFT grant.

IV. 5th and 7th Grade Sex Education Materials Review:

5th grade and 7th grade Sex Education materials review: The Health Advisory committee will be reviewing media materials used during the 5th and 7th grade sex education units. The Curriculum Office is gathering materials used in other county schools. Pinckney Schools sent the following links to their videos. Dr. Surrey assumes the videos are for 5th graders since that was what was requested, but after previewing the boy's video ... Dr. Surrey is wondering if they are for the 7th graders. Both videos can be viewed by following this link (both play better on an Iphone since it doesn't take as long to load):

<http://www.pcs.k12.mi.us/tmccurdy/Grade%205/Boys%20Growing%20Up%20Boys%20Grade%205.m4v>

and

<http://www.pcs.k12.mi.us/tmccurdy/Grade%205/Girls%20Growing%20Up%20Girls%20Grade%205.m4v>

Dr. Surrey will send a Google Form survey to current 5th and 7th grade teachers to see what videos/materials need to be updated.

Dr. Surrey will look into the possibility of having a preview evening for the Howell 5th grade video for any staff member of committee member who wishes to preview it.

V. Concerns: Sexting/Social Media/Anxiety

Beth Minert shared a concern from a district parent about sexting. The committee then discussed the entire social media issue and how schools and parents are struggling with protecting kids and teaching kids how to use social media safely. Dr. Surrey has agreed to survey building principals to see what they are seeing/hearing this year and how they are responding. Kris Nelson said that she recently had a parent education program for parents and this issue surfaced there. John Thompson talked about creating a link on the district and school home pages for parents to learn how to address social media issues at home. The committee agreed that as parents are very busy, they would appreciate links with educational resources and how-tos to keep their kids safe.

Anxiety: Continues to be a reported problem across the district (7-12 in particular). The high school is looking into inviting Dr. Kotrba (child psychiatrist) to do a presentation. Dr. Surrey asked that the Health Advisory Committee be a “co-sponsor” for the event. She added that committee members could provide time/materials to support. She also encouraged the group to look for topics of interest that each member could give some extra time (sponsor an event, build a link, attend a workshop, etc.)

Areas of Need: Committee members should email Dr. Surrey if they are interested in any of the following:

- A. Parent Co-Chair for Health Advisory: set meeting agendas, organize materials for meetings
- B. Additional non-employee district parents to serve on the Health Advisory Committee
- C. Work with SHIFT grant
- D. Work with Social Media Parent Education (possible link)
- E. Work with Curriculum Alignment Review (K-6)
- F. Work with Anxiety Issues across the district
- G. Other:

