

BAS Health Advisory Committee  
Minutes from January 26, 2017 Meeting  
BECC Building

In attendance: Alicia Reid (BOE), Kris Nelson (Student Support Services), Kathy Malone (parent/co-chair), Zach Lally (BHS student), Ken Stahl (BOE), Pam Sica (parent), Sarah Tchoryk (MIS 5th grade teacher), Marci Moloney (LESA/BAS SE Director), Mary Khunger (parent/MD), Rev. Deon Jones (clergy), Wendy Plave (BAS nurse), Ashley Jones (student nurse), Jen Sprys-Tellner (BHS counselor), Laura Surrey (BAS Asst Supt for Curriculum), Jennifer Kramer (LCDPH/parent), John Thompson (BAS athletic director), Jack Yates (Elementary admin), Henry Vecchioni (BHS admin/co-chair)

1. Kris Nelson gave an overview of the S.H.I.F.T. grant
2. Kris Nelson gave an update on the Safe Schools Committee work: Goal for the year is to assess what we are providing in the mental health arena (especially in the area of social media, social anxiety). Now shifting from the physical environment safety to individual safety under the direction of the state. Reviewing what protocols are currently in place at all levels/buildings. Next meeting is Feb. 14 (8:30-9:30 am) at BHS.
3. K-7 Health Curriculum Review:
  - a. K-4 Review is needed. Last scope and sequence in 2003.
  - b. 7th grade Scope and Sequence: also needs to be updated; is a class at Scranton.
  - c. 3 R's Curriculum for 7th grade
  - d. 5th grade Maltby has a Cyber Safety presentation that might be shared out at other levels
  - e. Social Emotional concerns: Cell Phone/tech useage/etiquette
    - Teachers don't have time to focus on social emotional.
    - Teachers are not evaluated on their students' affective health
    - Teachers PD time is not focused on affective needs ... all academic and technology
    - Health teachers have done a good job with fitness and nutrition.
    - BHS students will visit elementary schools to talk with 4th graders about social media.
  - f. John Thompson mentioned that the PE Study Group will be looking to see what areas of Health they could cover in PE class.

Sub-committee will meet on Monday, February 20, 2017 in the Main Office Conference Room at Brighton High School to begin reviewing the scope and sequence of K-8 health curriculum. The time is 4:30-6:30 pm.

4. 5th and 7th Grade Sex Education Materials Review:

- a. Reproductive Health: Appears to be updated and appropriate
- b. Videos: Sarah Tchoryk mentioned that the 5th grade HIV video needs to be updated. The district updated the 7th grade HIV video two years ago. Laura will search minutes from past meetings to see what was decided about the 5th grade HIV curriculum.

5. BHS Health Education:

- a. Scope and Sequence: Up to date
- b. Explore offering to 9th as well as 10th grade:
- c. Pros/Cons: Angie S. shared that having only 10th graders in Health produces a more cohesive class. Arnella cautioned that requiring 9th graders to take Health you reduce students opportunity to explore electives.
- d. Henry is asking committee members to email him their thoughts on the pros and cons of offering the HS Health course to 9th graders.

6. Zach Lally shared attending a county wide youth meeting about 40 assets that our students have compared to other districts. We were particularly low in self-esteem and self-advocacy.

Next: Feb. 20th 4:30-6:30 at BHS Main Conference Room:  
K-7 Health Curriculum and Scope and Sequence work

Next whole group meeting: March 23 (7:00-8:00) in the Boardroom at BECC