

BAS Health Advisory Committee

Minutes from Thursday, November 30, 2017

Board Room – BECC

Attendance: Chris Parks (BAS police liaison); Terry Murray (LCCA); Scott Brenner (Maltby Principal); Alicia Reid (BAS School Board); Randy Swain (parent/Health Care); Kris Nelson (BHS Social Worker); Deb Demski (PD Researcher/parent); Laura Kelly (parent/nurse); Mary Khunger (parent/MD); Laura Surrey (BAS Assistant Supt); Kathy Malone (parent/nurse/co-chair); Jennifer Kramer (LCHD/parent); Sarah Tchoryk (Teacher); Maddie Shelton (BHS Student); Makenna Crossley (BHS Student); Rev. Loretta Job (Clergy); Ken Stahl (BAS School Board); Sarah Mossett (BHS student); Ben Bauriedl (BHS Student); Paul Kirchmeier (BHS Student); Beth VandeBerg (parent); Jack Yates (Hornung Principal); Esther Morell (SMS teacher); Jennifer Sprys-Tellner (BHS Counselor); Henry Vecchioni (BAS Admin/co-chair)

1. SHIFT Grant Update

In the 5th, and final, year of the grant. Wendy and Kris recently attended Collaborative meeting. They will provide a list of resources and curriculums they have found out about through the grant. They will provide a list of SHIFT Grant accomplishments at our next meeting.

2. Cyberbullying/Social Media

a. 7th grade presentation, October 2017

Sarah Mossett, BHS Student rep, reported that the presentations went well. She shared the difference between talking to the 7th graders compared to the 6th graders. The SMS students asked thoughtful and good questions, and 6th graders were at a different stage.

Officer Chris Parks spoke about the upcoming Parent Social Media presentation. He is looking to schedule it at the BCPA in January 2018. This will be a lead in to the high school NHS providing presentations and information on protecting yourself and human trafficking which is scheduled for early February. Officer Parks has both a facebook and twitter account to provide more information and answer questions.

Jennifer Kramer shared a local community resource on the subject of human trafficking- Abolitionist Project-stopslavery.org

Dr. Laura Surrey talked about the importance of parents getting valid information about what to look for in their children with regards to the issue of human trafficking and sexual assault to help protect students. Henry V shared that a new sub-committee being formed through the Safe Schools Committee to address sexual harassment and sexual assault.

3. Yellow Ribbon Update

Kris Nelson and Sarah Mossett reported on the Yellow Ribbon Day at BHS on November 14th. Highlights included suicide prevention, mental health awareness, and BHS social/emotional support. BHS held a BKOM assembly where upperclassmen shared their invisible backpack personal stories to 9th graders; followed by the whole school viewing a Yellow Ribbon video highlighting a current BHS student's personal story, with classroom presentations and lunchtime activities. BHS has been sponsoring Yellow Ribbon since 2002. Scranton Middle School had Jeff Edwards speak to 7th graders in their health classes on this topic. Laura Surrey asked whether BHS could incorporate some type of survey to the 9th graders to capture data on what they experienced.

4. Red Ribbon Week

- a. December 11-15, 2017
- b. Red Barrel, Wednesday, December 13, 2017

BHS will be sponsoring an anti-prescriptive drug week, with three groups taking the lead- Bulldogs Against Narcotics (BAN), Harry Potter Alliance and Students Against Destructive Decisions (SADD). The week will highlight living a drug-free week, and the Big Red Barrel will be at the high school on Wednesday, December 13th, beginning at 7:00 am. This is where adults in the community may dispose of expired or unwanted prescription drugs.

5. Livingston County Community Alliance

- a. Meet and Greet Update
- b. Grant Update

Terry Murray, Livingston County Community Alliance, shared information about LCCA, the Big Red Barrel initiative, and the Drug-Free Communities Grant, providing the funding to bring more substance abuse prevention and education to the community. The grant will promote training HS students to be Student Leaders, and talking with 4th-8th grade students about drugs and alcohol prevention. The Big Red Barrel has collected 10,000 lbs to date. In May 2017, BHS was first high school in state to have the barrel in a school, and 21 lbs of pills were collected.

LCCA meetings are the 2nd Tuesday of each month at the EMS Building on Tooley Rd in Howell. Dinner is provided.

6. Narcan Update

Chris Parks and Wendy Plave, District Nurse, attended a Train the Trainer, and will be training select staff at BHS and the Bridge. We are waiting on policy from BCPD.

7. Around the District

Jack Yates shared updates on social/emotional support initiatives at Hornung Elementary. They have adopted Conscious Discipline throughout the school.

Recess Club/Buddy Bench has started between Maltby and Hornung, identifying isolated students and ensuring they are not alone at recess.

Scott Brenner shared that Aimee Kotrba held a parent presentation at Maltby on anxiety. 75 parents attended. The HAC hopes to look at scheduling another presentation at a different location in the District. Esther Morell interested in presenting one at Scranton.

Jennifer Kramer shared BAS will be part of a Reunification Drill on March 6th.

8. December Newsletter Blurb

Henry V will get a blurb out to all the schools, and for Dr. Gray's Friday Letter, to promote Red Ribbon Week. He will add some social media apps that parents should be aware of.

Next Meeting, Thursday, January 18, 2018

Reproductive Health Main Focus