

Brighton Area Schools

Health Advisory Committee

Thursday, September 27, 2018

Board Room – BECC

Attendance: Kris Nelson (BHS Social Worker); Mary Khunger (parent/MD); Loretta Job (Clergy); Jackie Zaplitny (parent/co-chair); Ken Stahl (BAS School Board); Jen Decker (Bridge Counselor); Chris Parks (BAS SRO); Amiee Vondrasek and Wendy Irlbeck (United Dairy Industry); Rebecca Goyt (BHS Health teacher); Rev. Deon Johnson (Clergy); Taylor Stacey (BHS student); Isabella Webber (BHS student); Samantha Sebestyen (BHS student); Kathy Malone (nurse); Jennifer Kramer (parent/LCHD); Jennifer Sprys-Tellner (BAS Admin); Arnella Park (BHS Health teacher); Sarah Tchoryk (BAS Academic Coach); Jack Yates (BAS Admin); Henry Vecchioni (BAS Admin/co-chair)

1. Introductions

2. HAC Co-Chair/non BAS Employee

*Jackie Zaplitny, BHS parent of a 9th grade student, is the new co-chair of HAC*

3. 5th Grade Video Update and Preview

a. review additional HIV/AIDS video- "Redefine Positive- Marissa's Story"

*Committee liked this video. Pros included abstinence based; update to date vocab and info; quiz at the end*

*Cons included terms might be too difficult for 5th graders; beginning was long and may lose interest.*

*Arnella Park moved to approve video to move forward for board approval. Ken Stahl seconded the motion. Further discussion- info presented but not to scare; it was to the point; the video focused concerns with HIV on family members, not the students themselves.*

*Voted unanimously to take it to Public Hearing for approval*

b. Scheduling Public Hearing for the videos at upcoming Board meeting

*Reviewing Puberty Workshop videos 1-4 and Marissa's Story (HIV/AIDS)*

*Public hearing will be scheduled prior to BAS School Board meeting on Monday, November 12, 2018. Henry is asking for as many committee members that can, to attend.*

4. Sports Nutrition - Wendi Irlbeck and Amiee Vondrasek

*United Dairy Industry of Michigan presented information on the positive results of chocolate milk and making school lunches cool again. Chocolate milk grants available, they have presented to athletic teams. More nutritional value, less sugar than energy drinks.*

*More information available at [wendi@milkmeansmore.org](mailto:wendi@milkmeansmore.org)*

5. Social/Emotional Update 2018-2019

a. 2nd Year Opening Day

*7th-12th grade teachers had inservice on Title IX*

*JK-6th grade teachers had three presenters*

*Trauma, Restraint and Seclusion, Anxiety*

b. Magnets and posters

*District-wide Social Emotional Task Force gave posters to all schools that provided resources for a variety of mental health needs. Magnets with same information were sent to parents of JK-8th students; Magnets distributed to all 9th-12th grade students*

c. Safe School Modules

*All staff have to complete 11 modules on Safe Schools; topics included Youth Suicide, Bullying, Sexual Harassment and Homeless Students*

6. Vape 101

a. All BHS athletes

*Every BHS athlete has signed an agreement to attend the Vape 101 presentation. First was held for fall sports on August 20, 2018*

*Student feedback: Not enough about the dangers of vaping; more informational and need to be more direct on the health issues*

*No laws to prevent vaping on the books*

b. All 9th graders at upcoming BKOM day

*BHS is exploring presenting it to all 9th graders on a BKOM assembly day in November*

c. All SMS 8th graders

*Exploring presenting it to all 8th graders on the same date*

d. 2019-2020 add 6th grade

7. 2018-2019 Meeting Schedule

*9/27/18 11/15/18 1/17/19 3/21/19 5/16/19*

*Have to change 11/15/18 to 11/13/18 due to Staff v Student Basketball game*

8. Anything else...

*Project Unify assembly- ESPN recognized BHS as one of only 5 schools to include students with special needs in these athletic competitions. The assembly is scheduled for Friday, October 19th at 10:00 am*