

Health Advisory Committee – September 18, 2019 Meeting Minutes

Introductions

Focus Areas for 2019-2020

- **Social-Emotional Health**
Mental Health First Aid Training tentative for 11/5, social media presentations still planned grades 5-10; need info on what is being done in elementary schools with D.O.G.S. program – invite Scott Storey to come to next meeting
- **Suicide Prevention**
More Than Sad: inservice by AFSP for all staff 8/21 was well received, will return November 19 for a parent workshop and student workshop will be scheduled as well
- **Vaping**
Awareness/prevention program should be continued in 7th and 9th grades; Dr. Khunger shared info on program “My Life, My Quit” to be shared with parents/students
- **Cell Phones**
BHS newly enforced policy has met with much success. Staff and students shared positives, including increased student engagement, work completion, less anxiety. Tom Tolen also did an article on phone usage at BHS, was mentioned maybe he could do a follow up

Stop the Bleed training

Wendy Plave shared info, hoping to offer this as an inservice on 11/5

Community Events

Darian Kindness 5K Run, Carl’s Concert – committee will promote as needed

Other

-Talk to Officer Bell regarding presenting to health classes and hosting a parent social media night

-Interest in bringing Angst and/or Screenagers for a community viewing

-Info shared: Facebook page “BHS Parents in the Know”, programs from BASE Foundation and Thriving Minds

<http://www.base-foundation.com/>

<https://www.thrivingmindsbehavioralhealth.com/>

Future Meetings:

11/20/19

1/15/20

3/18/20

5/20/20