

Brighton Area Schools
Health Advisory Committee Minutes
Tuesday, June 8, 2021
Virtual, 7-8pm

Attendance: Jennifer Sprys-Tellner, Jen Decker, Jackie Zaplitny, Sarah Prior, Megan Crainer, Kris Nelson, Genna Urbain, Tammy Ritter, Becky Goyt

Safe Schools Update: *Safe Schools met 6/4/21, items discussed included COVID-19 protocols, including the hopeful return to “normal”, reviewing building safety, school shooter training, and reviving social media presentations at Maltby and Scranton by BHS students*

Reproductive Health

-Maltby update with BVA and 6th grade: *Tammy Ritter shared that everything has gone well; BVA and 6th graders were also included in the curriculum that was missed last year due to pandemic, very few students were opted out by parents*

- Scranton: *Carly Hoffman* emailed that Scranton has covered the reproductive health unit and finishing personal health and wellness now

- BHS: Becky Goyt reported all went well at the high school and LACASA had come in to present on relationships, consent, sexual assault, etc. and that also had gone well

Other Health class updates

-Jen Decker and Megan Crainer/Pregnancy Helpline: *Megan shared information about “On Fire!”, a three day interactive program she presents to high school students about how their choices about all types of relationships affect their future. Megan provided details of each of the three days. She also shared that Pregnancy Helpline runs additional programs on pornography and for 8th graders, both of which she would be willing to do in BAS. The group had a discussion on pornography and human trafficking and how these are important topics to include in our curriculum.*

We will be putting this as an agenda item for a future meeting, possibly asking Officer Bell or another agency to do a parent presentation.

Mental Health

-7-12 Parent Presentation: Scranton and BHS counselors/social worker held a virtual mental health/suicide prevention the last Wednesday in April, was well attended, Kris Nelson noted that she had received a phone call that day from a parent needing resources that had seen the presentation

-Kris Nelson showed suicide prevention/protocol binder that was developed this school year, committee reiterated the importance of suicide presentations for students and parents. Groups that have been used before include the Chase Edwards Foundation, NAMI, etc.

Other

-Sarah Prior asked about separating students by gender for reproductive health, only 5th/6th graders are separated.

- Jennifer Sprys-Tellner asked if Sarah could possibly be a resource for gender identity topics

-The committee briefly discussed focus areas for next year, and LGBTQ, mental health, and pornography were all topics raised. Suggestion to tour Pregnancy Helpline as an optional start to next year's first meeting. Jennifer will send a survey in August to all members regarding meeting days/times, focus area topics, etc.