

CYPRESS FAIRBANKS

INDEPENDENT SCHOOL DISTRICT

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CFISD Athletics

Tips For Prospective Collegiate Student-Athletes



OPPORTUNITY IS HERE.

College Scholarship Facts & Info.

- ❖ \$3.8 billion awarded annually by NCAA Division I & Division II schools
- ❖ 2% of HS athletes awarded any type of grant in aid/Less than 2% of that total play professionally
- ❖ Division I **may** provide you a multiyear scholarship/Division II must provide you with a 1 year scholarship
- ❖ Very few athletes receive a FULL scholarship (Cost of Attendance)
- ❖ January 2023 NCAA Division I & II adopted legislation to remove standardized scores from initial eligibility requirements.

THEN...

DIVISION I FULL QUALIFIER SLIDING SCALE			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
3.550	400	400	37
3.525	410	410	38
3.500	430	420	39
3.475	440	430	40
3.450	460	440	41
3.425	470	450	41
3.400	490	460	42
3.375	500	470	42
3.350	520	480	43
3.325	530	490	44
3.300	550	500	44
3.275	560	510	45
3.250	580	520	46
3.225	590	530	46
3.200	600	540	47
3.175	620	550	47
3.150	630	560	48
3.125	650	570	49
3.100	660	580	49
3.075	680	590	50
3.050	690	600	50
3.025	710	610	51
3.000	720	620	52
2.975	730	630	52
2.950	740	640	53
2.925	750	650	53
2.900	750	660	54
2.875	760	670	55
2.850	770	680	56
2.825	780	690	56
2.800	790	700	57
2.775	800	710	58

DIVISION I FULL QUALIFIER SLIDING SCALE			
Core GPA	New SAT*	Old SAT (Prior to 3/2016)	ACT Sum
2.750	810	720	59
2.725	820	730	60
2.700	830	740	61
2.675	840	750	61
2.650	850	760	62
2.625	860	770	63
2.600	860	780	64
2.575	870	790	65
2.550	880	800	66
2.525	890	810	67
2.500	900	820	68
2.475	910	830	69
2.450	920	840	70
2.425	930	850	70
2.400	940	860	71
2.375	950	870	72
2.350	960	880	73
2.325	970	890	74
2.300	980	900	75
2.299	990	910	76
2.275	990	910	76
2.250	1000	920	77
2.225	1010	930	78
2.200	1020	940	79
2.175	1030	950	80
2.150	1040	960	81
2.125	1050	970	82
2.100	1060	980	83
2.075	1070	990	84
2.050	1080	1000	85
2.025	1090	1010	86
2.000	1100	1020	86

ACADEMIC REDSHIRT

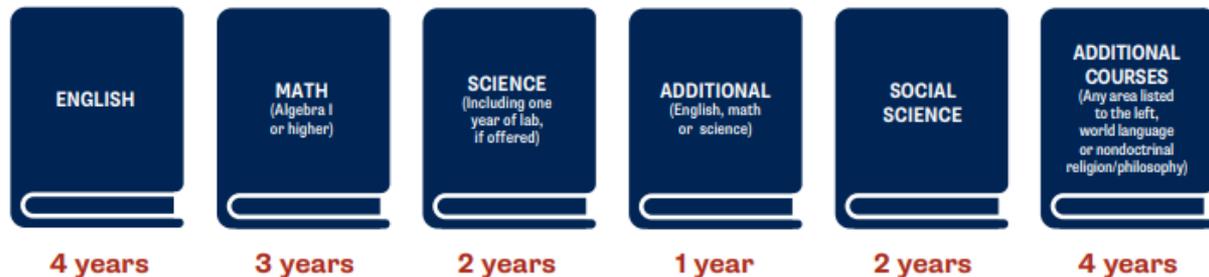
RTUNITY IS HERE.



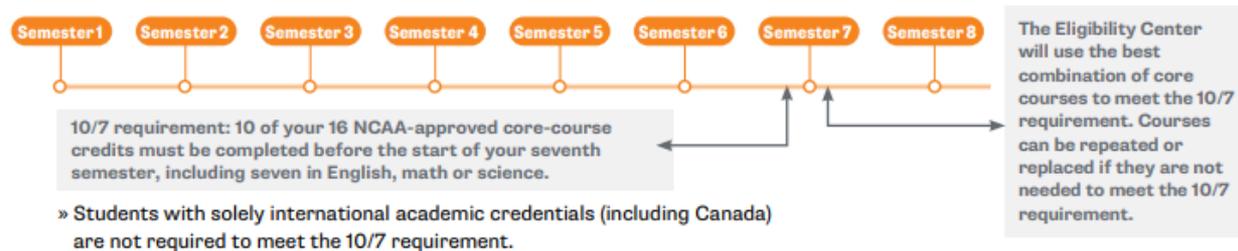
DIVISION I ACADEMIC STANDARDS

Division I schools require college-bound student-athletes to meet academic standards for NCAA-approved core courses and **core-course GPA**. To be eligible to practice, compete and receive an athletics scholarship in your first full-time year at a Division I school, you must meet all of the following requirements:

1. Earn 16 NCAA-approved core-course credits in the following areas:



2. Complete 10 of your 16 NCAA-approved core-course credits, including seven in English, math or science, before the start of the seventh semester. Once you begin your seventh semester, any course that is needed to meet the 10/7 requirement cannot be replaced or repeated.



3. Complete your 16 NCAA-approved core-course credits in eight academic semesters or four consecutive academic years from the start of ninth grade. If you graduate from high school early, you still must meet core-course requirements.
4. Earn a minimum 2.3 core-course GPA.
5. Submit your final transcript with proof of graduation to the Eligibility Center.

NOW...

NOW...

How to plan your high school courses to meet the 16 core-course requirement:

4 x 4 = 16

9th GRADE	10th GRADE	11th GRADE	12th GRADE
(1) English (1) Math (1) Science (1) Social Science and/or additional			
4 CORE COURSES	4 CORE COURSES	4 CORE COURSES	4 CORE COURSES

What can you do to support your child?

- ❖ **Have high expectations for your student-Demand Excellence (College Athlete=College Student)**
 - 1. Academics-Begin Early (33% of NCAA Course Requirements completed during 9th grade)**
 - 2. Personal Example-Behavior, Integrity, Social Media**
 - 3. Taking Care of Themselves- Physical conditioning, Rest, Nutrition**
- ❖ **Develop Positive Relationships w/child's teachers & coaches-Positive Communication Key!**
- ❖ **Ensure student meets recommended timelines and monitor progress (testing, registering with NCAA, financial aid form, college applications)**
- ❖ **Let your student's coaches coach them with understanding that focus is on the team/program while working hard to elevate experience for all students.**

What can the athlete do?

- ❖ **Take care of things within their area of control**
 1. **Academics (A's and B's-Not C's and D's) *Importance of 1 point**
 2. **Physical Preparation (Effort, Rest, Nutrition)-Possess an ELITE work ethic/Play hard every play ****Develop, Develop, Develop vs Play******
 3. **Intangibles-Leadership, Character, Positive Impact on Others**
 4. **Create Positive Public Profile (Social Media-use as a positive tool, Attitude/Behavior)**

- ❖ **Stay on track with satisfactory completion of core courses-Keep track of your core course GPA**

- ❖ **Register and Take SAT/ACT beginning in Jr. Year**
Prepare for success-SAT/ACT Prep Courses

- ❖ **Register with NCAA Eligibility Center**

- ❖ **Be Open to all levels of participation Division I, II, III, NAIA, JC**

What can the athlete do?

HIGH SCHOOL TIMELINE

9th GRADE REGISTER



- » Start planning now! Register for a free Profile Page account at eligibilitycenter.org for information on NCAA initial-eligibility requirements.
- » Find your high school's list of NCAA-approved core courses at eligibilitycenter.org/courselist to ensure you are taking the right courses, and earn the best grades possible!

10th GRADE PLAN



- » If you are being actively recruited by an NCAA school and have a Profile Page account, [transition](#) it to the right [Certification account](#).
- » Monitor the [task list](#) in your NCAA Eligibility Center account for next steps.
- » At the end of the school year, ask your high school counselor from each school you have attended to upload an official transcript to your Eligibility Center account.
- » If you fall behind academically, ask your high school counselor for help finding [approved courses](#) you can take.

11th GRADE STUDY



- » Ensure your [sports participation](#) information is correct in your Eligibility Center account.
- » Check with your high school counselor to make sure you are on track to complete the required number of NCAA-approved [core courses](#) and graduate on time with your class.
- » At the end of the school year, ask your high school counselor from each school you have attended to upload an official transcript to your Eligibility Center account.

12th GRADE GRADUATE



- » [Request your final amateurism certification](#) beginning April 1 (fall enrollees) or Oct. 1 (winter/spring enrollees) in your Eligibility Center account at eligibilitycenter.org.
- » Complete your final NCAA-approved [core courses](#) as you prepare for graduation.
- » After you graduate, ask your high school counselor to upload your final [official transcript](#) with proof of graduation to your Eligibility Center account.

What is the role of the HS coach in the recruiting process?

- ❖ Prepare your student physically and fundamentally.
- ❖ Monitor athletes' grades, behavior in the school environment, communicate with parents.
- ❖ Assist student-athlete with corecoursegpa.com program. Educate on NCAA requirements.
- ❖ Communicate with players honestly and openly regarding their ability and possibility of competing at the next level.
- ❖ Have a strategy for promoting athletes that have proved to have talent, ability and have met academic requirements to compete at next level.

BEWARE

- ❖ **Recruiting Services-Be very wary. Need to be wary of info. that you receive from people that have a financial interest in your continued business.**
 1. **Vet thoroughly**
 2. **Ensure all costs listed up front**

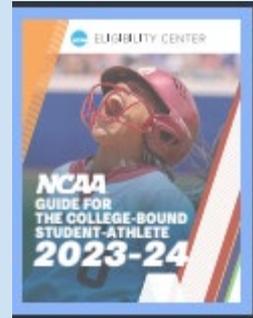
- ❖ **Personal Trainers, Agents (NIL) & Runners for Agents**

- ❖ **Out of school competition. Pay for Play**
 1. **It is important to find avenues to develop your skills and to compete against top flight competition.**
 2. **Just need to keep in mind above principle-financial interest of provider**

- ❖ **Need to be careful with on-line and distance learning classes-Check with counselor & NCAA**
 1. **Must meet NCAA standards**
 2. **Must be on school or provider's NCAA List of Approved Courses**

Resources

- ❖ [NCAA Guide for the College Bound Student-Athlete](#)
- ❖ [CoreCourseGPA.com](#) (Formerly clearinghousecalculator.org)
 - Vast & helpful resources - all CFISD athletes have access
 - Create a free account
 - Track student-athlete's progress toward eligibility requirements
 - one-minute recruiting webinars
- ❖ Do-it-Yourself Recruiting Services



DI Core Course GPA

4.778

DI SAT/ACT Scores*

DI Core Course Credits

	Score	Qualifier	Redshirt		Completed	Required	Needed
SAT Score	None	400	n/a	Total Core Course Credits	13.5	16	2.5
ACT Score	None	37	n/a	Credits Prior to Sr. Year	13.5	10	0
				Eng/Math/Sci Prior to Sr. Year	9.5	7	0

Grade Points Key: A=4, B=3, C=2, D=1 / # = Weighted Points
(d) = Course for students with a diagnosed disability / (t) = Transfer course

English Courses

Course	Grade	Points	Quality Pts	Credits	Credits Required	Credits Needed
ENG III H/K/DUAL	A	5#	2.5	0.5		
ENGLISH I H	A	5#	2.5	0.5		
ENGLISH I H	A	5#	2.5	0.5		
ENGLISH II H	A	5#	2.5	0.5		
ENGLISH II H	A	5#	2.5	0.5		
Totals			12.5	2.5	4	1.5

Math Courses

Course	Grade	Points	Quality Pts	Credits	Credits Required	Credits Needed
ALGEBRA II H	A	5#	2.5	0.5		
ALGEBRA II H	A	5#	2.5	0.5		
GEOMETRY H	A	5#	2.5	0.5		
GEOMETRY H	A	5#	2.5	0.5		
PRE CALCULUS H/K/DUAL CREDIT	A	5#	2.5	0.5		
ALGEBRA I	A	4	2	0.5		
Totals			14.5	3	3	0

Natural/Physical Science Courses

Course	Grade	Points	Quality Pts	Credits	Credits Required	Credits Needed
BIOLOGY AP DC OR BIOLOGY H/AP DC	A	5#	2.5	0.5		
BIOLOGY I H	A	5#	2.5	0.5		
BIOLOGY I H	A	5#	2.5	0.5		
CHEMISTRY I H	A	5#	2.5	0.5		
Totals			10	2	2	0

Questions....

