

Mt. Diablo Adult Education

Summer 2025



♥ **Lifelong Education** | Woodworking classes – Design, Plan, Build, and Enjoy! p. 25



♥ **Parent Education** | Summer Co-Op School Readiness Program, p. 17



♥ **Career and Technical Education Programs** | Become a Dental Assistant in 10 Months, p. 15

Learning for Life!

Mt. Diablo Adult Education



Mt. Diablo Adult Education (MDAE) is proud to introduce Katie Bramwell as our new Parent Education Coordinator!

Katie has been a valued member of the MDAE team for the past 30 years, serving as a Program Assistant in the Parent Education Program. Throughout her time with us, she has played an integral role in organizing the Parent Conference, Dr. Seuss Day, and many of our other Parent Education events. Her deep knowledge of

the program and exceptional organizational skills have consistently contributed to our success and enhanced the experience for countless families in our community.

Katie is known for her approachable nature, dedication to family engagement, and her commitment to continuous improvement.

We are thrilled to welcome Katie into this leadership role and are excited to see the new ideas and energy she will bring to the Parent Education Program.

Welcome, Katie!

Vittoria



Tricia



Maureen



Drew



The Mt. Diablo Adult Education Administrative Team

Mission

Mt. Diablo Adult Education provides lifelong learning opportunities for adults of all ages and abilities and their families to achieve their education, employment, community participation, and personal goals.

Accreditation

MT. DIABLO ADULT EDUCATION IS ACCREDITED BY THE:

ACCREDITING COMMISSION FOR SCHOOLS, WESTERN ASSOCIATION OF SCHOOLS AND COLLEGES (WASC)
WWW.ACSWASC.ORG

COMMISSION OF THE COUNCIL ON OCCUPATIONAL EDUCATION (COE)
WWW.COUNCIL.ORG
7840 ROSWELL RD., BLDG. 300, STE. 325, ATLANTA, GA 30350 | (770) 396-3898

COMMISSION ON ACCREDITATION OF ALLIED HEALTH EDUCATIONAL PROGRAMS: SURGICAL TECHNOLOGY PROGRAM (CAAHEP)
WWW.CAAHEP.ORG

Approvals

- California Department of Education (CDE)
- Dental Board of California – Registered Dental Assistant Program
- Contra Costa Emergency Services – Emergency Medical Technician Program
- National Center for Competency Testing – Medical Assistant Program
- California Department of Public Health – CNA Program



Summer Registration

Begins June 4, 2025 (dates vary by Program).

mdae.mdusd.org

Our offices are open to serve you. For campus locations and office hours, please see page 43.

LVAC and PHEC Campus Recesses*:

May 26 Memorial Day

June 19 Juneteenth

July 4 Independence Day

July 28-August 8 LVAC Summer Recess

September 1 Labor Day

*Check our website for office hours during school recesses



Administration

Mt. Diablo Adult Education (MDAE)

A Division of the Mt. Diablo Unified School District

ADMINISTRATION

(925) 685-7340

G. Vittoria Abbate, *Director*

Tricia Ouellette, *Assistant Director*

Maureen Campbell, *Vice Principal*

Andrew Foerder, *Vice Principal*

BOARD OF EDUCATION

Linda Mayo, *President*

Debra Mason, *Trustee*

Thomas McDougall, *Trustee*

Cherise Khaund, *Vice President*

Keisha Nzewi, *Trustee*

Crystal Ochoa, *Student Board Member*

DISTRICT ADMINISTRATION

Dr. Adam Clark, Ed.D., Superintendent

PROGRAM EXTENSIONS

(925) 685-7340

Adults with Disabilities Ext. 6724

Career and Technical Education Center (CTEC) Ext. 6730

English as a Second Language (ESL)/Family Literacy/Citizenship Ext. 6750

High School Diploma/GED/ABE Ext. 6745

Lifelong Education (925) 937-1530

Parent Education Ext. 6720

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ADULT BASIC AND ADULT SECONDARY EDUCATION

Adult Basic Education (ABE) High School Diploma (HSD) High School Equivalency (GED & HiSET)

(925) 685-7340, ext. 6745 | adulthighschoolged@mdusd.org | mdae.mdusd.org

Office Hours: Monday-Friday, 8:00am-4:00pm

"I'm so excited
about what's coming for me,
and I'm also very grateful to you.
Thank you all!!!"

—MDAE June 2025 grad

**FREE
Classes!**

Whether you need to get a high school diploma, high school equivalency certificate (GED or HiSET), or improve your basic education skills to pass job entrance tests or prepare for college, we are here to help you!

The First Step to a Bright Future Starts Here!

Step 1

Visit: mdae.mdusd.org/programs/abe-ase and click on a program for more information and details.

Step 2

Click the "Register for Classes" button in the sidebar. *Space is limited, don't delay!

Step 3

Follow the directions to select an Orientation & Registration session.

Step 4

Attend a one-time in-person session that includes orientation, a placement assessment, and enrollment in classes.

Note: No summer classes. Our Fall Term starts September 2, 2025.

Find your best Pathway!

Receive your High School Diploma

Fill your gap of needed credits! Our classes can help put you over the top!

Earn your High School Equivalency Certificate

Graduate quickly! Our classes are a sure-fire way to get you ready for the test.

Gain Basic Trade or Work Skills

Prepare for an apprenticeship, gain employment, or enrich your knowledge through our Basic Skills classes.

High School
Orientations for Fall this summer!

Please check our website in July for information on our orientations or scan the QR code to the right.

Exciting things are happening this Fall and we look forward to sharing them with you! Guest speakers, Collaboration, College and Career Transition, Community. The Fall term runs from September 2-December 12.



Top 10 Reasons to Attend our Program

1. Teachers and Staff who care about YOU!
2. We partner with you to help you succeed
3. Day and evening classes in person and hybrid
4. Guest speakers, field trips, and a Media Center
5. College and Career Prep
6. Team building, inclusivity, and community
7. Presentations and college campus tours
8. Plenty of open space to walk, talk, and make new friends
9. Free lunches at our café
10. A job center right on campus!

We also offer the following support to our students:

The **Youth Empowerment Services** program is available to support students 18-24 years old

My Achievement Plans (MAPs). We will help you set up a plan to complete your goals.

Support is available for students with **Individualized Education Plans (IEPs)**

FREE! One on one support from our Transition Specialist to help with job searches, registration for college or career training programs, and applying for FAFSA. You can also enjoy personalized field trips to local colleges and career training programs.

Adult Basic Education, High School Diploma & Equivalency 2025 Fall Class Offerings

Visit our website at mdae.mdusd.org/programs/abe-ase for more detailed information on our programs.

Note: No summer classes. Our Fall Term starts September 2, 2025.

High School Diploma Classes | In-Person, Hybrid, AND Independent Study

Complete the classes you need to receive your high school diploma.

- Government and Economics
- English
- Physical and Life Science
- Algebra I and Math
- U.S. and World History
- Electives

High School Equivalency Preparation (GED and HiSET) Classes | In-Person OR Hybrid

Prepare for either the Pearson VUE GED or the HiSET Equivalency tests by attending classes that teach you what you need to know to pass the following sub-tests:

- Reading
- Science
- Social Studies
- Math
- Writing

Adult Basic Education/Skill Building Classes | In-Person OR Hybrid

Improve your reading, writing, math, and computer literacy skills to help you prepare for college, pass employment eligibility tests, or meet your personal goals. Morning and evening classes are available.

- Algebra I
- Workplace Math
- Reading
- Writing

2025-2026 Spotlight DVC Partnership

We're thrilled to continue working with Diablo Valley College (DVC) to offer students concurrent enrollment and transition support upon graduation. Interested students benefit from informational presentations, one-on-one meetings with our DVC coordinator, assistance with applications, class selection, registration, and overall guidance. We're here to help make the pathway to college easier and attainable for everyone and we can't wait to partner with you, too!

Adults with Disabilities

REGISTRATION REQUIRED FOR ADULTS WITH DISABILITIES CLASSES

(925) 685-7340, ext. 6724 | awd@mdusd.org | mdae.mdusd.org

In-Person & Online | Life Skills Program – For Adults with Developmental Disabilities

The Life Skills program is a unique educational program for adults with intellectual and developmental disabilities who are consumers of the Regional Center of the East Bay. The program offers a wide variety of classes to help students develop the skills necessary to achieve their life, work, and community goals. Instruction in independent living skills, social/communication skills, job training, and community access are emphasized. Application required.



In-Person & Online | Transition Options Program (TOPS)

This program addresses the unique needs of adults with Autism Spectrum Disorder (ASD) who have completed their high school diploma and are transitioning to higher education, independent living, and/or employment. The curriculum is comprehensive and specifically designed to meet the individual needs of participants. Application required.



In-Person & Online | On Track – A Program for Adults with Acquired Brain Injury (ABI) or Traumatic Brain Injury (TBI)

This program provides a structured environment that assists individuals with ABI/TBI to relearn old skills, develop new coping skills, increase independence, learn about community resources, build self-esteem, and improve cognitive skills. Emphasis is placed on understanding one's own injury, cognitive skill building, and personal goal setting. Application required.



Adults with Disabilities

Employment Training Internship Program

Preparing students for successful careers in partnership with local businesses



Workplace Essential Skills

This class is offered through a hospitality internship program and provides instruction in professionalism, workplace safety and vocabulary, communication skills, problem solving, and pre-employment skills. In addition to classroom instruction, participants receive full workplace immersion training at a local hotel. This is a paid internship program. Participants must be a consumer of the Regional Center of the East Bay and have successfully completed the screening and interview process for the internship.

VistAbility

VistAbility Hospitality Internship Program: Embassy Suites by Hilton, Walnut Creek. **This is a 9-month paid internship program for 6 interns.** For more information, please contact Afiya Wilkerson at awilkerson@vistability.org.

English as a Second Language (ESL)

APPOINTMENT REQUIRED TO REGISTER FOR ESL CLASSES

Info: (925) 685-7340, ext. 6750 | Appts: (925) 609-4518 | eslsec@mdusd.org | mdae.mdusd.org

Classes resume in Fall 2025.

Learn English—Free Classes*

Improve your English skills so you can work and interact in your community! Practice speaking, reading, writing, listening, conversation, and pronunciation. We offer seven different class levels!

**FREE
Classes!**



ESL Classes

Learn English in a class with other students. Classes are offered at Loma Vista Adult Education 3-4 days a week.

Family Literacy

Learn English while your child participates in a quality school-readiness program for children ages 3-5, four days a week. Classes are offered at Loma Vista Adult Education and the Family Literacy Centers at Cambridge and Meadow Homes Elementary Schools.

Self-paced Distance Learning*

Learn English at home on your computer or phone! You can also prepare for the Citizenship interview and test! Work at your own speed and meet with an instructor to check your work.

Special Focus Classes*

Workforce preparation classes to prepare you for jobs and careers. With our **Project ACCESS** partnership, you will improve your academic English, transition to DVC, and prepare to become a preschool teacher!

*Must be tested for ESL placement level to enter classes

To begin registration for any ESL class, follow these steps.

1

Scan this QR code.



2

Register for the ESL Contact List, section 39903. You will need to **create an MDAE student account, or sign into your existing account.**

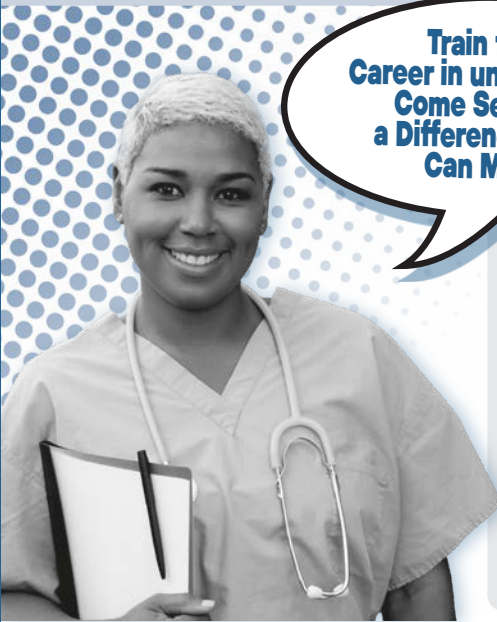
3

Receive an email with instructions to make a level placement test appointment.

For more help with registration or for questions please leave a voice or text message at (925) 609-4518; you can use your native language.

Career and Technical Education Center

(925) 685-7340, ext. 6730 | adultcareertech@mdusd.org | mdae.mdusd.org



**Train for a
Career in under a Year!
Come See what
a Difference a Year
Can Make!**

CAREER AND TECHNICAL
EDUCATION CENTER

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CTE Programs

A CTE **program** combines multiple classes or modules that lead to a program completion certificate and employment opportunities. Current CTE Programs range from 3 to 10 months long.

- **Administrative Assistant**
- **Certified Nursing Assistant**
- **Dental Assistant**
- **Emergency Medical Technician**
- **Medical Assistant**

CTE Classes

A CTE **class** is an individual course designed to provide skills that can be used in employment or for personal growth.

- **Keyboarding & Computer Basics**
- **Google Docs, Sheets, and Slides**
- **Microsoft Word**
- **Microsoft Excel**
- **Microsoft PowerPoint**
- **CPR-Basic Life Support**
- **EMT Refresher**
- **EMT CEUs**
- **EMT Skills Verification**
- **EMT Challenge**
- **Careers in Healthcare**
- **Food Safety**
- **Special Education Staff Training**

Not all classes are offered every term. Check our website for current class available or call the CTE office for more information

Accreditations

Mt. Diablo Adult Education is accredited by the Commission of the Council on Occupational Education.



WWW.COUNCIL.ORG
7840 ROSWELL RD., BLDG. 300, STE. 325
ATLANTA, GA 30350 | (770) 396-3898

SEE PAGE 2 FOR FULL LIST OF ACCREDITATIONS
AND APPROVALS

Our Mission

CTEC fully prepares adults to be successfully employed in demand occupations and industry sectors.

Our Vision

CTEC is committed to providing high quality education and training in a supportive setting in partnership with business and industry enabling students to be fully prepared to succeed in their chosen occupations.

CTEC is also committed to collaborating with other agencies and organizations in creating and sustaining an efficient workforce and economic development system.

Career Technical Education Center
CTEC
Mt. Diablo Adult Education

Career and Technical Education Center

CTE Classes

Attendance for CTE Programs Information Session is NOT required for these classes.

Computer and Microsoft Classes

Google Docs, Sheets, and Slides

Google basics and beyond! Create docs, sheets, and slides.

56292011	6:00-9:00pm	T/TH	8/12-8/28	Zavala	B-10, LVAC	\$84
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Health Occupations Classes

CPR – Basic Life Support

This hands-on course is required to complete the American Heart Association's Heartcode BLS and to receive a course completion card. Specific to Healthcare Providers but everyone is welcome!

Prerequisite: Online e-learning session at <https://shopcpr.heart.org/heartcode-bls> (IMPORTANT-print Certificate of Completion and bring to class.)

CPR – Basic Life Support	See QR code for dates and times	C-16, LVAC	\$49
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EMT Refresher

This 24-hour class meets EMT license recertification requirements (Title 22 of the California Code of Regulations). EMT's needing only CEU's may register for specific modules as space allows. Bring: photo ID, EMT card, and current CPR card.

For available dates, call the CTE office at (925) 685-7340, Ext. 6730 \$300

EMT Skills Verification

For individuals who need to renew or reinstate EMT Certification in the State of California. Verification of skills competencies are done through direct observation by an approved provider. Bring: photo ID, EMT card, and current CPR card.

For available dates, call the CTE office at (925) 685-7340, Ext. 6730 \$160

EMT Challenge

A currently licensed (in US) M.D., R.N., P.A., L.V.N., or L.P.N. may participate in the EMT Training Program Course completion challenge process and may obtain an EMT course completion record by course challenge examination (competency based written and skills examination). Challenge examination may be taken only one time.

Written Exam	9:00am-12:00pm or 6:00-9:00pm	T	Call for Dates	C-16, LVAC	
Psychomotor Exam	9:00am-12:00pm or 6:00-9:00pm	W	Call for Dates	C-16, LVAC	\$493

Food Safety Classes

Food Safety

All food establishments need workers that are proficient in protecting foods prepared for the public. In this comprehensive course, learn to improve food safety and sanitation meeting the requirements of California Health and Safety Code Section 113716. Course fee includes textbook and test. Retest by appointment after 60 days, \$37.

56500012	4:00-8:00pm	TH	7/10-7/17	D-8, LVAC	\$75
56500013	4:00-8:00pm	TH	8/21-8/28	D-8, LVAC	\$75

Special Education Staff Training (SEST)

Special Education Assistants, Teachers, Parents, Caregivers, and Community Members are welcome. Free!

MDUSD Self-Guided Orientation*

This online training is an unpaid, pre-service requirement for all new MDUSD SEAs. The orientation consists of 11 modules providing basic information necessary to work with students receiving SPED services in MDUSD. Can be used in segments by site-based teams to support consistency in service delivery. Access modules via computer or mobile device. Due to confidentiality requirements, this training is only accessible to MDUSD employees.

(use QR code)	Ongoing	Online	No fee
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Classes are open to adults 18 years and older.

For enrollment in CTE programs, a high school diploma or high school equivalency certificate is also required.

Career and Technical Education Center Enrollment Procedures for CTE Classes

See page 10 for the list of classes.

- Step 1** Go to mdae.mdusd.org/registration/register or scan the QR code below.
- Step 2** Scroll down and click on Career and Technical Education Center (CTEC).
- Step 3** Then, scroll to or look left to click on Career and Technical Education Center (CTEC).
- Step 4** Click on the category of class for which you want to register (e.g., **Computer Classes**).
- Step 5** Scroll down and click on the **Register Now** button next to the class of your choice.

- Step 6** Returning students, log into your MDAE student account. **First time** registering online, click on **Create an Account**
- Step 7** Click on **View Cart and Checkout**. (Note: You can use the **Continue Shopping** link on this page if you want to register for more than one class).
- Step 8** Click on **Continue Checkout**.
- Step 9** Enter your Mastercard or Visa information and select **Process Payment**. You will receive an email verifying your class registration.



Enrollment Procedures for CTE Programs

The CTE Programs Information Session is the first requirement for enrollment into: **Administrative Assistant, CNA, Dental Assistant, and Medical Assistant**. For **EMT** information session QR code, see page 12.
Additional requirements and financial assistance information are provided at the CTE Programs Information Session.

- Step 1** Go to mdae.mdusd.org/registration/register or use this QR code.
- Step 2** Scroll to and click on Career and Technical Education Center (CTEC).
- Step 3** Then, scroll to or look left to click on Career and Technical Education Center (CTEC).
- Step 4** Click on CTE Programs Information Session.
- Step 5** Scroll down and click on the **Register Now** button to select your chosen class time.

- Step 6** Returning students, log in to your existing Mt. Diablo Adult Education student account. **New students**, click on **Create an Account**
- Step 7** Click on **View Cart and Checkout** and then **Continue Checkout** to complete the CTE Programs Information Session registration.



Requirements for Allied Health programs are:

- ▲ 18 years of age or older
- ▲ Completed CTE Programs Information Session
- ▲ Completed Reading Assessment (information provided at CTE Programs Information Session)
- ▲ High school diploma, GED, Transcript, or equivalent
- ▲ Health insurance verification
- ▲ CPR card/BLS
- ▲ Completed & signed Physician's Verification Form
- ▲ CA driver license (EMT only)

Requirements for the Administrative Assistant program are:

- ▲ 18 years of age or older
- ▲ Completed CTE Programs Information Session
- ▲ High school diploma, GED, Transcript, or equivalent
- ▲ Health insurance verification prior to externship

Career and Technical Education Center CTE Programs

In **3 Months**, you can be a **Certified Nursing Assistant**

Become fully trained to work as a CNA assisting residents with basic care and nursing services. Upon successful completion of the program, students are eligible to sit for the National Nurse Aide Assessment Program (NNAAP) examination.



Quick Facts!

- **Where are graduates hired?** Concord Post-Acute, Tampico Terrace, Diablo Valley Post-Acute Care, and more.
- **How much might I earn as a CNA?** Certified Nursing Assistants can earn an average wage of \$22 an hour! *
**Source: Bureau of Labor Statistics 2024 Wage Data for San Francisco-Oakland-Hayward, CA*
- **Is this an agency-approved program? Yes!** This program is approved by the California Department of Public Health.



Mt. Diablo Adult Education is privileged to continue partnering with Opportunity Junction and Empowered Aging in providing the Healthcare Career Pathway Program.



Classes are open to adults 18 years and older.
For enrollment in CTE programs, a high school diploma or high school equivalency certificate is also required.

Career and Technical Education Center CTE Programs



In **5 Months**, you can be an **Emergency Medical Technician (EMT)**

Prepare to provide vital emergency medical services as you care for and transport those who are sick or injured to a medical facility. Upon successful completion of the program, students meet the qualifications to sit for the National Registry Emergency Medical Technician (NREMT) certification exam.

Next Class Starts
AM Cohort - October 2025
PM Cohort - January 2026



**First step: register for
the EMT Programs
Information Session.**

To learn more about enrolling in this program, visit our website at:
mdae.mdusd.org/programs/ctec/emt

Quick Facts!

- **Where are our graduates being hired?** AMR, Eagle Ambulance, Falcon Critical Care Transport and Bay Medic.
- **How much might I earn?** EMTs can earn an average of \$21 an hour.*
* Source: Bureau of Labor Statistics 2024 Wage Data for San Francisco-Oakland-Hayward, CA
- **Is this an approved program?** Yes! This program is approved through Contra Costa Health Services.



CONTRA COSTA
HEALTH

This program is articulated with Contra Costa College for college credit.





In just **7 Months**,
you can become an
Administrative Assistant

Learn the administrative and computer skills necessary to work as an “Admin” in business, medical, or other office settings. With an emphasis on tech readiness, you will become proficient in using Microsoft Office and Google applications and Quickbooks. Develop a variety of administrative, organizational, and career skills; increase keyboarding speed and accuracy; prepare to pass employment tests; and use your new skills during a business office externship.

**Next Class Starts:
October 2025**



**First step: register
for the CTE Programs
Information Session.**

To learn more about enrolling in this
program, visit our website at:
[mdae.mdusd.org/programs/ctec/
adminassistant](https://mdae.mdusd.org/programs/ctec/adminassistant)

Quick Facts!

- **Why Attend Our Program?** Learn the in-demand software programs being used in today's business offices in a variety of fields. Successful completion can lead to career paths in fields beyond the Business world.
- **What certificates will I earn?**
(1) The Administrative Assistant program's completion certificate. (2) Additional certificates may be available.
- **How much might I earn?**
Administrative Assistants can earn an average of \$28 an hour. *
** Source: Bureau of Labor Statistics 2024 Wage Data for San Francisco-Oakland-Hayward, CA*



Classes are open to adults 18 years and older.
For enrollment in CTE programs, a high school diploma or high school equivalency certificate is also required.

Career and Technical Education Center CTE Programs

In **7 Months**, you can become a
Medical Assistant

Train to perform clinical and administrative duties in a medical office or clinic setting. Successful completion of the program meets the qualifications to take the Medical Assistant certification exam through the National Center for Competency Testing (NCCT), which is administered on MDAE's campus.

Next Class Starts: September 2025



First step: register for the CTE Programs Information Session.

To learn more about enrolling in this program, visit our website at: mdae.mdusd.org/programs/ctec/medicalassistant



Quick Facts!

- **Where are our graduates being hired?** BASS Medical, Kaiser Permanente, John Muir Health, and Private Clinics.
- **How much might I earn?**

Medical Assistants can earn an average of \$28 an hour. *

* Source: Bureau of Labor Statistics 2024 Wage Data for San Francisco-Oakland-Hayward, CA

Student Media and Resource Center

Room B-10, LVAC

Internet-connected computers and print resources are available to use by students from Mt. Diablo Adult Education as well as all participants of America's Job Center of California (AJCC).

Check the Media Center hours of operation at mdae.mdusd.org/resources/community.



Career and Technical Education Center
CTE Programs

It only takes **10 Months**
to start a career as a
Dental Assistant!

Prepare to become part of a dental care team assisting in dental procedures, patient care, laboratory tasks, and front office duties. Successful completion meets the requirements for the California Dental Board's certification examination for Registered Dental Assistant (RDA).

Next Class Starts: October 2025

First step: register for the CTE Programs Information Session.

To learn more about enrolling in this program, visit our website at: mdae.mdusd.org/programs/ctec/dentalassistant



Quick Facts!

- **Where are our students being hired?** In family and pediatric dental practices throughout the San Francisco Bay Area.
- **What certificate will I earn?** The Dental Assistant Program Completion certificate, which includes the following certifications: Infection Control, Coronal Polish, Pit & Fissure Sealants, Radiation Safety, and California Dental Practice Act.
- **How much might I earn?**
Dental Assistants earn an average of \$23 an hour. *
* Sources: (1) Bureau of Labor Statistics 2024 wage data for San Francisco-Oakland-Hayward, CA; (2) Graduate Outcome Data for 2022
- **Is this an approved program? Yes!**
The Dental Board of California approves this program.



Career and Technical Education Center

Financial Aid

Pell Grants

A Pell Grant is a form of federal student aid that does not have to be repaid.

The maximum Pell Award in 2025-26 is \$7,395

—Students need to be a U.S. Citizen or an eligible non-citizen.

Pell Grants are available for eligible students enrolling in the following programs:

Administrative Assistant, Dental Assistant, Medical Assistant



To apply for a Pell Grant, complete the 2025-26 FAFSA form at studentaid.gov.



The Mt. Diablo Adult Education school code is: **030624**.



One week after submitting your FAFSA, contact Lynne Storm at storml@mdusd.org to follow up on your financial aid application.



studentaid.gov

Other Forms of Financial Assistance:

■ Payment Plan

Interest-free and all CTE programs are eligible

■ CalWORKs participants

Contact your Caseworker to request support while attending classes. Also ask about a referral to the FOCUS and Career Connections programs.

■ Workforce Innovation and Opportunity (WIOA) participants

To start the WIOA process, Contact Parwin Paigham, Career Coach at: parwinp@rubiconprograms.org

Need Help Getting a Job? Want to improve your skills to get a better job?

America's **JobCenter**
of California™

America's Job Center of California (AJCC) Access Point

Career Services offered include:

- Typing Tests
- Keyboarding and Computer Basics Classes
- Interest Surveys to help match you to a career
- Resume Writing, Interview Skills and more...

Check the MDAE AJCC Career Center monthly calendar for more information at mdae.mdusd.org/resources/ajcc



Workforce Innovation & Opportunity Act (WIOA)

WIOA individualized Career Services includes one-on-one assistance from a career coach, job search assistance, on-the-job-training, and funding for career training!

Mt. Diablo Adult Education AJCC Career Center



Keyboarding Certification Tests – No appointment necessary. Bring photo ID.

T/W/TH	12:30-2:30pm	Room B-10	No Fee
W/TH	10am-12pm and 1-4pm	Room D-4	No Fee
Hours are subject to change.			

For additional information about Mt. Diablo Adult Education's Career Center, email Andrea Murphy, Coordinator, at murphy@mdusd.org.

Parent Education

(925) 685-7340, ext. 6720 | parented@mdusd.org | mdae.mdusd.org

Cooperative School Readiness Program

The School Readiness Program aligns with the California State Preschool Learning Foundations and Curriculum Framework. The program uses a play-based and emergent curriculum approach to learning. Children attend daily and parents volunteer three to four times a month to assist the instructor with classroom preparation, organization, and interactive support among other requirements. Parent meetings, family events, and clean-up days are required.

Classes are free for families living within the Mt. Diablo Unified School District boundaries. Proof of address is required.
Parents must be fingerprinted, cleared, and show proof of a negative TB test to start the program.

2024-2025 Cooperative School Readiness Classes

REGISTRATION IS ONGOING, AS SPACE ALLOWS

Toddler Class II: 16-23 Months	9:15-11:15am	F	Winter 2026	C-2, LVAC
Two's Class	9:15-11:15am	M/W	9/9/24-5/28/25	C-2, LVAC
Three's & PreK Combo Class	9:00-11:30am	M/T/W	9/9/24-5/28/25	A-4, HVE
Three's & PreK Combo Class	9:00-11:30am	M/W/F	9/16/24-5/30/25	P-1, BAE
Three's & PreK Combo Class	9:00-11:30am	T/W/TH	9/17/24-5/29/25	2, FOE

For location guide, see page 26.

Summer 2025 Co-Op School Readiness Program

REGISTRATION IS OPEN

Classes will be offered M-W at the following locations: **Concord**—Loma Vista Adult Center | **Pleasant Hill**—Fair Oaks Elementary
Parents must be fingerprinted and cleared to start the program. Parents must volunteer in the classroom one day a week.

Parenting Teens

Anger Management for Teens and Their Parents/Guardians

Parents and Teens arrive 15 minutes before class time.

This is a free workshop designed to provide strategies and resources for parents and teens to communicate more effectively and foster positive relationships.

Class topics include: anger triggers, family communication, anger management techniques, and conflict resolution.

9:00am-12:30pm	S	5/10	C-4, LVAC	No Fee
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Parenting Certificate & Anger Management Classes

Classes are free for families living within the MDUSD boundaries. Proof of address is required.
 Class Fee: \$10 per class for non-MDUSD residents.

Register online at mdae.mdusd.org.
Please arrive 10 minutes before class starts.
NO LATE ADMITTANCE.

FOR FURTHER INFORMATION, PLEASE CALL (925) 685-7340, EXT. 6720.

Parenting Certificate Class — CERTIFICATE IS ISSUED UPON COMPLETION OF ALL 10 CLASSES.

This is a ten-week ongoing series designed to provide tools, strategies, and resources for parents to build strong family values, positive relationships, and effective communication with their family members.

This class fulfills court-mandated requirements.

7:00-9:00pm	T	Ongoing	C-4, LVAC	No Fee
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Anger Management Class — CERTIFICATE IS ISSUED UPON COMPLETION OF ALL 10 CLASSES.

This is a ten-week ongoing series designed to provide individuals with techniques, strategies, and tools on how to address their anger, stress, and anxiety. Students will also learn conflict resolution techniques to make productive decisions, communicate effectively, and foster positive relationships with their family members and others.

This class fulfills court-mandated requirements.

7:00-9:00pm	TH	Ongoing	C-4, LVAC	No Fee
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Classes are open to adults 18 years and older.

Lifelong Education

(925) 937-1530 | lifelonged@mdusd.org | mdae.mdusd.org

Let's have some fun this summer!

Summer means long evenings, looser schedules, staycations and vacations. Why not consider working on a fun project or adding an energizing class to your summer this year? And is it time to finish those projects?

Do you have hobbies that literally fill your life to overflowing? Past craft projects, or half-painted masterpieces? Do you know who would love those items? Customers at our December Annual Open House Art & Craft Sale!

Many students take summer and fall classes to ready their wares for selling at this huge community event. Have fun and participate in a tradition of crafts, art and demonstrations that highlight our talented teachers and students.



Registering is as easy as 1, 2, 3! at mdae.mdusd.org

- 1 Click on the program tab. Scroll down to Lifelong Education and choose category.
- 2 Scroll down to the class(es). Click the blue Register Now box.
- 3 If you are a **Returning Student**, select **Log in**, if you are a **New Student**, select **Create an Account**.

Visit our website mdae.mdusd.org
often to view newly added classes!

Space is limited, so register early to reserve your place.
Questions? We are available by phone at (925) 937-1530
or email at lifelonged@mdusd.org.

Lifelong Education Summer 2025 Classes

Art

Drawing-Still Life and Portraits

Learn to create more accomplished drawings by understanding the concept of form, proportion, light, and shadows whether it's oil, acrylic, or watercolor. Supply list at first class.

810101	1:00-4:00pm	T	7/8-8/26	Mahboob	209, PHEC	\$126
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Figure Painting in Watercolor from a Photograph

Learn how to do figure painting in watercolor, by using a limited palette and muddying the colors. All levels welcome.

810201	1:00-4:00pm	TH	7/10-8/28	Mahboob	112, PHEC	\$126
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Fundamentals of Painting – Landscape and Portraits/Oil and Acrylic

Apply design, color, value, and techniques of painting while using traditional fine art supplies. Beginners welcome. Supply list at first class.

810001	9:00am-12:00noon	M	7/7-8/25			
	Jezierny	209, PHEC	\$143			
810002	1:00-4:00pm	M	7/7-8/25			
	Jezierny	209, PHEC	\$143			



Classes are open to adults 18 years and older.

Where indicated (*), a signed Waiver of Liability is required at first class, prior to participation.

Cooking —All cooking classes are hands on

We're proud to introduce our cooking instructors:

Tatsuo Nagasawa is a former San Francisco Chef, nutritionist, and seafood specialist.
Paul Renaud is a certificated culinary arts teacher, former cook and caterer to the stars, prep cook to the great chefs, and writer and producer of PBS series Food Kids.

Chow Mein*

Reach for the phone when you crave Chow Mein? Learn to prepare crispy Chinese noodle cakes and other Asian noodle dishes. Become familiar with Asian ingredients and train your palate to achieve Chinese and Thai style tastes.

823201	5:30-8:30pm	TH	8/7	Nagasawa	102, PHEC	\$45
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Easy to make Seafood Hors d'Oeuvres*

Quick and simple preparation is always best for seafood, it is perfect for hors d'oeuvres. Bring out appetizing flavors from fresh seafood with salmon ceviche and Vietnamese style fresh sword fish spring rolls with key lime leaves, for example.

824201	5:30-8:30pm	TH	8/14	Nagasawa	102, PHEC	\$48
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Knife Skills!*

Proper cutting techniques make cooking fun and efficient. Learn to dice, chop, and julienne vegetables as well as choose, sharpen, and maintain your knives. Bring a knife and cutting board to class.

822201	5:30-8:30pm	TH	8/28	Nagasawa	102, PHEC	\$45
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Let's Do Brunch!*

Introductory cooking class for those who love to eat brunch but are not familiar with baking muffins and scones, we will make oatmeal currant scones, ginger pear muffins, as well as a basil mushroom frittata.

801101	5:30-8:30pm	TH	7/10	Nagasawa	102, PHEC	\$48
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Organic Vegetable Soup*

Stay healthy! Spring water, organic veggies, and fresh herbs are all you need! Examples: chilled potato onion soup with chives, puree of assorted veggies with basil, black beans, and cumin. All easy, everyone welcome.

822101	5:30-8:30pm	TH	8/21	Nagasawa	102, PHEC	\$45
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Pot Sticker Party!*

It's easy and entertaining to prepare these flavorful appetizers. Prepare three basic fillings (meat, seafood, and vegetarian), fold the fillings into wrappers, and prepare the basic dipping sauces.

822301	5:30-8:30pm	TH	7/31	Nagasawa	102, PHEC	\$48
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Seniors - What's for dinner?!?

Let's face it, seniors face unique challenges when cooking, from motivation to mobility. This specialized course helps seniors continue in the kitchen. Experience labor-saving gadgets that make cooking easier. Learn to use fresh and packaged foods, stock your pantry, and run your fridge like a pro to make delicious, cold and hot, healthful dishes that minimize time spent in the kitchen. Highly recommended book: *Food Rules, an Eater's Guide* by Michael Pollan. ISBN #978-0143116387

801301	9:00am-12:00pm	F	7/11	Renaud	102, PHEC	\$45
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Spicy Thai Cooking - Part II*

Three new recipes for Thai cuisine lovers. All easy to make and delicious, examples: Thai style BBQ chicken with sweet chili sauce, spicy seafood salad, and coconut mushroom soup.

825701	5:30-8:30pm	TH	7/24	Nagasawa	102, PHEC	\$48
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Wrap It Up! Beautiful Hors d'Oeuvres*

Create delectable appetizers. Prepare colorful Vietnamese-style spring rolls and tasty soft tortilla wrappers. They are all light and fresh (not fried) with seafood, meat, and vegetarian fillings. Artfully arrange your hors d'oeuvres and tailor recipes to your taste.

801201	5:30-8:30pm	TH	7/17	Nagasawa	102, PHEC	\$48
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Crafts

Ceramics – All Levels

Express your creativity in clay, or learn to cast greenware using a variety of molds. Learn the hand-building techniques of coil, slab, and pinch. Explore a variety of techniques, including stamps, texture, incising, and application of design and glazes. No wheel throwing.

831301	1:00-4:00pm	T	7/8-8/26			
	Sosnowski	207, PHEC	\$139			

Ceramics – The Fundamentals!

This course will get you started with the fundamentals of ceramics. Learn basic hand building and glazing techniques. Come and learn to express yourself with clay! All skill levels welcome. No wheel throwing.

834301	9:00am-12:00noon	F	7/11-8/29			
	Roberts	207, PHEC	\$139			

Jewelry - Friendly Beading

Gain beading confidence from the encouragement of others or work on independent bead projects with the help of a knowledgeable instructor.

831501	4:00-6:00pm	W	7/9-8/27	Trowbridge	114, PHEC	\$90
831503	1:00-3:00pm	F	7/11-8/29	Trowbridge	114, PHEC	\$90

Jewelry – Silver Soldering for the Kitchen Table Jeweler*

Create decorative headpins, jump rings, and simple clasps by adding soldering to your jewelry making toolbox.

833201	6:30-9:00pm	W	7/9-8/27	Trowbridge	114, PHEC	\$122
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Knitting Class – All Levels

After mastering the basic knit and purl stitches, learn variations to knit beautiful items for yourself, your home, or as gifts. Beginner supplies needed: #8 needles, one skein yarn (no black).

830101	10:00am-12:00noon	W	7/9-8/27	Holmes	112, PHEC	\$90
830103	6:30-8:30pm	TH	7/10-8/28	Holmes	112, PHEC	\$90

Lip Balm Making – Balsamo labial*

Use all-natural ingredients to make your own lip balm! Combine yummy flavors and creative labels for the perfect gift or treat. Leave with 4 lip balms and a recipe. \$15 materials fee payable to instructor in class.

Usa ingredientes naturales para hacer tu propio bálsamo labial. Saldrás de la clase con cuatro bálsamos y una receta. Hay una carga de \$15 para los materiales que entregar a la maestra en clase.

833901	6:30-8:30pm	T	8/26	Gilbert	102, PHEC	\$18
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Sewing - Basics

Beginning level students can continue to build skills such as hand sewing stitches, types of seams, seam finishes, zipper insertions, and hems. Class includes fabric choices and technique demonstrations. Students with more experience may choose your project with instructor approval. Supply list provided via email prior to the first class. Additional Items will be discussed in class.

Prerequisite: Sewing - Beginning or some sewing experience.

833701	1:30-4:30pm	T	7/8-8/26	Myers	110, PHEC	150
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Sewing - Beginning

Learn to use a sewing machine while focusing on garment sewing, including patterns, fabric, and construction. First project and supply list discussed at first class.

833601	6:00-9:00pm	T	7/8-8/26	Myers	110, PHEC	\$150
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Tunisian Crochet - as Fiber Art

Discover the artistic side of Tunisian crochet. Experiment with color work, unique stitch patterns, and creative techniques to transform the craft into a medium for fiber art.

835501	6:00-8:00pm	W	7/30-8/13			
	Striebich	113, PHEC	\$43			

Tunisian Crochet - Double-Ended Hook Techniques

Learn to use a double-ended hook in Tunisian crochet to work with two strands of yarn, creating dynamic designs either with the round or reversible pieces.

835601	6:00-8:00pm	W	8/20-8/27			
	Striebich	113, PHEC	\$29			



Tunisian Crochet - Projects for Autumn/Winter

Create a functional and beautiful project for autumn or winter, using Tunisian crochet techniques to design texture, color, and style for a cozy seasonal item.

835401	6:00-8:00pm	W	7/9-7/23			
	Striebich	113, PHEC	\$43			

Classes are open to adults 18 years and older.

Where indicated (*), a signed Waiver of Liability is required at first class, prior to participation.

Finance

Community Based Instructor – Would you like to join our instructional team?

Do you have a talent or knowledge to share? Not all teaching positions require a California Teaching Credential. Experience our flexible schedule (part-time, day, or evening) with students who love to learn! Class hosted by Program Coordinator.

858301	7:00-8:00pm	W	7/23	Schmitz	112, PHEC	FREE!
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Trust and Estate Planning Made Simple

Revocable Living Trusts avoid probate. You'll learn how trusts and wills work in a way that is easy to understand.

850101	7:00-9:00pm	T	7/22-7/29	McFalone	209, PHEC	\$30
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Welcome to Medicare

For those new to Medicare, this free class presented by the Health Insurance Counseling and Advocacy Program (HICAP) in Contra Costa County covers aspects of Medicare Health and related health insurance. If you have questions about the class, call HICAP (925) 655-1393 or visit cchicap.org

850201	7:00-9:00pm	T	7/15	Safianoff/Brown/Florek	114, PHEC	FREE!
850202	7:00-9:00pm	T	8/19	Safianoff/Brown/Florek	114, PHEC	FREE!

Fitness

T'ai Chi Chih - Joy through Movement*

This moving meditation is a series of 19 simple movements and poses easily learned and practiced. Enjoy the benefits that come from circulation and balance of Intrinsic Energy.

840601	11:00am-12:00noon	W	7/9-8/27			
	Roberts	MatRm, PHEC	\$61			
840602	6:00-7:00pm	TH	7/10-8/28			
	Roberts	MUR, LVAC	\$61			

Tai Chi Forms*

Tai Chi is effective exercise for mind and body health. Principles include mind-body integration, fluid movement, breath control, and mental concentration. Harmony of the inner and outer self may be achieved through the ongoing practice of Tai Chi. Wear comfortable clothes and flat shoes. Sandals are not recommended. **Prerequisite:** Completion of *Tai Chi for Arthritis – Beginning*.

843401	9:30-10:30am	T	7/8-8/26			
	Ladarre	MatRm, PHEC	\$53			

Tai Chi for Diabetes*

Designed to help improve control of diabetes by gently increasing physical activities, cellular uptake of glucose, and relaxation. A person does not have to have diabetes nor any prior Tai Chi experience to take this class. Wear comfortable clothes and flat shoes. Sandals are not recommended.

843001	9:30-10:30am	W	8/6-8/27			
	Ladarre	MatRm, PHEC	\$30			

Tai Chi for Energy*

This revitalizing program is comprised of two different yet complementary tai chi styles - Chen, combining fast and slow movements, and Sun, incorporating qigong (life energy) movements with agile stepping. Teaching will be adapted to the abilities of the class. Wear comfortable clothes and flat shoes. Sandals are not recommended.

843201	9:30- 10:30am	W	7/9-7/30			
	Ladarre	MatRm, PHEC	\$30			

Tai Chi for Energy - Part II*

This class is a continuation of Tai Chi for Energy. We will learn the second part of this combined Chen and Sun Style form. Chen style is complex, combining fast and slow movements. Sun style incorporates qigong (life energy) movements with agile stepping. These two seemingly contrasting styles have complementary internal energy. Teaching will be adapted to the abilities of the class. Wear comfortable clothes and flat shoes. Sandals are not recommended. **Prerequisite:** *Tai Chi for Energy*.

843901	9:30-10:30am	TH	7/10-8/28			
	Ladarre	MatRm, PHEC	\$53			

Yoga – Chair Yoga!*

Learn the benefits of yoga using a chair as a prop for support during gentle stretches appropriate for each student. Explore alignment, balance, mobility, strength, breath work, and meditation without the stress of getting up and down off the floor. All welcome. Bring a towel and a water bottle.

842401	10:15-11:15am	TH	7/10-8/28			
	Schlink	114, PHEC	\$53			

Yoga – Hatha Yoga– All Levels*

Build a good foundation in basic hatha yoga postures and terminology. Variations of the Sun Salutation are often used as a warm-up followed by a standing sequence, balancing poses, and seated poses. Straps, blankets, and blocks are provided; bring your own mat. Modifications and options are offered.

842601	6:00-7:00pm	W	7/9-8/27			
	Meyerkorth	MatRm, PHEC	\$53			

Yoga – Slow Flow Fusion Yoga– All Levels*

Using a variety of yoga practices, along with movements from physical therapy and ballet, instructor tailors this class to student's needs with the goal of improving balance, alignment, flexibility, and strength.

844001	9:00-10:00am	TH	7/10-8/28			
	Schlink	114, PHEC	\$53			

Classes are open to adults 18 years and older.

Where indicated (*), a signed Waiver of Liability is required at first class, prior to participation.

Teach With Us!



From finance to painting, yoga to electrical repairs, our program offers incredible variety for our adult learners. Do you have a skill or knowledge you'd like to teach? Come find out how to join our teaching team.

For information on how to become a teacher in our Lifelong Education Program check out our workshop "Community Based Instructor – Would you like to join our instructional team?" (page 23).

Otherwise, Program Coordinator, Jan Schmitz, is happy to answer questions at schmitzj@mdusd.org or call (925) 937-1530, or you can email us at lifelonged@mdusd.org.

Home and More

Interior Design for Beginners

Do you love interior design? Do you want to re-design your own space...but don't know where to start? Bring your creativity and come take the first step toward learning to design your space like a pro!

859301	6:00-7:30pm	T	7/8-8/12	Costa	112, PHEC	\$63
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Upholstery – Beginning*

Learn basic upholstery techniques, tools and their uses, and fabrics through demonstrations and hands-on projects. Our focus will be on frames, build-up of support, padding, and final fabric selection. No storage space available, no large projects. Supply list at the first class.

833801	9:30am-12:30pm	T	7/8-8/26
	Myers	207, PHEC	\$150



Language

Italian - Beginning

Have a great time learning Italian while making new friends. We will learn to greet each other, have conversations, read, learn grammar, and more. This is a combination class of beginning Italian and the next level. **Textbook:** *Italian in 3 Months* by Hugo, ISBN# 0-7894-3231-5 and *Italian Survival Guide* by World Prospect Press, ISBN# 978-0-9703734-0-3.

859701	10:00-12:30am	M	7/7-8/25	Schlink	114, PHEC	\$121
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Music



Classical Guitar – Advanced Beginners

Classical guitar class for advanced beginners: learn musical notations and easy guitar compositions. By the end of the class, students should be able to play simple pieces of classical guitar music with general knowledge of the guitars neck as well as hand positions. Elementary music and guitar knowledge required. Bring guitar with nylon strings, music stand, and a footstool.

859801	6:00-8:00pm	T	7/8-8/26
	Davora	CommRm, PHEC	\$96

Personal Enrichment

Creative Writing: Write Your Novel or Short Story

Learn the elements of novel and short story writing including how to develop characters, plot, and dialogue. Engage in writing exercises, readings, and sharing student work. All levels welcome!

856201	7:00-9:00pm	TH	7/10-8/28	DeJesus	113, PHEC	\$113
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Improv - Intermediate

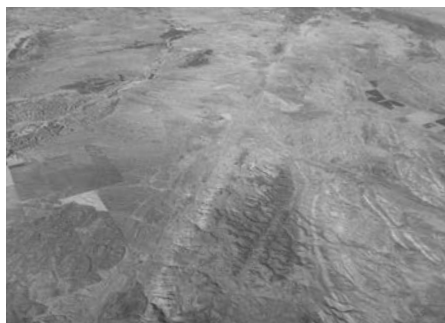
Build on the basic principles of improv and move forward with scene work and character development. Hone your skills to be closer to stage-ready! Prerequisite – Improv for All Levels or another beginning Improv class.

857701	5:00-6:30pm	TH	7/24-8/28	Rich	MatRm, PHEC	\$59
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A Virtual Geologic Field Trip along the San Andreas Fault System*

Join a professional geologist with 50 years' experience in California geology for a trip up the world's most famous fault. We'll delve into the fault's plate tectonic origins; geomorphology; history and earthquake risk, potential impacts, and preparations. Get ready for the Big One! Field trip on Saturday 7/26 from 8:00-10:00am is an easy walk.

891201	10:00am-12:00pm	TH	7/17-7/26			
	Steinpress	112, PHEC	\$43			



Technology

Achieving Confidence with Google Drive for Everyday Use

Learn to create, format, and present with ease using Google Docs, Slides, and Sheets. Perfect for boosting your computer skills and to gain confidence in everyday tasks. In-class computer provided (ok to bring own laptop). Class is at the Loma Vista campus.

885901	1:30-3:30pm	W	7/9-7/23	Cho	B-4, LVAC	\$43
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Classes below are Apple products only

All About iCloud

Think of iCloud as the glue that holds your Apple devices together, storing, and syncing information between all your devices and easily sharing it with others.

880501	10:30-12:30pm	T	7/8	Matthews	113, PHEC	\$25
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Apple Wallet and Apple Pay

Faster...easier...safer. With Apple Pay and the Wallet app on your iPhone, you'll not only travel lighter, your purchases will be more secure.

881101	1:30-3:30pm	T	7/8	Matthews	113, PHEC	\$25
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Apple Watch 1:01

We'll run through all the details of setting up and using your Apple Watch. We'll also delve into some scenarios in which Apple Watch plays a central role. Bring your iPhone and Apple Watch updated to iOS 18 and watch OS 11, respectively.

880001	10:30-12:30pm	T/W/TH/F	8/26-8/29	Matthews	113, PHEC	\$96
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Apps You Didn't Know You Had

Everyone knows about the Phone app, the Messages app, and Safari. But your iPhone contains a number of other apps that fly under the radar. We'll take a look at some of these hidden gems. Make sure your iPhone is updated to the latest version of iOS 18.

885801	10:30-12:30pm	T	8/12	Matthews	113, PHEC	\$25
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I H8 Pa55w0rds

Here's your chance to learn about Passkeys and password managers – which can simplify your life even as it gets more complex – and put password pain in the rearview mirror.

883901	10:30am-12:30pm	W	8/20	Matthews	113, PHEC	\$25
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Jet-setting with an iPhone

You've got a trip coming up and your iPhone is a perfect traveling companion. Bring your iPhone updated to the latest version of iOS.

884801	1:30-3:30pm	T	8/12	Matthews	113, PHEC	\$25
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Classes are open to adults 18 years and older.

Where indicated (*), a signed Waiver of Liability is required at first class, prior to participation.

Technology (continued)

Messages...and More

Messages aren't just for text anymore. You can include pictures, videos, handwriting, animated emoji (even one that looks like you!), and more. We'll teach you how.

880201	10:30-12:30pm	TH	7/17	Matthews	113, PHEC	\$25
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Personalize your iPhone

Your iPhone can truly become youriPhone. We'll tinker with the lock screen, home screens, and the Control Center so they are just the way you like them.

884601	1:30-3:30pm	TH	7/17	Matthews	113, PHEC	\$25
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Photos: Take, Organize, Edit, and Share

Even if you've taken this class before, it's time to take it again. Apple has given the Photos app its biggest redesign ever as well as weaving in new features through Apple Intelligence. We'll cover all aspects of the Camera and Photos apps.

880701	10:30am-12:30pm	T/W/TH	7/29-7/31	Matthews	113, PHEC	\$72
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What's a Podcast?

Want something to listen to during a morning walk? Would you prefer to sleep in rather than wake up early to listen to a favorite radio broadcast? If so, then podcasts are for you.

880601	1:30-3:30pm	W	7/30	Matthews	113, PHEC	\$25
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Where Is It?

We rely on the computers in our life to keep track of a lot of stuff. But where, exactly? How is it organized? And more importantly, how can we find it when we need it.

883701	1:30am-3:30pm	W	8/20	Matthews	113, PHEC	\$25
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For Computer Basics; Microsoft Word, Excel, and PowerPoint see page 10

Woodturning

Woodturning 101- Introduction to Woodturning*

Learn the fastest growing craft activity in the USA. Class includes wood lathe operation, tools, safest techniques, fun turning activities of increasing complexity, and projects to take home. First class is mandatory. **Prerequisite:** *Willingness to learn.*

Textbook: *A Lesson Plan for Woodturning*; sold in class for \$30.

873601	1:00-4:00pm	M	7/7-8/25	Rodgers	108, PHEC	\$196
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Woodturning 201- Basic Bowl Turning*

The next step in woodturning. Learn new tools and techniques used to turn wooden bowls including information on design and multiple techniques for mounting and turning. **Prerequisite:** *Woodturning 101 at PHEC.* **Textbook:** *A Lesson Plan for Woodturning*; sold in class for \$30.

874301	6:00-9:00pm	T/TH	7/15-7/31	Batti	108, PHEC	\$164
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Woodturning 250 – Intermediate Bowl Turning*

In class, students will be using dry wood. Students will examine possibilities of form and function, reinforce and expand on previously learned techniques. Students will explore their personal aesthetics as well as classical, proven composition.

Prerequisite: *Woodturning 201 – Basic Bowl Turning at PHEC.*

878501	6:00-9:00pm	T/TH	8/12-8/28	Batti	108, PHEC	\$188
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Classes are open to adults 18 years and older.

Where indicated (*), a signed Waiver of Liability is required at first class, prior to participation.

Woodturning (continued)

Woodturning - Pen-tastic*

Come and turn some pens! Explore and expand your approach to basic pens. Kits will be changed into something new and different: depending on the wood and using different parts, shapes, and personal creativity. **Prerequisite:** Woodturning 101 at PHEC. One hour lunch.

860401	9:00am-4:00pm	T/W	7/15-7/16	Foster	108, PHEC	\$128
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Woodturning - Independent Projects Open Shop*

A vast selection of tools and accessories will allow you to undertake most projects under the guidance of expert coaches.

Prerequisite: Woodturning 101 at PHEC. Must register prior to attending class.

874101-	9:00am-12:00noon	F	7/11-8/29	Duncan	108, PHEC	\$15/class
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874108

874113-	1:00-4:00pm	F	7/18-8/29	Foster	108, PHEC	\$15/class
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874119

Woodworking

Woodworking – Box Making*

Students will build a small box using a veneered pattern of your own design. The miter box fold construction allows the veneer pattern to seamlessly wrap around the box. Lining of your box will also be demonstrated. First class is mandatory. **Prerequisite:** Introduction to Woodworking Parts I and II at PHEC, no exceptions. \$60 material fee payable to instructor in the first class.

865001	6:00-9:00pm	W	7/9-8/27	D'Amico	208, PHEC	\$183
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Woodworking – Hand Tool Skills - Dovetails*

Considered our Woodworking Part III class. Learn to use common hand tools to prepare dovetails, mortise and tenon joints while building a beautiful Shaker tray or tool tote with dovetails saws, bench planes, and chisels. Students will furnish their own project lumber by second class. **Prerequisite:** Introduction to Woodworking Parts I and II at PHEC, no exceptions.

877701	6:00-9:00pm	T	7/8-8/26	Langlois	208, PHEC	\$168
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Woodworking – Independent Project Open Shop*

Our well-equipped shop, complete with a wide selection of tools and accessories, allows you to undertake most projects with the expert assistance of knowledgeable woodworking staff. **Prerequisite:** Introduction to Woodworking Parts I and II at PHEC, no exceptions.

875101	9:00am-12:00noon	W	7/9-8/27	Gipps/Hennessy	208, PHEC	\$120
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875102	1:00-4:00pm	F	7/11-8/29	Appleton	208, PHEC	\$120
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Woodworking – Scroll Saw Workshop – All Levels*

Learn valuable woodworking skills while using the scroll saw to create beautiful wood projects such as decorative clocks, trivets, compound ornaments, custom signs, fretwork music boxes, etc. Students will learn to attach patterns to wood and make intricate cut projects that family and friends can use and admire. They will be able to correctly color and finish wood working gifts. No Prerequisites. Everyone welcome!

876601	1:00-4:00pm	M	7/7-8/25	Bean	208, PHEC	\$155
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Woodworking – Windsor Chairs 101*

Learn the basics of Windsor chair building by making a bow back. From shaping the seat, to steam bending the crest rail, to drilling the compound angle holes. We provide the wood and some basic tools. First class is mandatory. **Prerequisite:** Introduction to Woodworking Parts I and II and Woodturning 101 - Introduction to Woodturning, no exceptions.

865101	9:00am-12:00pm	F	7/11-8/29			
	Stolte	208, PHEC	\$233			



Woodworking - Diablo Woodworkers

Join other woodworkers for a monthly exchange of ideas and information. Guest speakers often demonstrate unique aspects of woodworking. Class alternates between meeting in-person and meeting online using Zoom. The location is announced in the monthly newsletter. Email David Lipscomb for information, davidlipscombii@comcast.net.

875801	7:00-9:00pm	W	7/9	Lipscomb	MUR, PHEC/Zoom	FREE!
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Classes are open to adults 18 years and older.

Where indicated (*), a signed Waiver of Liability is required at first class, prior to participation.



Notices — For the Adult Education Policy and Administrative Regulations of Mt. Diablo Adult Education and a list of Accreditations, please see our website at mdae.mdusd.org.

Children – Children are not permitted in classrooms, with the exception of selected Parent Ed and Family Literacy classes.

Complaint Policy – The policy is available in the Adult Education Offices at LVAC and PHEC. Please see our website for details at mdae.mdusd.org.

Nondiscrimination Policy – The policy is available in the Adult Education Offices at LVAC and PHEC. Please see our website for details at mdae.mdusd.org.

No Smoking – Board Policy and State Law prohibit smoking on any part of our campuses, including all parking areas.

Parking at PHEC – Parking is available days and evenings in the back adult education lot. Evening parking is permitted at the front of the school.

Term Dates – Summer term begins June 23. Start and end dates vary by program. Check program details on preceding pages.

Registration – All adult education classes are open to adults 18 years of age or older.

Privacy Statement – Please see our website for details at mdae.mdusd.org.

Refunds – For all Adult Education classes, not including CTE programs, requests for refunds must be received no later than two working days prior to the start of class. A \$15 processing fee will be deducted from each refund. A full refund (no processing fee) will be given to students if Adult Education cancels the class. Refunds for CTE programs are made according to a specified refund schedule. For refund details, see Board Policy and Administrative Regulation #6200 at mdae.mdusd.org.

Fees – Fees are based on a minimum number of enrollments. Classes may be canceled, hours reduced, or fees increased if minimum enrollments are not achieved. Pay by cash (exact change please), check, Visa, Mastercard or Discover. **\$10 service charge for returned checks.**

Class Location Guide

AJCC/ LVAC	AJCC Access Point at Loma Vista Adult Center 1266 San Carlos Ave., Concord	COMM	Varying sites within the community.	MEAD	Meadow Homes Elementary 1371 Detroit Ave., Concord
BAE	Bel Air Elementary 663 Canal Rd., Bay Point	FOE	Fair Oaks Elementary 2400 Lisa Lane, Pleasant Hill	PHEC	Pleasant Hill Education Center One Santa Barbara Rd., Pleasant Hill
CAMB	Cambridge Elementary 1135 Lacey Lane, Concord	HVE	Hidden Valley Elementary 500 Glacier Dr., Martinez		
		LVAC	Loma Vista Adult Center 1266 San Carlos Ave., Concord		

Campus Maps

Loma Vista Adult Center (LVAC)

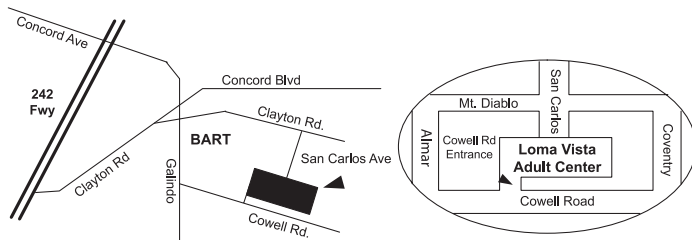
CAMPUS MAP AND OFFICE HOURS

1266 San Carlos Avenue, Concord, CA 94518 • (925) 685-7340



Office Hours: 8:00am-4:00pm, M-F

LVAC Holidays: May 26 (Memorial Day); June 19 (Juneteenth); July 4 (Independence Day); July 28-August 8 (Summer Recess); September 1 (Labor Day)



Pleasant Hill Education Center (PHEC)

CAMPUS MAP AND OFFICE HOURS

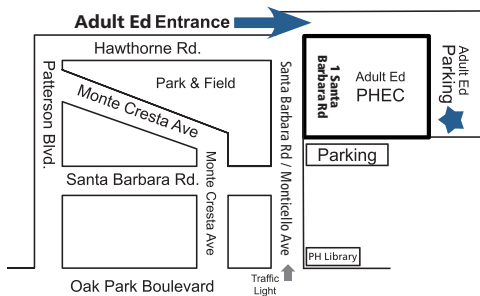
One Santa Barbara Road, Pleasant Hill, CA 94523 • (925) 937-1530

Office Hours: 8:00am-4:00pm, M-F (closed 1-2pm, daily)

PHEC Holidays: May 26 (Memorial Day); June 19 (Juneteenth); July 4 (Independence Day); September 1 (Labor Day)

Parking and Directions: PHEC is a campus shared by Mt. Diablo Adult Ed and Pleasant Hill Middle School. To reach the Adult Ed parking lot and classrooms, search your map app for Pleasant Hill Middle School, then proceed to the back of the campus. You cannot see the Adult Ed lot from the front of the campus.

Note: For cooking classes, park at the front of campus and proceed to Rm 102.



Upcoming Events at MDAE

June

- 4 Summer Registration Opens
- 7 High School Graduation
- 23 Summer Term Begins

July

- 7 Lifelong Education Summer Program begins

August

- 20 Dental Assistant Commencement
- 21 Central Contra Costa Career and Resources Fair

Watch website for ESL Registration appointments to begin

September

- 27 Educating Together 2025



Mt. Diablo Adult Education
1266 San Carlos Avenue
Concord, CA 94518

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Educating Together 2025

PARTNERING WITH PARENTS FOR SUCCESS

(formerly known as Parent Conference)

This Mt. Diablo Unified School District event provides workshops for parents and guardians to support their child's educational and emotional development. The workshops will cover topics including communication, learning styles, navigating the school system, positive behavior, academic success, emotional development and more.

The Educating Together conference allows parents to engage with educators, exchange ideas with other parents, and learn parenting skills.

After the workshops, there will be a Community Resource Fair where parents can connect with experts and find information and resources on parenting, child development, education, health, and more!

**Saturday,
September 27**

at Loma Vista
Adult Center
8:00am - 1:00pm



OFFERING CLASSES AND PROGRAMS FOR VARYING AGES, INTERESTS, AND ABILITIES

ADULTS WITH DISABILITIES | ADULT BASIC EDUCATION | HIGH SCHOOL DIPLOMA | HIGH SCHOOL EQUIVALENCY | ENGLISH AS A SECOND LANGUAGE | FAMILY LITERACY | CITIZENSHIP | PARENT EDUCATION | CAREER AND TECHNICAL EDUCATION | LIFELONG EDUCATION