

# RMS-CES ROCKET NEWSLETTER

June 2024



June

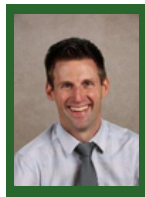
June 5th-September 2nd  
Summer Break

Summer



*At RMS-CES, students are empowered to become innovators through engaging, authentic and developmentally appropriate opportunities, access to a strong academic foundation, and a commitment to lifelong learning.*

*We are a STEM (Science, Technology, Engineering, and Mathematics) School with a focus on Environmental Studies.*



## From the Principal

*Dear Rockford Families,*

As we wrap up another remarkable school year, I wanted to take a moment to extend my heartfelt gratitude to each and every one of you. This year has been filled with growth, learning, and countless achievements, and none of it would have been possible without the unwavering support of our incredible community.

**Parents and Guardians:** Your dedication to your children's education is truly inspiring. Your involvement, whether through attending school events, supporting homework routines, or simply being there to listen, has made a significant difference. Thank you for partnering with us and for trusting us with the education and development of your children.

**Students:** I am so proud of each of you. Your hard work, curiosity, and resilience have shone brightly throughout the year. You've tackled challenges head-on, celebrated successes, and grown in ways that will serve you well in the future. Keep that spirit of determination and enthusiasm alive as you head into the summer.

**Staff:** Your tireless efforts and unwavering commitment to our students' success have not gone unnoticed. The creativity, care, and dedication you bring to our school each day create an environment where students can thrive. Thank you for your passion and professionalism.

As we look back on this year, it's clear that our collective efforts have made a lasting impact. Each one of you has played a crucial role in making our school a place of learning, growth, and community.

# RMS-CES ROCKET NEWSLETTER

June 2024



## From the Principal...continued

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Looking ahead to the summer, I encourage everyone to keep the spirit of learning alive. Here are a few suggestions:

- **Encourage Reading:** Whether it's a novel, a magazine, or an interesting article online, reading is a wonderful way to continue learning. Perhaps set a family reading challenge or visit the local library together.
- **Learn Wherever You Are:** Summer offers countless opportunities for learning outside the classroom. Explore nature, visit museums, try out new recipes, or engage in creative projects at home. Every experience is a chance to learn something new.
- **Connect with Others:** Relationships are vital for our well-being. Spend time with family and friends, make new connections, and cherish the moments you share.

As we prepare for the next school year, please remember to check our school supply lists, which will be available on our website and in this newsletter. Having the right materials ensures that students can start the year off prepared and ready to learn.

I wish you all a wonderful, restful, and joyful summer. Thank you once again for your support and partnership. We look forward to welcoming you back for the 2024-2025 school year with energy and excitement.

Warm Regards,  
Paul Warzecha  
RMS-CES Principal



Report cards are available to  
view on Infinite Campus!



## CHARACTER STRONG!

These CharacterDare challenges also provide students with more opportunities to practice habits discussed in class such as:

- Conversation Starters: Ways to practice positive communication for the whole family.
- Acts of Kindness: Simple ideas to support each other at home and in the community.
- Recreation and Rest: Fun and relaxing ways to unwind and enjoy each other's company.
- Expressions of Love: A variety of invitations family members can use to give & receive love.

*This school year students and staff have been participating in weekly Character Strong lessons during their Boost classes. As we move into the new year we would like to introduce you to Family CharacterDares. Each Family CharacterDare offers families the opportunity to engage in challenges designed to increase connection and conversation at home.*



### Guided Imagery

Guided imagery can have many health-related physical and emotional benefits. The steps that follow can help you teach teens to use their imaginations to actually change how they are feeling and what they are focused on.

[www.changetochill.org](http://www.changetochill.org)

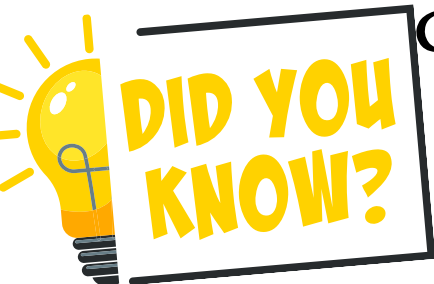


**Attendance Works**

Advancing Student Success By Reducing Chronic Absence

Please click [HERE](#) to read more about Chronic Absentism

Since COVID, chronic absenteeism has increased substantially. Up to 30% of Minnesota students are considered chronically absent. The criteria for being considered chronically absent is missing 10% or more of school days. When students are absent from school they miss critical instruction time and are at the greatest risk of falling behind. Please review the link below to learn more.



## School-Based Therapy

NYSTROM  
& ASSOCIATES



Mrs. McKayla Kent

As the school-based therapist at RMS, I am available to work with students before, during, and after school hours on Tuesdays and Wednesdays with the understanding that I do not request sessions with students during their core classes. Sessions last from 45-60 minutes and, unless needs require otherwise, are held weekly.

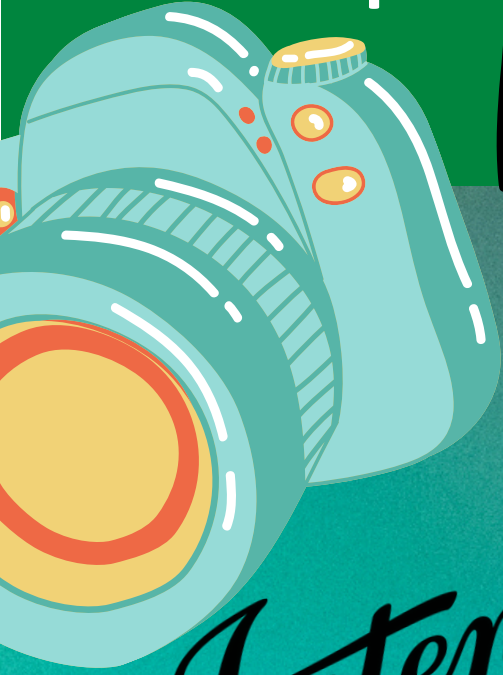
On occasion, sessions involving parents and students are required as part of the therapeutic process to ensure that the family dynamics that may contribute to student behaviors are addressed as well. I also am available as a resource for staff to provide any training or input for interventions or needs as they come throughout the year.

### My HOURS

Monday-  
Thursday 7:30-  
5:30pm







# News

## MARK YOUR CALENDAR!

For the 2024-2025 School Year

Picture Day will be  
on September 12th, 2024

*Picture re-takes will be  
on October 8th, 2024*

*Fostens*

LISTS  
School  
Supply

## 2024-2025

5th Grade

6th Grade

7th Grade

8th Grade



# RMS-CES | PARENT-COMMUNITY

## youth Mental Health Resource



**Mental  
health  
matters**

# CTSS

**Children's Therapeutic Services + Supports Program**

Opening November 2023

### What is CTSS?

We are here to help youth unleash their inner greatness. CTSS is individualized treatment for children and young adults managing mental health conditions. Our team of licensed psychotherapists and mental health practitioners provide services ranging from 3-5 hours weekly. We are representative of the communities we serve to ensure our youth receive culturally responsive clinical care. We serve youth in the Twin Cities metro area.

### Treatment Goals

- Decreased mental health symptoms
- Decreased oppositional behavior
- Reduced out-of-home placements
- Reduced juvenile court involvement
- Improved academic performance
- Improved peer relationships

### CTSS is available for youth & young adults

- Ages 4-21 years
- Diagnosed with a mental health condition
- MA approved provider
- Accept most major insurances

**KWST**  
Behavioral Development Group

333 N. Washington Ave. Suite 302  
Minneapolis, MN 55401



### For inquiries or referrals

612-349-2748  
ksaffold@kwstbdg.org  
kayeann@kwstbdg.org



# News



**ROCKFORD FOOTBALL 2024-25  
SPIRIT WEAR NOW AVAILABLE FOR  
ORDERING. ORDERS DUE BY JUNE 9,  
2024.**

**CLICK HERE TO BE DIRECTED TO THE  
ONLINE TEAM STORE**

## **ROCKFORD ROCKETS FOOTBALL T-SHIRT PRE-ORDERS**

The Rockford Rockets football team is selling apparel again this year to help support their team. The choices this year include short sleeve t-shirts (Dri-fit available), long sleeve t-shirts (Dri-fit available), sweatshirts, and hoodies. Choice of a women's cut is available on some items. Apparel comes in five different colors - forest green, white, black, grey or light pink.

If you have any questions, please contact Coach Houghton at [houghtond@rockford.k12.mn.us](mailto:houghtond@rockford.k12.mn.us).





**PROJECT  
pencils**

Providing school supplies for  
Wright County's students in need

# News



• donate • request help • volunteer •

[www.ProjectPencils.com](http://www.ProjectPencils.com)



**Project Pencils is starting to collect school supply lists for the 2024-2025 school year.**

Our 501(c)(3) organization collects and donates school supplies for children in need in Wright County. Last year, we were able to provide 669 students with all of their specific school supplies, including new backpacks for everyone who needed one. We expect to help 800 students this year.

Families that have financial difficulty purchasing school supplies for their K-12 students can complete the request form (only available from June 1-July 31 each year) on our website at <http://www.ProjectPencils.com/request.html> and we will post a request in our closed Facebook group for volunteers to "adopt" the student. The only info we share with our volunteers to help them purchase the correct supplies and a backpack for each student is the student's school, grade, sex, and favorite colors (optional).

They can pick up the supplies at Hollee's home in St. Michael (we send the address to anyone who completes the form) on the following dates:

Saturday, August 17 from 8 a.m. - 11 a.m.

Tuesday, August 20 from 5 p.m. - 8 p.m.

Our website is [www.ProjectPencils.com](http://www.ProjectPencils.com). We post information in our Facebook group, <https://www.facebook.com/groups/ProjectPencils>, about those who need to be "adopted."

Please let us know if you have any questions.

Thanks for all you do. We hope you have a fun, relaxing, and rejuvenating summer!

Yours in Service,

Hollee Saville  
President, Project Pencils  
[www.ProjectPencils.com](http://www.ProjectPencils.com)







To recognize their hard work and celebrate a successful term in office, Ms. Kaufman, the student council advisor, arranged to take the Student Council members to Tacos La Chule Mexican Restaurant for a luncheon. This locally owned restaurant is walking distance from RMS-CES and was so excited to host our group.



RMS-CES | POINTS OF PRIDE

# Teacher Appreciation Week



# Thank You for Your Awesomeness

**TEACHER  
APPRECIATION  
WEEK  
MAY 6TH-10TH**

On Tuesday, the Rockford Education Foundation put on a yummy potluck lunch (thank you to all who donated food & funds to provide this for our staff)



Each day we found ways to express our sincerest appreciation for all our teachers & what they mean to us.  
We have the BEST teachers!

# RMS-CES | POINTS OF PRIDE

## Rockford Education Foundation



# Welcome Summer from the Rockford Education Foundation!

Thank you for an amazing year!

Your contributions, including donations, time and effort have made it possible for us to enhance and support education, maximizing the students' potential.

What an amazing year! To date, \$93,048 has been funded for the 2023-24 school year! This includes \$55,483 for the RMS-CES Media Center updates, \$9,786 for the REAMS Theater Stage and \$3,278 in supplies for the new RHS CNA classes!

Don't miss out!

Stay up-to-date on all the incredible projects you helped fund and what's coming in 2024-25 by following us on Facebook or joining our mailing list.

## School Supplies for 2024-25!

Get ahead on your back-to-school to-do list by ordering prepackaged school supplies through School Supply Toolbox. It's a breeze!

- Order here: <https://schooltoolbox.com/school-supplies/>
- Find our school, and select your child's new grade.
- Each box supply box matches the teacher's approved list, with the option to customize as needed
- Ships directly to your home
- Best of all, supports the Rockford Teacher Mini-Grant Program.

**RMS-CES | POINTS OF PRIDE**

*Rockford Education Foundation*



## New Executive Director for 2024-25

Starting July 1, 2024, Nikki Arvold will be stepping into the role as Executive Director for the Rockford Education Foundation.

**THANK  
YOU**

*We would also like to express our deep gratitude to Kelly Grimm for her outstanding service over the past 10 years. Under Kelly's leadership, the foundation has grown significantly, making a lasting impact on our community.*

*Thank you, Kelly, for your dedication and hard work.*



# RMS-CES | POINTS OF PRIDE

## Rock, Paper, Scissors....

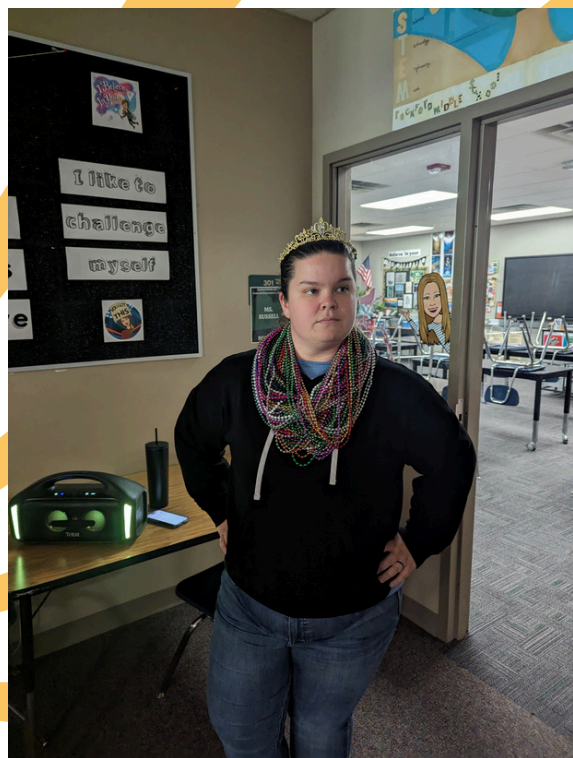


**RMS-CES STAFF COMPETED IN  
A FUN & COMPETITIVE GAME  
OF ROCK, PAPER, SCISSORS!**

**WINNER AT RMS KELLY MILLER**

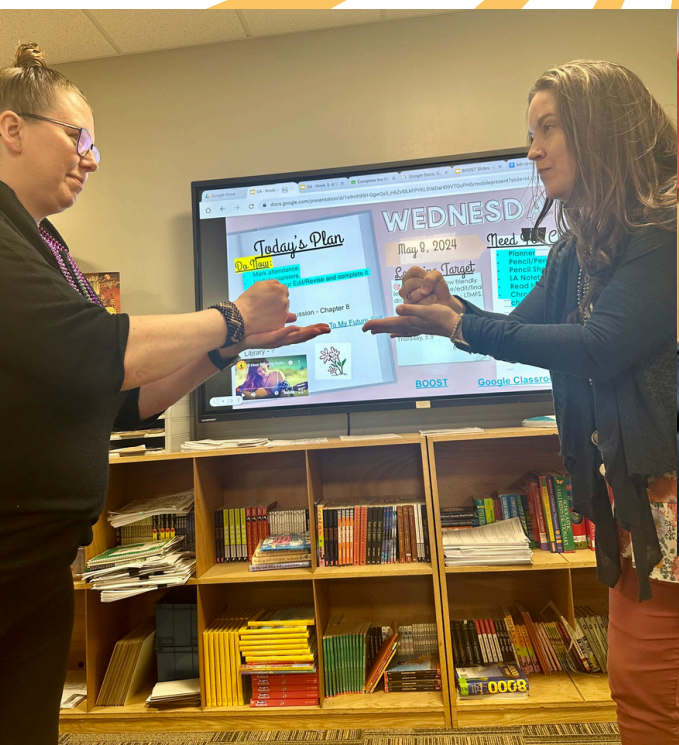
**TOOK ON RHS WINNER MR. DAN  
HOUGHTON**

**RPS CHAMPIONS DUALED OFF ON**

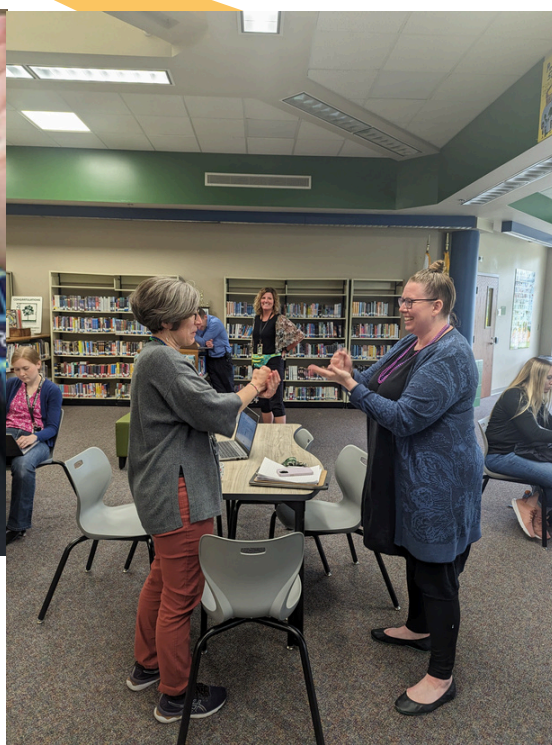


Ms. Korzendorfer & Ms. Carlson

Ms. Werth & Ms. Korzendorfer



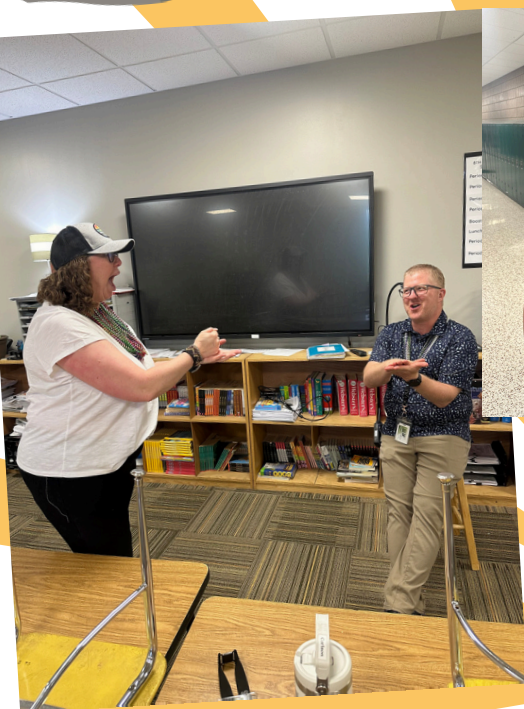
Mr. Westgaard  
showing off his  
wins





RMS-CES | POINTS OF PRIDE

Rock, Paper, Scissors....



RPS CHAMPIONS DUALED OFF ON MAY  
21ST, WINNER IS: MR. DAN HOUGHTON





# RMS-CES | POINTS OF PRIDE

## FOOD TRUCK DAY by Taher



THANK  
YOU

THE STUDENTS AT RMS  
ENJOYED LUNCH  
SERVED FROM THE  
FOOD TRUCK! WHAT A  
TREAT TO EAT  
OUTSIDE!

THE ROCKFORD FIRE  
DEPARTMENT MADE AN  
APPEARANCE DURING  
FOOD TRUCK DAY!

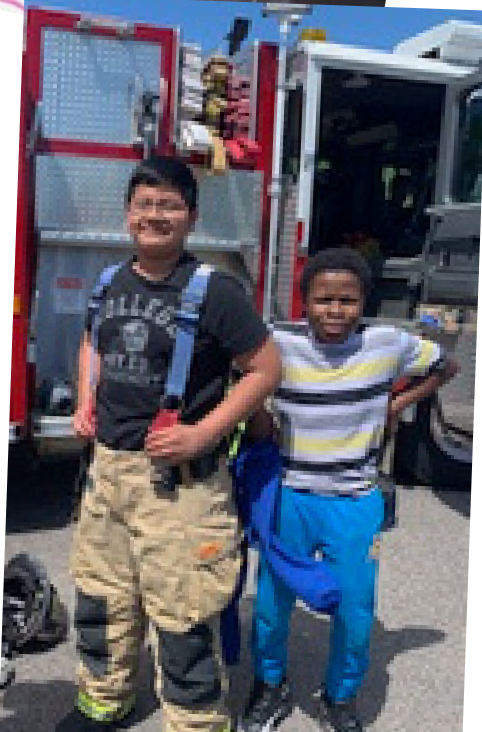
Thank You





# RMS-CES | POINTS OF PRIDE

## FOOD TRUCK DAY by Taher





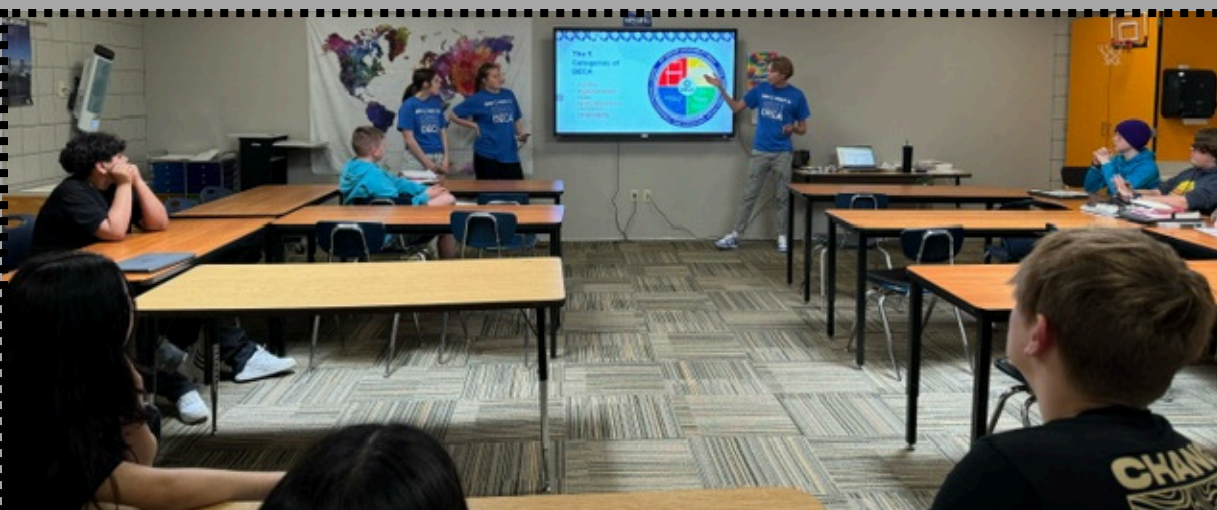
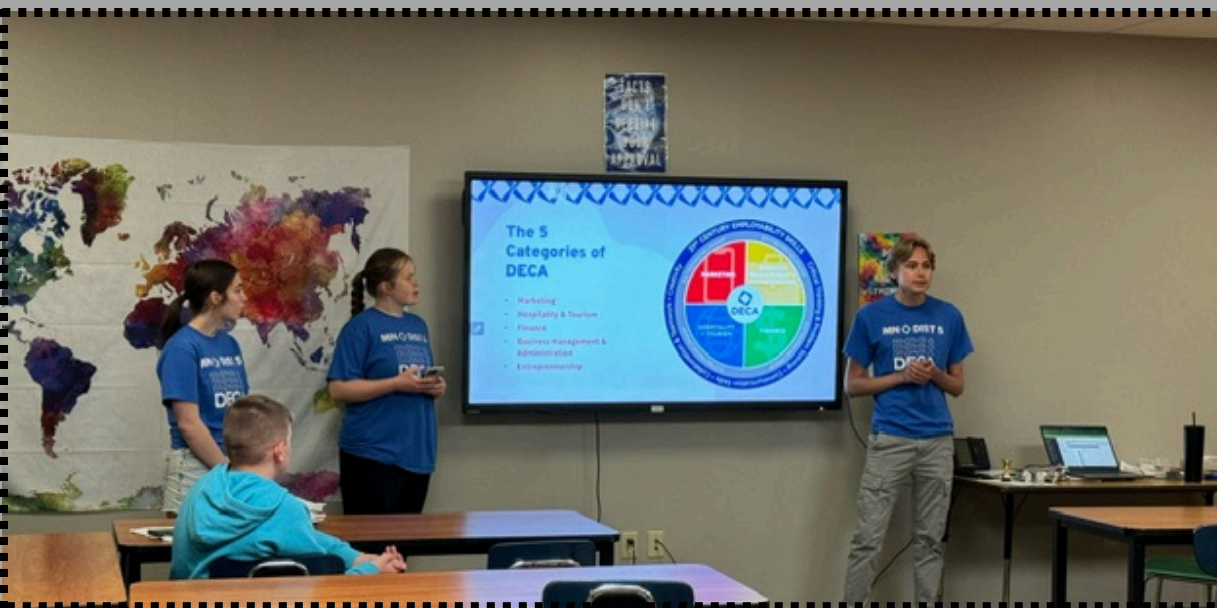
# RMS-CES | POINTS OF PRIDE

## DECA



DECA students from the high school challenged 8th graders to come up with their own Food Truck plan and menu, as a way to show students the amazing potential if they join DECA next year once they're in high school.

Thank you to all DECA students for sharing your excitement and wisdom about the DECA program!





# RMS-CES | POINTS OF PRIDE

## END OF THE YEAR



### 2023-2024 EXCELLENCE ATTENDANCE AWARD

## 8th Grade w/ Mrs Miller

8th Grade students had many fun activities planned for their last 2 days of school. On Monday, students participated in Minute To Win It games, which produced a lot of laughter and fun competition. Some of the games were Cookie Face, Cereal Box Puzzles, Marshmallow Toss, and more.

On the last day of school, students started out their morning with various activities before heading to Riverside Park in the afternoon. One morning activity was Nintendo Switch Sports and games, while other choices were Arts & Crafts rooms or movie rooms. We were all thankful the weather held out so we could have a warm and sunny afternoon at the park. It was a great last day, and a great way to send off our 8th Graders after their years at the Middle School. We are proud of you all!





# RMS-CES | POINTS OF PRIDE

## 6th Grade end of year FUN!





# RMS-CES | POINTS OF PRIDE

## 8th Grade goes bowling





RMS-CES| POINTS OF PRIDE

8th Grade Celebratory Walk



Congratulations!



**Student Council  
President:**

**Grace Oluwafemi**

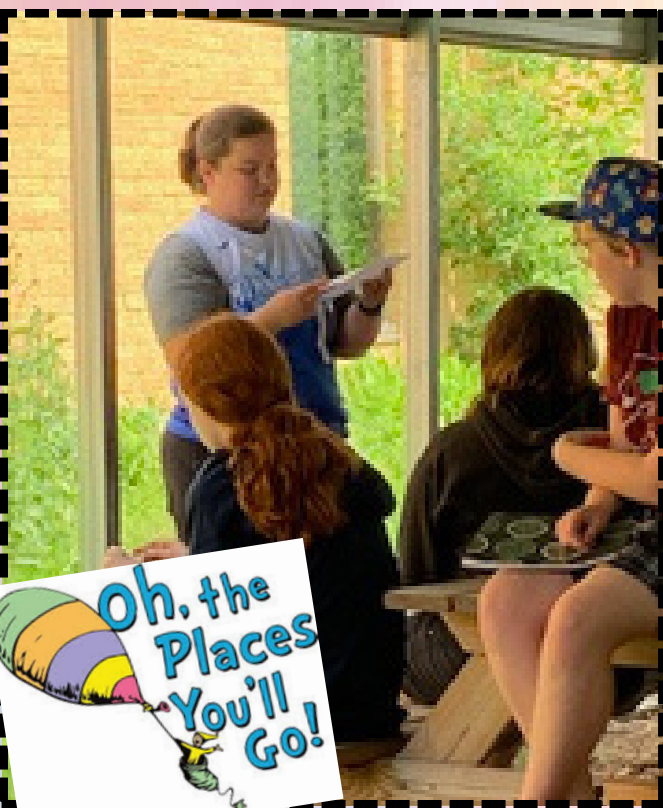
Grace spoke to her fellow classmates, thanking them for a great year!

**OH! OH!**

**8th Grade Teacher:  
Kelly Miller**

“be kind to each other. Learn about each other and the world around you”

“Like I always say when it’s work time in class..... Do good things!



# RMS-CES | POINTS OF PRIDE

## 8th Grade Celebratory Walk



# TRADITION



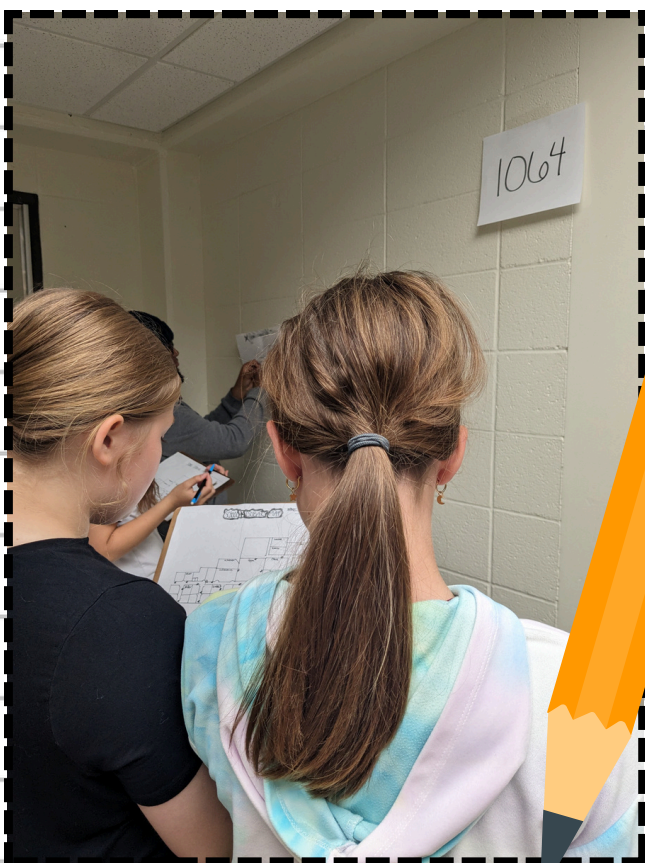


# RMS-CES | POINTS OF PRIDE

## 6th Grade Science



STUDENTS ROAMING THE HALLWAYS? SEEMS LIKE A BAD IDEA UNLESS THEY ARE COLLECTING DATA TO CREATE A WEATHER MAP OF PRESSURE WITHIN THE SCHOOL. RMS-CES 6TH GRADE SCIENCE STUDENTS SPENT TIME ON A SCAVENGER HUNT TO COLLECT DIFFERENT AIR PRESSURE READINGS AROUND THE SCHOOL. THEN THEY RETURNED TO THE CLASSROOM TO CREATE AN ISOBAR MAP TO IDENTIFY HIGH AND LOW PRESSURE ZONES AND CONNECT THESE IDEAS TO OTHER PATTERNS IN WEATHER.



# RMS-CES | POINTS OF PRIDE

## STOCK MARKET GAME



The **Stock Market Game** Allianz Challenge is an interactive learning program for students in grades 4-12 and is managed in Minnesota by BestPrep, a local nonprofit. Students work in teams to invest a virtual \$100,000 over 14 weeks, competing with other Minnesota students for the highest-valued portfolio.

**ROCKFORD MIDDLE SCHOOL-CES**

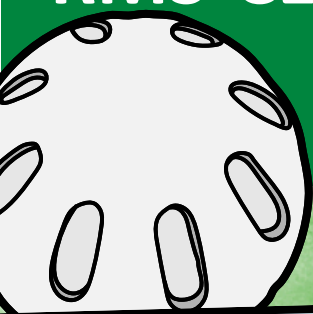
**3RD PLACE TEAM (JENNA K., AVA S., AND RYAN E.)**





# RMS-CES | POINTS OF PRIDE

## Wellness Activity



**BOB, THE  
HORSE,  
CAME FOR A  
VISIT TOO!**