

INDEPENDENT SCHOOL DISTRICT 309  
301 Huntsinger Ave  
Park Rapids, MN 56470

Non-Profit Organization  
PARK RAPIDS, MN 56470



PARK RAPIDS AREA SCHOOLS  
Preparing Today's Learners for Tomorrow's Challenges



**IMPORTANT SCHOOL INFORMATION ENCLOSED**

**SCHOOL STARTS SEPTEMBER 3rd, 2024**

Dear Park Rapids Area Parents,

Every year around this time, I feel a sense of excitement for the beginning of a new school year. On September 3rd, school will be back in session! This time of year often brings a mix of emotions for many of us, but it's important to remember that the start of the school year is a new beginning for everyone.

Reflecting on the past year and looking ahead, I am truly enthusiastic about the direction of Park Rapids Area Schools. The district's vision to continually strive for innovation and creativity is transforming our educational opportunities and programs for students.

Our district has seen many physical changes over the past year. We have all witnessed the 7th/8th grade addition, auxiliary gym, district offices, parking lot, and bus garage take shape. This summer will complete the consolidation of the Early Childhood programs at Century School, as well as the addition of secured entrances at both ends of the building. The High School continues to be renovated, with the East Academic area complete and ready for use this fall.

In the coming year, we will witness even more changes in our facilities and programs as PProject 309 progresses. As soon as the East Academic area at the High School is complete, construction will begin in the West Academic area. Additionally, the Food Service kitchen, Transportation Lab, and Alternative Learning Center will continue to be constructed during the school year.

Next summer will conclude our work on PProject 309 with interior renovations in the High School commons area, auditorium, and locker room. By the fall of 2025, all our facilities and programs will be completed, offering our students a state-of-the-art environment that prepares them for future success.

As forward thinkers, we must continue to focus on providing a range of learning experiences that will challenge our students and prepare them for the competitive and ever-changing world we live in.

This fall will undoubtedly bring challenges for all of us. The district and building-level teams have worked hard to develop well-thought-out and safe plans. We are aware that flexibility will be essential as we implement these plans throughout the school year. I ask for your continued patience and flexibility as we navigate the temporary changes that PProject 309 continues to bring. Our primary goal remains health, safety, and the best educational opportunities for students, staff, and families.

With every new beginning, there will be questions and suggestions. I encourage students, parents, and community members to contact the school should the need arise. Park Rapids Area Schools look forward to working with you this school year. The 2024-2025 school year is going to be memorable, with high expectations for all in preparing today's learners for tomorrow's challenges!

Sincerely,



## IN THIS ISSUE:

- \*Board of Education
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- \*PR Education & Activities Foundation
- \*K12 Accident Insurance
- \*LINQ Family Portal
- \*ParentVue
- Facebook, Instagram & Twitter:  
Follow Us for ISD 309 School News

ARE YOU RAISING, OR DO YOU WORK WITH TEENAGERS?  
THEN THIS IS FOR YOU!

# UNDERSTANDING THE TEENAGE BRAIN

*Parents and community members are welcome to join Park Rapids School staff for this free session. Don't miss this opportunity to gain valuable insights into a teenager's mind!*


 **MONDAY, AUG. 26, 2024**


 **1:00 - 2:30 PM**

 **PRAHS AUDITORIUM**



**USE QR CODE OR LINK TO REGISTER NOW:**

 **218-237-6418**

 **[www.theconnectioncoach.org](http://www.theconnectioncoach.org)**

**Tara Brown**  
**The Connection Coach**



## Important Notes and Updates for the 24-25 School Year

- On August 28th, Open House for VPK & School Readiness is 4pm – 6pm, Century School is 4:30pm-6pm, High School is 5:30pm-7:00pm.
- On September 3rd, our VPK, Pre K-9<sup>th</sup> grade will be present for classes ONLY, then on September 4<sup>th</sup> all students will return.
- Enclosed in your packet you will find the 2024-2025 Ethnic and Racial Demographic Designation. Once filled out this form should be returned to your child's school in the office.
- All volunteers who have direct unsupervised student contact, who accompany students off campus, who are responsible for working with students on campus, but outside the regular classroom structure will need to have a current background check on file with the District Office. If you need a background check, please contact Marie Frost at 218-237-6508.

## Important Dates for the 24-25 School Year

- 8/28 Open House Kindergarten through 12<sup>th</sup> Grade
- 8/28 Open House VPK & School Readiness
- 9/03 School begins, VPK, Pre K-9 grades
- 9/04 All Grades are present
- 9/6 High School Picture Day
- 9/25 Elementary Picture Day
- 9/26 Middle School Picture Day
- 11/06 M/W VPK and Elem retake Picture Day
- 11/07 T/TH VPK and Middle School retake Picture Day
- 5/23 Last day of School
- 5/25 Graduation



- 10/14 HS Choir Concert
- 11/18 HS Band Concert
- 12/09 HS Choir Concert
- 01/27 6-12 Band Concert
- 02/10 HS Choir Concert
- 04/24 HS Band Concert
- 05/12 MS Band Concert
- 05/14 HS Choir Concert
- 05/14 HS Choir Concert

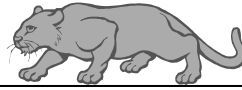
PTA Book Fair's. Please watch for information regarding book fairs from your child's teacher, on the school website, or on our Facebook site.



PRAVA, Park Rapids Area Virtual Academy, is a MN State Approved Online Provider serving students in grades six through twelve. PRAVA is an alternative for Panther students and families who value learning from home. Check us out at: <https://www.parkrapids.k12.mn.us/PRAVA>.

**Now  
Accepting  
Applications**





Dear Parent/Guardian:

Welcome back to a new school year!

Qualifying meals are free this year! But please make sure you are still filling out your Free and Reduced Lunch Applications as there are many benefits in doing so. Milk, extra entrees and Ala Carte “High School Only” will be available for purchase.

Breakfast – We offer 3 or 4 components: meat or meat alternative, bread or grain, fruit and vegetable group, and a variety of milk. Students must take 3 items, but may take all 4, for a reimbursable meal.

- K-4 provides approximately 500 calories
- 5-12 provides approximately 588-600 calories

Lunch – We offer 5 components: meat, bread, fruit, vegetable, and milk.

- Targeted caloric amounts are – elementary 640 calories, middle school 700 calories and high school 800 calories
- The menus are the same for all schools, except we offer alternative main entrée choices plus larger fruit and vegetable services for the high school students.
- High School students will also have snacks options at the Ala Carte available.

For students needing a lactose free option for milk, or students with disabilities or food allergies, a note from your physician as well as the Special Dietary Statement will be required. The Special Dietary Statement can be requested from the Food Service Office.

We encourage all parents to use the Linq Connect Portal, <https://linqconnect.com/>. This allows you to make lunch payments, pay for fees, fill out lunch applications, check lunch menus and more. More information can be accessed on the district webpage under the food service tab or by contacting me.

Free and reduced lunch applications can be filled out online at <https://linqconnect.com/> or by using the Linq app on your handheld device. The application can also be accessed through the district website or by contacting Kim Splett at 237-6500 or stop into any of our offices at your convenience. If you need assistance filling out the free and reduced application or have questions regarding the application please contact Kim or stop by the District Office between 8 a.m. and 4 p.m.

We look forward to the coming school year. Any questions about student lunch accounts, balances owed or our milk program can be directed to me.

Sincerely,

JT Clark

# It's More Than Just a Meal Application

Our meal application may affect many areas, see the examples below. We ask that ALL families complete our meal application each year to ensure continued funding to support ALL students in our district. You can fill out an application at <https://lingconnect.com/> or you can download one from our website [www.parkrapids.k12.mn.us](http://www.parkrapids.k12.mn.us) under the School Lunch tab, click on 2024-2025 Application for Educational Benefits. The application for educational benefits is also critical to receiving Compensatory Revenue from the state. Our school receives education funding from Compensatory Revenue which is a state aid that is generated from the number of qualified free and reduced applications we process each year. These funds directly benefit the school site your student attends.



## School Funding

Increased Funding to ensure students get the support they need to receive a comprehensible world class education



## Next School Year

Benefits carry over to mid October of the next School year



## Technology

Priority for receiving equipment for Distance learning needs



## School Meals

Free or reduced prices on nutritious meals



## College Application Fees

Waived fees when you fill out college applications



## Athletics/Phy. Ed.

Discounts on athletic fees and Physical Education uniforms



## ACT, SAT, AP Fees

Academic testing fee reduction



## Community Ed Classes

Reduced rates for some community education courses and Pre-school classes

Questions? Please contact Kim Splett, Food Application Coordinator at 218-237-6500 or by email [ksplett@parkrapids.k12.mn.us](mailto:ksplett@parkrapids.k12.mn.us) or JT Clark, Food Service Director at 218-237-6560 or by email [jtclark@parkrapids.k12.mn.us](mailto:jtclark@parkrapids.k12.mn.us)

# Board Of Education

## School Board Meetings

School board meetings are generally held the first and third Monday of each month at 6:00 p.m. in the Aquarium/Media Center at the High School, 401 Huntsinger Ave., Park Rapids. The first meeting will be a working meeting or discussion meeting and the second meeting will be business oriented. The public is welcome to attend. Board agendas, minutes and the meeting schedule are on the District 309 website at [www.parkrapids.k12.mn.us](http://www.parkrapids.k12.mn.us).

With proper notice the meeting schedule is subject to change. Meeting minutes and notice of change are published in the legal notice of the Enterprise and posted on the district website.

Any questions, individual concerns or problems can be directed to the classroom teacher, the principal, the business manager, the superintendent, or the school board.



## School Board Members

Sherry Safratowich, Chair  
Email: [ssafratowich@parkrapids.k12.mn.us](mailto:ssafratowich@parkrapids.k12.mn.us)  
Home# 218-732-8026

Dana Kocka, Clerk  
Email: [dkocka@parkrapids.k12.mn.us](mailto:dkocka@parkrapids.k12.mn.us)  
Home# 218-255-4438

Andrea Morgan, Director  
Email: [amorgan@parkrapids.k12.mn.us](mailto:amorgan@parkrapids.k12.mn.us)  
Home# 218-252-4866

Clayton Hoyt, Vice Chair  
Email: [claytonhoyt@parkrapids.k12.mn.us](mailto:claytonhoyt@parkrapids.k12.mn.us)  
Home# 218-237-7170

Jay Pike, Treasurer  
Email: [jaypike@parkrapids.k12.mn.us](mailto:jaypike@parkrapids.k12.mn.us)  
Home# 218-237-1493

Colter Diekman, Director  
Email: [cdiekman@parkrapids.k12.mn.us](mailto:cdiekman@parkrapids.k12.mn.us)  
Home# 218-252-4320

## Leadership Team

Lance Bagstad, Superintendent

Kent Fritze, Business Manager

Jeffrey Johnson, High School Principal

Mike LeMier, Century Principal

Steph Mercil, Elementary Assistant Principal

Mark Frank, Middle Assistant Principal

Eva Pohl, PAWN Special Education Director

Jill Dickinson, Community Education Director

Alan Vanderstad, Facilities Director

Todd Kumpula, Network Systems Coordinator

Jack Johnson, Transportation Director

JT Clark, Food Service Supervisor

## Transportation Guidelines for Park Rapids Area Schools - I.S.D. #309

Effective for the 2024-2025 School Year. Transportation Supervisor: Mike Arvik.

Per MN Statute 121A.59, riding the school bus is a privilege, not a right. The school district's general student behavior rules are in effect for all students on school buses, including nonpublic and charter school students.

The driver of the school bus has an important mission to provide safe, reliable transportation for the students of our district. Their primary focus is on the road and motoring public. The driver can't always see what is going on in the bus. The bus is an extension of the classroom, it is expected that students follow the same rules of the school in the bus. Failure to comply with the driver's instructions may result in disciplinary action.

To ensure the safety, security and schedule of the routes providing transportation for our students the following guidelines are implemented:

- All students must follow the directions/orders of the driver and/or Para.
- Only students assigned to the route/bus are allowed on the bus for that route, no guests.
- Students are allowed one pickup address and one drop off address. Students are not allowed to ride one bus one week and another bus the next.
- Students are expected to be at the stop waiting for the bus, the bus will not wait for students. It is recommended that you arrive 5 minutes prior to your scheduled pickup time. While waiting for the bus, students must be positioned off the roadway for safety reasons.
- If/when a student must cross a roadway, the student must wait for the driver's hand signal prior to crossing for safety reasons.
- Students will remain seated in their seats while the bus is in motion. While seated, students must keep all hands, feet and possessions out of the aisle and window.
- It is at the driver's discretion to assign seats as needed.
- The use of loud or profane language is prohibited. Students will not engage in scuffling or fighting. Students must not harass others. Students will not handle or tamper with other students' possessions.
- Parent/guardian must be present at pickup and drop off for students in grade 3 or less. The driver will return the student to school if no parent/guardian is present. Any deviation from this policy will require approved documentation for review and approval in advance.
- Change of address must be made through the school office prior to any bus/route change.
- New transportation requests may take up to 5 school days to process.
- No eating or drinking while on the bus without the driver's permission.
- Discard any garbage in the trash can at the front of the bus.
- Trespassing- A person who boards a school bus when the bus is on its route or otherwise in operation, or while it has pupils on it, and who refuses to leave the bus on demand of the bus operator, is guilty of a misdemeanor. (MN Statute 609.605 Trespass, Subd. 4a)
- The driver has the discretion to manage the bus in accordance with federal, state law and district policies as they see fit. This includes the use of assigned seating, food and beverage policies etc.
- If the student will not need to be picked up on their scheduled route in the morning, please call at your earliest awareness. 1-218-237-6570.



## **2024-2025 ANNUAL ASBESTOS NOTIFICATION**

As a result of federal legislation (Asbestos Hazard Emergency Response Act- AHERA), each primary and secondary school in the nation is required to complete a stringent inspection for asbestos and to develop a plan of management for all asbestos-containing building materials. Park Rapids School District has a goal to be in full compliance with this law and is following the spirit, as well as, the letter of the law. As a matter of policy, the district shall continue to maintain a safe and healthful environment for our community's youth and employees.

In keeping with this legislation, all buildings (including portables and support buildings) owned or leased by Park Rapids School District were inspected by an EPA accredited inspector and samples were analyzed by an independent laboratory. Based on the inspection, the school prepared and the state approved a comprehensive management plan for handling the asbestos located within its buildings safely and responsibly.

Furthermore, Park Rapids School District has completed the 3-Year Re-inspections required by AHERA. Our district buildings, where asbestos containing materials were found, are under repair, removal and Operations and Maintenance.

This past year, Park Rapids School District conducted the following with respect to its asbestos containing building materials:

- \* Continued our Operations and Maintenance Program
- \* Completed six-month periodic inspections
- \* A 3-year re-inspection was completed and all materials are in good condition.

Federal law requires a periodic walk-through (called "surveillance") every six months of each area containing asbestos. MacNeil Environmental, Inc will accomplish this under contract.

Short-term workers (outside contractors-i.e., telephone repair workers, electricians, and exterminators) must be provided information regarding the location of asbestos in which they may come in contact. All short- term workers shall contact the head custodian in the building before commencing work to be given this information.

Park Rapids School District has a list of the locations and types of asbestos containing materials found in each school building and the description and timetable for their proper management. Century School is free of asbestos. The High School building only has asbestos located in areas students do not have access to. A copy of the Asbestos Management Plan is available for review in the Buildings & Grounds office. Copies are available at 25 cents per page. Questions related to the plan should be directed to MacNeil Environmental, Inc., at 800-642-6730.

# **FACILITIES INFORMATION**

## **General Pesticide Notice for Parents or Guardians**

Dear Parent or Guardian:

A Minnesota state law went in to effect in the year 2000 that requires schools to inform parents and guardians if they apply certain pesticides on school property.

Specifically, this law requires schools that apply these pesticides to maintain an estimated schedule of pesticide applications and to make the schedule available to parents and guardians for review or copying at each school office.

State law also requires that you be told that the long-term health effects on children from the application of such pesticides or the class of chemicals to which they belong may not be fully understood.

If you would like to be notified prior to pesticide applications made on days other than those specified in the estimated schedule, please contact the Facilities Director Alan Vanderstad at 218-237-6416.

## **Indoor Air Quality Notification**

Park Rapids School District is proud to be taking a leadership role in providing a safe, comfortable and productive environment for our students and staff so that we achieve our core mission-educating students. Our school will follow the EPA guidance to improve our indoor air quality by preventing as many IAQ problems as possible, and by quickly responding to any IAQ problems that may arise. Good air quality requires an ongoing commitment by everyone in our school, because each of us daily make decisions and performs activities that affect the quality of the air we breathe.

School staff, students and parents can obtain checklists or self-help information so they can properly evaluate their child's home or other out of school situation by contacting the school. Staff and parents can also obtain information about school facility construction, maintenance and housekeeping practices, chemicals used, mold and HVAC related information, chemical producing academic subjects, and pesticide and herbicide applications to determine the extent to which school activities contribute to a child's symptoms by contacting the school.

The Park Rapids School District Indoor Air Quality contact person is MacNeil Environmental, Inc. If there are any questions regarding the school's IAQ Program, please feel free to contact 800-642-6730.

# Health Services

Dear Parent/Guardian,

We would like to begin the school year by helping you become acquainted with district health services and district health policies.

Park Rapids Area School Health Services Staff			
Staff Member	Building	Hours	Telephone
Tia Kocka, BSN, RN, LSN, School Nurse	Area High School	7:30-3:30	218-237-6441
Danielle Budzien, RN, Certified Nurse Specialist	Century Elementary/Middle School	7:45-3:30	218-237-6210
Heather Hopkins, RN, Certified Nurse Specialist	Century Elementary/Middle School	7:45-3:30	218-237-6210

## General Health Assistance

Students needing care for general health complaints such as colds, headaches, stomach aches or injuries may come to the health office during the school day. The health offices are open during school hours.

## Immunization Policy

No student shall remain enrolled in school or any school program unless they have an up-to-date immunization record or a notarized exemption form on file. Please notify the school of any updated immunizations your child receives to keep our records current. Please note the enclosed attachment for the Minnesota immunization law requirement for fall entry. **Transfer students: the Park Rapids School will request your health record from your previous school; however, it is the parent's responsibility to make sure the record is on file by the time of school entry.**

## Exclusion from School

At times it is necessary to exclude students from school until a particular health problem improves or medical advice is sought. Some conditions that may be reason for exclusions are, elevated temperature >100.4 degrees, vomiting or diarrhea within 24 hours, advanced cases of impetigo, scabies, head lice.

## Medication

Any medications, including **non-prescription** medication that must be given during the school day requires written consent from the parents. **Prescription** medication requires a medical provider's order as well as parental consent. The link to this form is [here](#). The medication consent form is included in this packet as well. **Medication must be sent in its original container or an appropriately labeled pharmacy container.** All prescription medication forms must be signed by the student's medical provider & parent/guardian and brought into the health office PRIOR to the student being administered medications at school. All medications that are not picked up by parent/guardian by the last day of school will be destroyed. It is the parent/guardian's responsibility to pick up the medication from school.

## Specific Medical Conditions

When a child has a specific medical condition, parents are encouraged to contact the school nurse directly at 218-237-6441 so that appropriate medical needs of the child can be met. By communicating and sharing information, our staff will be able to assist in keeping your child safe during school hours. If a student has an allergy, an emergency allergy plan found [here](#) will need to be provided to the school from the student's medical provider. You may also use the FARE Allergy plan found [here](#). If your student has asthma, an asthma action plan found [here](#) should be provided to the school by the medical provider. If your student has a seizure, a seizure action plan found [here](#) should be provided to the school by the medical provider. If your student has a gastrostomy tube, a gastrostomy plan found [here](#) needs to be provided to the school by the medical provider. The plans are all included in the following pages.

## General

When a child is not feeling well, it interferes with the learning process. If your child complains of not feeling well before school, parents should carefully assess the situation and consider keeping the child home.

## Screenings

Health Services staff conduct routine vision screenings at the beginning of the school year. If problems are noted at the time, parents will be informed and asked to seek further medical evaluation. Hearing screenings are conducted on a per request basis. If at any time during the school year parents feel there is a need for vision or hearing screening, they are encouraged to contact the teacher or district nurse (218-237-6441) and request that a screening be done.

You are encouraged to call the school nurse/health specialist in your school for information or to share any concerns you may have regarding school health services.

## Park Rapids Schools Health Service Medication Form

### Prescription Medication

Parents of students requesting prescription medication to be given to their child during school hours by school staff are required to provide the school with the following information. All medication MUST be sent in the original container or pharmacy labeled bottle. A Licensed School Nurse will designate persons giving the medication.

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### Physician Order

I have prescribed the following medication for this child and request it is given during the designated school hours.

Medication: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

For the treatment of: \_\_\_\_\_

Special Instructions: \_\_\_\_\_

Possible Side Effects: (optional) \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physicians Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

.....

### PARENT REQUEST FOR ADMINISTRATION OF MEDICATION

\_\_\_\_\_ I request this prescription medication to be given as prescribed by the doctor

\_\_\_\_\_ I request this non-prescription medication to be given to my child

Name of Medication: \_\_\_\_\_

Dosage and Time: \_\_\_\_\_

Treatment of: \_\_\_\_\_

How long to be given: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

DATE	SEP	OCT	NOV	DEC	JAN	FEB	MARCH	APRIL	MAY
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**PARK RAPIDS SCHOOL DISTRICT HEALTH SERVICE MEDICATION FLOW SHEET**

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Grade: \_\_\_\_\_

Medication: \_\_\_\_\_ Dosage/Time: \_\_\_\_\_

Date Started: \_\_\_\_\_ Date Discontinued: \_\_\_\_\_

**# of Tab/Date:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**Staff Initials & Name:** \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

# Are Your Kids Ready?

## What Minnesota's Immunization Law Requires

### Immunization Requirements

Use this chart as a guide to determine which vaccines are required to enroll in child care, early childhood programs, and school (online, home school, public, or private).

Find the child's age/grade level and look to see if your child had the number of shots shown by the checkmarks under each vaccine. The table on the back shows the ages when doses are due.

Birth through 4 years Early childhood programs & Child care	Age: 5 through 6 years <sup>③</sup> For Kindergarten	Age: 7 through 11 years For 1 <sup>st</sup> through 6 <sup>th</sup> grade	Age: 12 years and older For 7 <sup>th</sup> through 12 <sup>th</sup> grade
Hepatitis A (Hep A) ✓			
Hepatitis B (Hep B) ✓✓✓	Hepatitis B ✓✓✓	Hepatitis B ✓✓✓	Hepatitis B <sup>⑦</sup> ✓✓✓
DTaP/DT ✓✓✓✓	DTaP/DT <sup>④</sup> ✓✓✓✓✓	✓✓✓ tetanus and diphtheria containing doses <sup>⑥</sup>	✓Tdap & DTaP series or catch-up series
Polio ✓✓✓	Polio <sup>⑤</sup> ✓✓✓✓	Polio <sup>⑧</sup> ✓✓✓	Polio <sup>⑧</sup> ✓✓✓
MMR ✓	MMR ✓✓	MMR ✓✓	MMR ✓✓
Hib ✓			Meningococcal (ACWY) <sup>⑨</sup> ✓ & booster
Pneumococcal <sup>①</sup> ✓✓✓✓	It's not too late! If your child has fallen behind on their vaccinations, talk to your doctor or clinic to catch them up.		
Varicella <sup>②</sup> ✓	Varicella <sup>②</sup> ✓✓	Varicella <sup>②</sup> ✓✓	Varicella ✓✓

### Immunizations recommended but not required:

#### COVID-19

For all children in an eligible age group

#### Influenza

Annually for all children age 6 months and older

#### Rotavirus

For infants

#### Human papillomavirus

At age 11-12 years

- ① Not required after 24 months.
- ② If the child has already had chickenpox disease, varicella shots are not required. If the disease occurred after 2010, the child's doctor must sign a form confirming disease.
- ③ First graders who are 6 years old and younger must follow the polio and DTaP/DT schedules for kindergarten.
- ④ Fifth shot of DTaP not needed if fourth shot was after age 4. Final dose of DTaP on or after age 4.
- ⑤ Fourth shot of polio not needed if third shot was after age 4. Final dose of polio on or after age 4.
- ⑥ One dose must have been pertussis-containing (i.e., DTaP or Tdap) and one dose must have been given after the fourth birthday. If the first dose in the series was given before age 12 months, then four doses are needed.
- ⑦ An alternate two-shot schedule of hepatitis B may also be used for kids age 11 through 15 years.
- ⑧ At least one dose must have been given after the fourth birthday. If the third dose was given before the fourth birthday, a fourth dose is needed.
- ⑨ One dose of meningococcal ACWY is required beginning at 7th grade. The meningococcal ACWY booster dose is recommended at 16 years and required for 12th grade students.

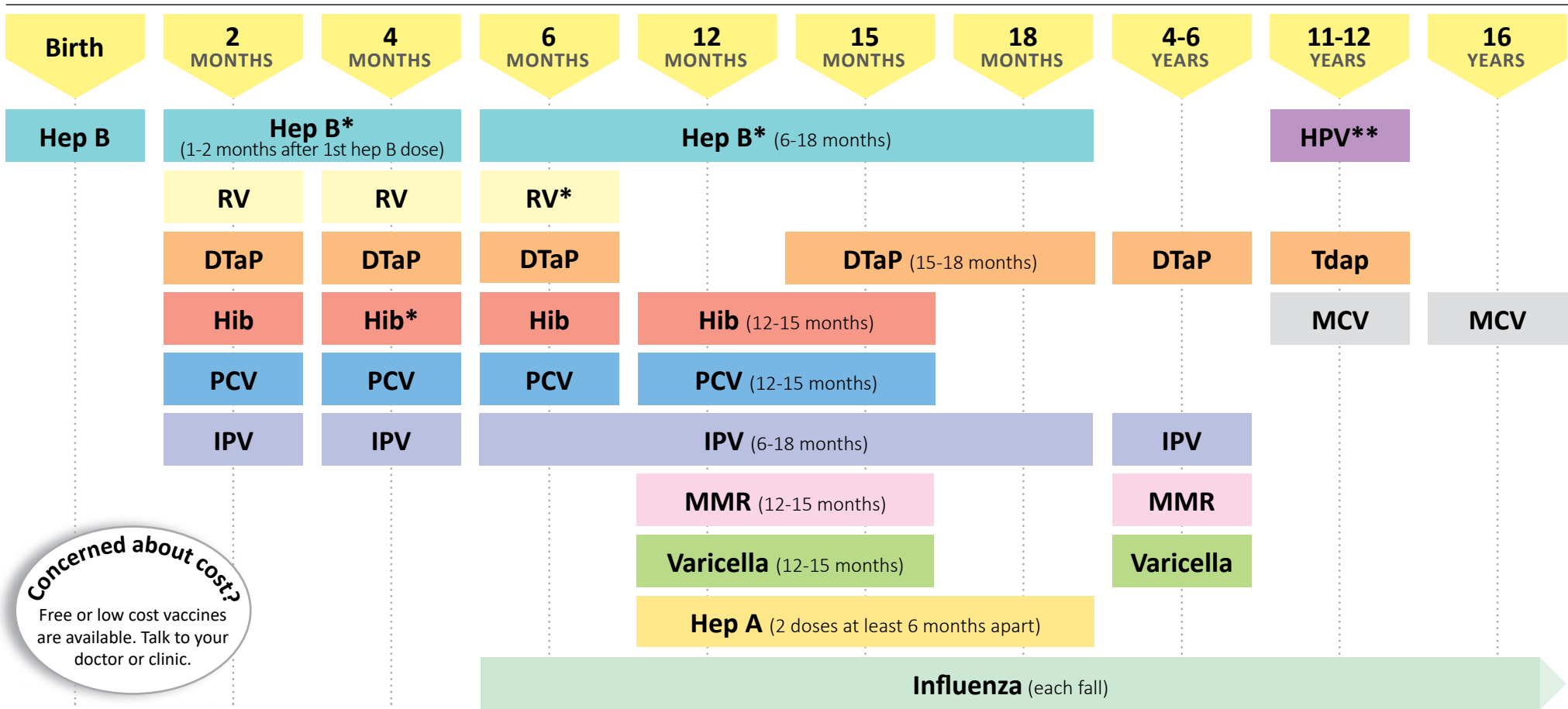
### Exemptions

To enroll in child care, early childhood programs, and school in Minnesota, children must show they've had these immunizations or file a legal exemption.

Parents may file a medical exemption signed by a health care provider or a non-medical exemption signed by a parent/guardian and notarized.

# When to Get Vaccines, Birth to 16 Years

(CDC's Recommended Immunization Schedule)



**Concerned about cost?**  
Free or low cost vaccines are available. Talk to your doctor or clinic.

It's not too late! If your child has fallen behind on their vaccinations, talk to your doctor or clinic to catch them up.

Minnesota law requires written proof of certain vaccinations for children in child care, early childhood programs, and school. However, if a child has a medical reason or if his/her parents are opposed to any or all of the vaccinations, a legal exemption is available.

**Children with certain medical conditions may need additional vaccines** (e.g., pneumococcal or meningococcal). Talk to your doctor or clinic.

**Pregnant?** Protect yourself and your baby from whooping cough. Get a Tdap vaccination between 27 and 36 weeks gestation. Talk to your doctor.

\*The **number of doses** depends on the product your doctor uses.

\*\*Two doses for 9 to 14 year olds; three doses for 15 to 26 year olds.

For copies of your child's vaccination records, talk to your doctor. Additional tips for finding records are available at **Find My Immunization Record** ([www.health.state.mn.us/people/immunize/miic/records.html](http://www.health.state.mn.us/people/immunize/miic/records.html)) or you can call the Minnesota Immunization Information Connection (MIIC) at 651-201-3980.

Key to vaccine abbreviations

DTaP/Td/Tdap = diphtheria, pertussis, tetanus	Hib = Haemophilus influenzae type b
Hep B = hepatitis B	Hep A = hepatitis A
IPV = polio	MCV = meningococcal
MMR = measles, mumps, rubella	PCV = pneumococcal
	RV = rotavirus

Immunization Program  
651-201-5503 or 1-800-657-3970  
[www.health.state.mn.us/immunize](http://www.health.state.mn.us/immunize)



# Asthma Action Plan for Home and School



Name \_\_\_\_\_ DOB \_\_\_\_/\_\_\_\_/\_\_\_\_

Severity Classification  Intermittent  Mild Persistent  Moderate Persistent  Severe Persistent

Asthma Triggers (list) \_\_\_\_\_

Peak Flow Meter Personal Best \_\_\_\_\_

## Green Zone: Doing Well

Symptoms: Breathing is good – No cough or wheeze – Can work and play – Sleeps well at night

Peak Flow Meter \_\_\_\_\_ (more than 80% of personal best)

Control Medicine(s)	Medicine	How much to take	When and how often to take it	Take at
	_____	_____	_____	<input type="checkbox"/> Home <input type="checkbox"/> School
	_____	_____	_____	<input type="checkbox"/> Home <input type="checkbox"/> School

Physical Activity  Use albuterol/levalbuterol \_\_\_\_ puffs, 15 minutes before activity  with all activity  when the child feels he/she needs it

## Yellow Zone: Caution

Symptoms: Some problems breathing – Cough, wheeze, or chest tight – Problems working or playing – Wake at night

Peak Flow Meter \_\_\_\_\_ to \_\_\_\_\_ (between 50% and 79% of personal best)

Quick-relief Medicine(s)  Albuterol/levalbuterol \_\_\_\_ puffs, every 4 hours as needed

Control Medicine(s)  Continue Green Zone medicines

Add \_\_\_\_\_  Change to \_\_\_\_\_

The child should feel better within 20–60 minutes of the quick-relief treatment. If the child is getting worse or is in the Yellow Zone for more than 24 hours, THEN follow the instructions in the RED ZONE and call the doctor right away!

## Red Zone: Get Help Now!

Symptoms: Lots of problems breathing – Cannot work or play – Getting worse instead of better – Medicine is not helping

Peak Flow Meter \_\_\_\_\_ (less than 50% of personal best)

Take Quick-relief Medicine NOW!  Albuterol/levalbuterol \_\_\_\_ puffs, \_\_\_\_\_ (how frequently)

Call 911 immediately if the following danger signs are present

- Trouble walking/talking due to shortness of breath
- Lips or fingernails are blue
- Still in the red zone after 15 minutes

**School Staff:** Follow the Yellow and Red Zone instructions for the quick-relief medicines according to asthma symptoms.

The only control medicines to be administered in the school are those listed in the Green Zone with a check mark next to “Take at School”.

Both the Healthcare Provider and the Parent/Guardian feel that the child has demonstrated the skills to carry and self-administer their quick-relief inhaler, including when to tell an adult if symptoms do not improve after taking the medicine.

### Healthcare Provider

Name \_\_\_\_\_ Date \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Signature \_\_\_\_\_

### Parent/Guardian

I give permission for the medicines listed in the action plan to be administered in school by the nurse or other school staff as appropriate.

I consent to communication between the prescribing health care provider or clinic, the school nurse, the school medical advisor and school-based health clinic providers necessary for asthma management and administration of this medicine.

Name \_\_\_\_\_ Date \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Signature \_\_\_\_\_

### School Nurse

The student has demonstrated the skills to carry and self-administer their quick-relief inhaler, including when to tell an adult if symptoms do not improve after taking the medicine.

Name \_\_\_\_\_ Date \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_ - \_\_\_\_\_ Signature \_\_\_\_\_



# Emergency Action Plan for Allergic Reactions

School Year: \_\_\_\_\_

ALLERGIES (medication, environmental and/or food): \_\_\_\_\_

Student Name:	Grade:
Parent(s)/Guardian:	
Address:	
Phone # (please specify)	

Accidental ingestion or exposure to the above allergen(s) could lead to a severe allergic reaction or anaphylaxis. Signs of an allergic reaction include:

- Mouth - itching and/or swelling of lips, tongue or mouth
- Throat - itching and/or a sense of tightness in the throat, hoarseness or cough
- Skin - hives, itching and/or swelling of the face or extremities
- Stomach - nausea, abdominal cramps, vomiting and/or diarrhea
- Lungs - shortness of breath, repetitive cough and/or wheezing
- Heart - lightheadedness, fainting

**MUST BE COMPLETED BY PRESCRIBING PROVIDER**

**Treatment Plan:**

- 1) If an accidental exposure is suspected or mild symptoms of reaction develop, give **Benadryl (diphenhydramine)** \_\_\_\_\_ mg by mouth immediately (\_\_\_\_\_ teaspoons).
- 2) If hoarseness, a sensation of tightness in the throat, difficulty breathing, or any symptoms from two or more of the above symptoms develop, give (  ) **Epinephrine 0.3 mg**, (  ) **Epinephrine 0.15 mg**, and call **911** to arrange transport to the nearest medical facility. **Brand of Epinephrine** \_\_\_\_\_
- 3) Other treatment:

Signature of Provider: \_\_\_\_\_ Date: \_\_\_\_\_

I request and give my permission for school personnel to administer the above medication to my child. I understand it is my responsibility to refill medication when notified, and that any changes in dosage or new medications require a new provider's signature. Discontinuations require a note from a parent. I understand the school is not liable for any adverse reactions.

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Reviewed/Date \_\_\_\_\_

Enter the dates for each vaccine your child has received to date. Specify the month, day, and year of each dose such as 01/01/2010.

# Immunization Form

Name \_\_\_\_\_ Birthdate \_\_\_\_\_

## Immunizations required for child care, early childhood programs, and school.

Vaccine	Birth to 6 months	12 -24 months	At Kindergarten	At 7th grade	At 12th grade
Hepatitis B	<input type="text"/>	<input type="text"/>			
Diphtheria, Tetanus, Pertussis (DTaP, DT, Td)	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
<i>Haemophilus influenzae</i> type b (Hib)	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Pneumococcal (PCV)	<input type="text"/>	<input type="text"/>	<input type="text"/>		
Polio	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
Measles, Mumps, Rubella (MMR)		<input type="text"/>		<input type="text"/>	<input type="text"/>
Chickenpox (varicella)		<input type="text"/>		<input type="text"/>	<input type="text"/>
Hepatitis A		<input type="text"/>	<input type="text"/>		
Tetanus, Diphtheria, Pertussis (Tdap)				<input type="text"/>	
Meningococcal (MCV4)				<input type="text"/>	<input type="text"/>

Minnesota law requires children enrolled in child care, early childhood education, or school to be immunized against certain diseases, unless the child is medically or non-medically exempt.

### Instructions for parent or guardian:

- Fill out the dates in chronological order even if your child received a vaccine outside of the age/grade category that the box is in. Depending on the age of your child, they may not have received all vaccines; some boxes will be blank.
  - If you have a copy of your child's immunization history, you can attach a copy of it instead of completing the front of this form.
  - Your doctor or clinic can provide a copy of your child's immunization history. If you are missing or need information about your child's immunization history, talk to your doctor or call the Minnesota Immunization Information Connection (MIIC) at 651-201-3980 or 800-657-3970.
- Sign or get the signatures needed for the back of this form.
  - Document medical and/or non-medical exemptions in section 1.
  - Verify history of chickenpox (varicella) disease in section 2.
  - Provide consent to share immunization information (optional) in section 3.

**Instructions:** Complete section 1 to document a medical or non-medical exemption, section 2 to verify history of varicella disease, and section 3 to consent to share immunization information.

Name \_\_\_\_\_

**1. Document a medical and/or non-medical exemption (A and/or B).**

Place an X in the box to indicate a medical or non-medical exemption. If there are exemptions to more than one vaccine, mark each vaccine with an X.

Vaccine	Medical Exemption	Non-Medical Exemption
Diphtheria, Tetanus, and Pertussis		
Polio		
Measles, Mumps, Rubella		
<i>Haemophilus influenzae</i> type b		
Chickenpox (varicella)		
Pneumococcal		
Hepatitis A		
Hepatitis B		
Meningococcal		

**A. Medical exemption:** By my signature below, I confirm that this child should not receive the vaccines marked with an X in the table for medical reasons (contraindications) or because there is laboratory confirmation that they are already immune.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(of health care practitioner\*)

**2. History of chickenpox (varicella) disease.** This child had chickenpox in the month and year \_\_\_\_\_

My signature below means that I confirm that this child does not need chickenpox vaccine because:

- I am a health care practitioner and this child was previously diagnosed with chickenpox or the parent provided a description that indicates this child had chickenpox in the past.
- I am the parent or guardian and this child had chickenpox on or before September 1, 2010.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(of health care practitioner\*, representative of a public clinic, or parent/guardian). Parent can sign if chickenpox occurred before September 2010.

\*Health care practitioner is defined as a licensed physician, nurse practitioner, or physician assistant.

**B. Non-medical exemption:** A child is not required to have an immunization that is against their parent or guardian's beliefs. However, choosing not to vaccinate may put the health or life of your child or others they come in contact with at risk. Unvaccinated children who are exposed to a vaccine-preventable disease may be required to stay home from child care, school, and other activities in order to protect them and others.

By my signature, I confirm that this child will not receive the vaccines marked with an X in the table because of my beliefs. I am aware that my child may be required to stay home from child care, school, and other activities if exposed.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(of parent or guardian in presence of notary)

**Non-medical exemptions must also be signed and stamped by a notary:**

This document was acknowledged before me on \_\_\_\_\_ (date) by \_\_\_\_\_ (name of parent or guardian)

Notary Signature: \_\_\_\_\_

Notary Stamp

STATE OF MINNESOTA, COUNTY OF \_\_\_\_\_

**3. Consent to share immunization information:** This school is asking for permission to share your child's immunization record with Minnesota's immunization information system. Giving your permission will:

- Provide easier access for you and your school to check immunization records, such as at school entry each year.
- Support your school in helping to protect students by knowing who may be vulnerable to disease based on their immunization record. This can be important during a disease outbreak.

Under Minnesota law, all the information you provide is private and can only be released to those authorized to receive it. Signing this section of the form is optional. If you choose not to sign, it will not affect the health or educational services your child receives.

I agree to allow my child's school to share my child's immunization documentation with Minnesota's immunization information system:

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(of parent/guardian)

# SEIZURE ACTION PLAN (SAP)



Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_  
Emergency Contact/Relationship \_\_\_\_\_ Phone: \_\_\_\_\_

## Seizure Information

Seizure Type	How Long It Lasts	How Often	What Happens

### Protocol for seizure during school (check all that apply)

- First aid – **Stay. Safe. Side.**
- Give rescue therapy according to SAP
- Notify parent/emergency contact
- Contact school nurse at \_\_\_\_\_
- Call 911 for transport to \_\_\_\_\_
- Other \_\_\_\_\_

### First aid for any seizure

- STAY** calm, keep calm, **begin timing seizure**
- Keep me **SAFE** – remove harmful objects, don't restrain, protect head
- SIDE** – turn on side if not awake, keep airway clear, don't put objects in mouth
- STAY** until recovered from seizure
- Swipe magnet for VNS
- Write down what happens \_\_\_\_\_
- Other \_\_\_\_\_

### When to call 911

- Seizure with loss of consciousness longer than 5 minutes, not responding to rescue med if available
- Repeated seizures longer than 10 minutes, no recovery between them, not responding to rescue med if available
- Difficulty breathing after seizure
- Serious injury occurs or suspected, seizure in water

### When to call your provider first

- Change in seizure type, number or pattern
- Person does not return to usual behavior (i.e., confused for a long period)
- First time seizure that stops on its' own
- Other medical problems or pregnancy need to be checked

### When rescue therapy may be needed:

#### WHEN AND WHAT TO DO

If seizure (cluster, # or length) \_\_\_\_\_  
Name of Med/Rx \_\_\_\_\_ How much to give (dose) \_\_\_\_\_  
How to give \_\_\_\_\_

If seizure (cluster, # or length) \_\_\_\_\_  
Name of Med/Rx \_\_\_\_\_ How much to give (dose) \_\_\_\_\_  
How to give \_\_\_\_\_

If seizure (cluster, # or length) \_\_\_\_\_  
Name of Med/Rx \_\_\_\_\_ How much to give (dose) \_\_\_\_\_  
How to give \_\_\_\_\_

## Care after seizure

What type of help is needed? (describe) \_\_\_\_\_

When is student able to resume usual activity? \_\_\_\_\_

## Special instructions

First Responders: \_\_\_\_\_

\_\_\_\_\_

Emergency Department: \_\_\_\_\_

\_\_\_\_\_

## Daily seizure medicine

Medicine Name	Total Daily Amount	Amount of Tab/Liquid	How Taken (time of each dose and how much)

## Other information

Triggers: \_\_\_\_\_

Important Medical History \_\_\_\_\_

Allergies \_\_\_\_\_

Epilepsy Surgery (type, date, side effects) \_\_\_\_\_

Device:  VNS  RNS  DBS Date Implanted \_\_\_\_\_

Diet Therapy  Ketogenic  Low Glycemic  Modified Atkins  Other (describe) \_\_\_\_\_

Special Instructions: \_\_\_\_\_

\_\_\_\_\_

## Health care contacts

Epilepsy Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Primary Care: \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred Hospital: \_\_\_\_\_ Phone: \_\_\_\_\_

Pharmacy: \_\_\_\_\_ Phone: \_\_\_\_\_

My signature \_\_\_\_\_ Date \_\_\_\_\_

Provider signature \_\_\_\_\_ Date \_\_\_\_\_

## Epilepsy.com

Home

Testimonials

About Us

Agents

Claims

FAQ

Contact Us



## K-12 Voluntary Student Accident

- > 24 Hour
- > At School
- > High School Football

Is your child covered by a high-deductible employer plan? If you have to pay hundreds, or even thousands of dollars in order to meet your deductible, the K-12 Accident insurance plan can reimburse you for your children's eligible medical expenses as you continue to work toward meeting the deductible on your employer plan

### Login/Register

First time users must register in order to save their Quotes & Applications: [Register here](#)

E-mail   
Password

[Forgot password?](#)

### Need Assistance?

Call 1-855-742-3135

[Ask us a question](#)

### Quick Services

Select Service Type

**File a Claim**

Applications & Brochures

**K-12 Medical Accident is not available in New York, New Hampshire and Virgin Islands**

## Enroll Now

Select a Program



**BBB Rating: A+**

As of 8/2/2022

[Click for Profile](#)

[Glossary](#) | [FAQ](#) | [Site Map](#) | [K&K Canada](#)

Need Assistance, Please Call 1-855-742-3135

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[Do Not Sell My Data](#)

# PANTHER ACTIVITIES



Park Rapids Area Parents and Students:

Park Rapids Area is excited to offer all Park Rapids Area students, K-12, school sponsored activities. This year activity fees have been reinstated and are as follows:

High School Grades 9-12 \$100

Middle School Grades 7-8 \$50

Fine Arts: \$50

Family cap for the year: \$300

Band/Choir: No Fee

\*\*For those families that qualify you may be eligible for reduced or free activities by filling out a Meal Application.

We encourage all families to support Panther Activities and cheer for our students. Below are the admission prices for the 24-25 season:

Park Rapids Area Students: Free

Seniors 65+: Free

Visiting Students & Seniors 62-65: \$4

Adults: \$6

Again, thank you for supporting Park Rapids Area Schools and Panther students and activities.

Contact Jeremy Nordick for more information at 218-237-6550 or [jnordick@parkrapids.k12.mn.us](mailto:jnordick@parkrapids.k12.mn.us)

Go Panthers!

Jeremy Nordick  
Athletic Director  
218-237-6550



# It's More Than Just a Meal Application

Our meal application may affect many areas, see the examples below. We ask that ALL families complete our meal application each year to ensure continued funding to support ALL students in our district. You can fill out an application at <https://lingconnect.com/> or you can download one from our website [www.parkrapids.k12.mn.us](http://www.parkrapids.k12.mn.us) under the School Lunch tab, click on 2024-2025 Application for Educational Benefits. The application for educational benefits is also critical to receiving Compensatory Revenue from the state. Our school receives education funding from Compensatory Revenue which is a state aid that is generated from the number of qualified free and reduced applications we process each year. These funds directly benefit the school site your student attends.



## School Funding

Increased Funding to ensure students get the support they need to receive a comprehensible world class education



## Next School Year

Benefits carry over to mid October of the next School year



## Technology

Priority for receiving equipment for Distance learning needs



## School Meals

Free or reduced prices on nutritious meals



## College Application Fees

Waived fees when you fill out college applications



## Athletics/Phy. Ed.

Discounts on athletic fees and Physical Education uniforms



ACT, SAT, AP Fees  
Academic testing fee reduction



## Community Ed Classes

Reduced rates for some community education courses and Pre-school classes

Questions? Please contact Kim Splett, Food Application Coordinator at 218-237-6500 or by email [ksplett@parkrapids.k12.mn.us](mailto:ksplett@parkrapids.k12.mn.us) or JT Clark, Food Service Director at 218-237-6560 or by email [jtclark@parkrapids.k12.mn.us](mailto:jtclark@parkrapids.k12.mn.us)



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# **PREAF**

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PARK RAPIDS *Education & Activities*  
**FOUNDATION**

## **PREAF...WHAT DOES IT STAND FOR?**

PREAF is an acronym that stands for Park Rapids Education & Activities Foundation. The Foundation was established in 2000, and throughout the last 24 years, the Foundation has allocated over \$824,000 to the educational, fine arts, and athletic programs in the Park Rapids Area Schools. Decisions are made by a Board of Directors, (a group of volunteer community leaders with a strong commitment to educational excellence). Allocation priorities include: art, music, and drama activities; educational and academic activities and equipment; and athletic programs. Grant requests are considered by members of the Allocation Committee within a defined set of guidelines on a case-by-case basis.

## **PREAF...WHY DOES IT EXIST?**

The mission of the PREAF is to ensure the funding for strong and healthy educational, fine arts, and athletic programs of the Park Rapids Area Schools; as well as to provide a contribution structure for these and other school programs. The goals of the PREAF are to establish an annual Park Rapids Area Schools fundraising effort, to create a sustaining Park Rapids Area School District Endowment, to allow for a tax-exempt vehicle for contributions, gifts, grants, trusts, or other fundraising efforts for the school, and to minimize door-to-door fundraising for the Park Rapids Area School District.

## **PREAF...HOW DOES IT BENEFIT ME?**

All allocations are directly funded by individuals, associations, and corporation membership contributions...that is why participation is extremely crucial to our students and the Park Rapids Area Schools. In addition to your membership contribution, there are membership benefits that the PREAF provides for YOU! The PREAF provides a variety of levels of membership that will benefit you and your family's needs...season passes to athletic and fine arts performances, Panther Prowl gift certificates, advertising space in game programs...it's all waiting for YOU! Sustaining memberships are also available.

## **PREAF...PLEASE SIGN ME UP!**

Membership forms can be found on the school website [www.parkrapids.k12.mn.us](http://www.parkrapids.k12.mn.us) under the Community tab (select Education & Activities Foundation), and at all Park Rapids school offices. Memberships can be mailed directly to PREAF at PO Box 211, Park Rapids, MN 56470. Please contact Steph Carlson at 252-1597 or Lisa Koppelman 237-4545 for additional information/questions or email [preafoundation@gmail.com](mailto:preafoundation@gmail.com) or send us a message on our PREAF Facebook page.

# PREAF

## PARK RAPIDS *Education & Activities* FOUNDATION

A nonprofit corporation dedicated to the development of Park Rapids Area Youth. Please consider supporting the educational, athletic, and fine arts activities of the Park Rapids Area Schools with any of the available giving opportunities. All options are either partially or fully tax deductible.

PLEASE RETURN THIS FORM BY AUGUST 1<sup>ST</sup> TO BE LISTED IN THE ATHLETIC PROGRAM/CALENDAR

<b>Name</b>	_____
<b>E-mail Address</b>	_____
<b>Address</b>	_____
<b>Names on season passes (2 names per pass)</b>	_____

ANNUAL GIVING OPPORTUNITIES	
<b>Donation</b>	<input type="checkbox"/> \$10 <input type="checkbox"/> \$25 <input type="checkbox"/> \$50 <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> \$_____
<b>Panther \$50</b>	<input type="checkbox"/> One 8 punch transferable pass for admission to all regular season athletic contests & fine arts performances
<b>Panther Cub \$100</b>	<input type="checkbox"/> One annual season pass – good for admission to all regular season athletic contests & fine arts performances, recognition in game programs
<b>Panther Den \$309</b>	<input type="checkbox"/> Two annual season passes – good for admission to all regular season athletic contests & fine art performances, 1" x 2" advertising space in game programs, \$40 gift certificate for Panther apparel at the Panther Prowl Store <input type="checkbox"/> DO NOT WANT GIFT CERTIFICATE
<b>Panther Pride \$1,000</b>	<input type="checkbox"/> Four annual season passes, 2" x 4" advertising space in game programs, 2-\$40 gift certificates for Panther apparel at the Panther Prowl Store, 1" x 3.5" advertisement in the PREAF School Activity Calendar

ENDOWMENT FUND GIVING OPPORTUNITIES	
<b>Silver \$3,090</b>	<input type="checkbox"/> Same benefits as Panther Pride membership (renewed annually for 3yrs)
<b>Gold \$10,000</b>	<input type="checkbox"/> Same benefits as Panther Pride membership (renewed annually for 10yrs)
<b>Miscellaneous Gifts</b>	<input type="checkbox"/> Recognition in game program \$_____

PAYMENT OPTIONS	
<b>Payment Enclosed</b>	<input type="checkbox"/> Cash or Check payable to <b>Park Rapids Education &amp; Activities Foundation (PREAF)</b>
<b>Venmo</b>	<input type="checkbox"/> @PREAF

Please return to: PREAF, PO Box 211, Park Rapids, MN 56470  
 or email to: [preafoundation@gmail.com](mailto:preafoundation@gmail.com)

THANK YOU FOR YOUR SUPPORT OF THE PREAF!

## About Us

PRAVA, the Park Rapids Area Virtual Academy, is a Minnesota State-Approved Online Learning Provider offering supplemental and comprehensive courses for grades 6-12. Minnesota licensed, certified teachers from Park Rapids Area Schools provide instruction, guidance, and support for online students in PRAVA.

## Why Choose Us?

Advanced classes, Special Education, mental health, and additional intervention services are available for enhanced student support.

A Park Rapids District email account, Google Suite access, and Apex Learning Account credentials will be provided, with Google Chromebook and Wi-Fi hotspot available to comprehensive students on request.



Flexible scheduling allows Mia to barrel race competitively.



Empower your mind, inspire your soul. Join the educational journey of a lifetime.

### PHONE

218-237-6418

### EMAIL

[jstevenson@parkrapids.k12.mn.us](mailto:jstevenson@parkrapids.k12.mn.us)

### WEBSITE

<https://prava.parkrapids.k12.mn.us/>

Students may be enrolled in PRAVA classes full-time or take a hybrid approach with part of their day online and part of their day on campus at Park Rapids Schools.

## PRAVA: Park Rapids Area Virtual Academy



MaKenna participated in 3 sports at PR Schools as a PRAVA student.

## Your Future

## Starts Here.

We offer over 55 accredited courses in the core subject areas: English, Language Arts, Mathematics, Science, Health/Physical Education, and Social Studies, as well as electives in Creative Writing, Probability & Statistics, Pre-Calculus, Environmental Science, Physics, Earth & Space, Sociology, Psychology, Spanish, College & Career Prep, Business, and much more!

Gracie earns school credit while working at Heritage Living Center.



Enhance

Your Skills.

# PARK RAPIDS AREA VIRTUAL ACADEMY

- Personalized Instruction
- Mentorship & Support
- Friendly, Knowledgeable Teachers
- Excellent Communications Network
- Academic Requirement Guidance
- High School Graduation & Diploma from Park Rapids Area Schools
- A Model of Instruction that embraces family values to learn from home!



## PRAVA PRIDE



PRAVA Graduating Class of 2024

Reid has a passion for stock car racing, which fits into his busy study schedule.



## Is PRAVA a good fit for you?

Virtual, online school requires high family engagement. Online students require a place to study, high speed internet, and flexible time to complete their work. A supportive family is important, as they serve as a guide along their child's educational journey.

Virtual, online school requires a high level of student engagement. Successful PRAVA students are those who complete assignments on time, work well independently, seek help when needed, and are self-motivated.



**Prior to completing an application, students must complete the form "Will you have success in PRAVA?"**

# PARENT VUE INSTRUCTIONS

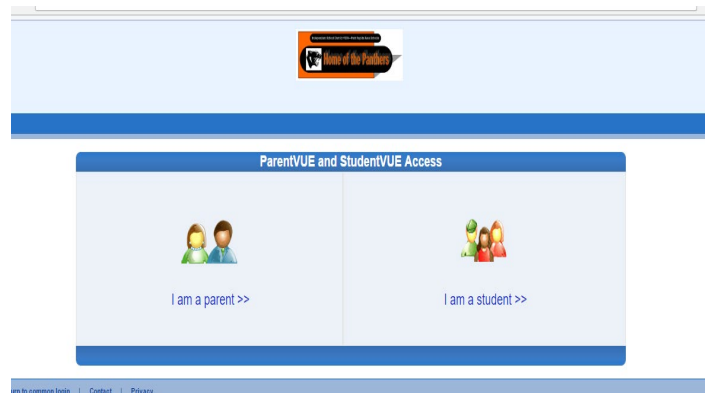
Follow the web address below to begin creating Your account or go to the Park Rapids School Website [www.parkrapids.k12.mn.us](http://www.parkrapids.k12.mn.us).

From Menu


For Parents/Students-Links for Parents & Students-ParentVue/StudentVue

You will need the letter and activation key information you received from the principal's office.

[https://rt3.region1.k12.mn.us/rt0309/login\\_pxp.aspx](https://rt3.region1.k12.mn.us/rt0309/login_pxp.aspx)



count Access

Login	Activate My Account
User Name: <input type="text"/>	 I have an activation key and need to create my account>>
Password: <input type="password"/>	
<input type="button" value="Login"/>	
<a href="#">Forget your password? Click here.</a>	

All parents and students can create their own ParentVue or StudentVue account.



**Step 1 of 3: Privacy Statement**

Read through the following Privacy Statement and click the Accept button to agree to the privacy agreement.

No privacy statement entered

Clicking I Accept means that you agree to the above Privacy Statement.

Click Accept to Continue

Parent Account Activation

**Step 2 of 3: Sign In with Activation Key**

Please enter your first name, last name and the 7 character authentication key (provided to you by the district), to activate your ParentVUE account:

First Name:

Last Name:

Activation Key:

Enter your name and activation key as it appears on the letter you received from the building secretary.


Continue to step 3 to enter your user name, password and primary email address.


Home My Account Help Close


Select Child **Cain** | Cheyenne | Rhianna Good afternoon, Porter Bradley, 6/27/2017

Messages **0**

Recent Events

 Cain has no recent events to note at this time  
Home School: Region 1 High School (070)

 Events for Cheyenne:  
Nurse visit notes for 06/27/2017  
Home School: Region 1 High School (070)  
Concurrently Enrolled In: Region 1 ALC (075)

 Rhianna has no recent events to note at this time  
Home School: Region 1 High School (070)

- Calendar
- Attendance
- Class Schedule
- Class Websites
- Conference
- Course History
- Course Request
- Discipline
- Fee
- Grade Book
- Health
- Report Card
- School Information
- Student Info
- Lunch Activity
- MCA Results
- Digital Locker

All your students, District Events, Recent Events for each student

Messages **1**

**Cheyenne**  
Region 1 High School (070) (218-681-7432)

CALENDAR Calendar

Calendar :: Purrier, A ALGEBRA 1(6) :: ALL :: ALL

February 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Purrier, A ALGEBRA 1(6) : 1.3 Properties of Numbers - Score: 100.00	31 Purrier, A ALGEBRA 1(6) : 1.4 The Distributive Property - Score: 60.00	1	2 Purrier, A ALGEBRA 1(6) : 1.5 Equations - Score: 100.00	3	4
5	6	7 Purrier, A ALGEBRA 1(6) : Mid-Chapter Quiz - Score: 80.00	8	9	10	11

Calendar can be viewed by day, week, or month.

Messages **1**

**Cheyenne**  
Region 1 High School (070) (218-681-7432)

GRADE BOOK

Mid-Term Q1 | Quarter 1 | Mid-Term Q2 | Quarter 2 | Mid-Term Q3 | **Quarter 3** | Mid-Term Q4 | Quarter 4

**Grade Book Summary for Region 1 High School (070) Quarter 3 (ending on 04/03/2017)**

Period	Course Title	Resources	Room Name	Teacher	Qtr 3
1	TUTORING (782)		119	Jesse Thorstad	A (100.0)
2	Wind Ensemble Test S2 (371.2)		170	Kylee Kalbakdalen	A (100.00)
3	GERMAN III (478)		208	Danita Lindstrom	B (85.0)
5	PHYSICS (756)		227	Sonny Koski	A (97.0)
6	ALGEBRA 1 (611)			Alyssa Purrier	B+ (88.8)

Grade Book

Click on letter grade to view individual assignments.

**Grade Book Summary for Region 1 High School (070) Qtr 3**

Assignment Details for ALGEBRA 1 (611) / Period: 6 / Alyssa Purrier / B+ (88.8%)

Date	Assignment	Assignment Type	Resources	Score	Score Type	Points	Notes	Drop Box
02/07/2017	Expression/Equation Story Project	Project	0	45.83 out of 50.00 (A-)	Raw Score	45.83/50.00		-
02/02/2017	1.5 Equations	Homework	1	5 out of 5.00 (A)	Raw Score	5.00/5.00		1/25/2017 - 1/26/2017
01/31/2017	1.4 The Distributive Property	Homework	1	3 out of 5.00 (D-)	Raw Score	3.00/5.00		1/25/2017 - 1/26/2017
01/31/2017	Mid-Chapter Quiz	Quiz	0	20 out of 25.00 (B-)	Raw Score	20.00/25.00		-
01/30/2017	1.3 Properties of Numbers	Homework	1	5 out of 5.00 (A)	Raw Score	5.00/5.00		1/25/2017 - 1/26/2017
01/26/2017	1.2 Order of Operations	Homework	1	5 out of 5.00 (A)	Raw Score	5.00/5.00		1/25/2017 - 1/26/2017
01/24/2017	1.1 Variables & Expressions	Homework	0	5 out of 5.00 (A)	Raw Score	5.00/5.00		1/23/2017 - 5/31/2017
<b>Totals</b>						88.83 out of 100.0000 Current Score B+ (88.8%)		

LINQ Connect is a secure, online portal that allows families to:

- Make an online payment to their student's meal account
- Remotely monitor their student's accounts
- Set up automatic recurring payments
- Set up low balance email message alerts
- View and purchase fees assigned to their student in the Online Store
- Submit an online application for free and/or reduced meals
- View online breakfast and lunch menus

NEED ADDITIONAL SUPPORT?

[support@linqconnect.com](mailto:support@linqconnect.com)

<https://linqconnect.com>

## How do I get started? It's as easy as 1, 2, 3:

### 1. Register

Create an account at <https://linqconnect.com> and selecting **Register**.

### 2. Verify your Account

Verify your account by clicking on the email verification link sent to your email address.

### 3. Sign In

Now you can sign in at <https://linqconnect.com> using your email and password.

## I just registered and when I try to log in it says, "Invalid email or password"?

Your account will not be active until you have verified your email address and password. Check your email for the verification link.

## What if I forget my Username or Password?

On the login page, click **Forgot your password?** Enter your email address and click **Reset Password**. A temporary password will be emailed to you. Upon logging in with the temporary password, you will be prompted to set your new password.

## When I log in, I do not see my student's account?

You will need to add your student to your LINQ Connect account. Click on **+** then **Type** and complete the information to link your student. You will need to complete this process for each student you wish to add.

## What if I have several student's in different districts?

You can add as many children student's as you need, as long as they attend a school district utilizing LINQ Connect for their meal payment account.

## How do I add money/make a payment to my child's account?

Once you have added your child to your LINQ Connect account, you can add money by clicking the **Add Money to Account** button on the dashboard or by clicking the **Meal Accounts** button on the student card. You can choose to either **Add to Balance** or set up a **New Recurring Payment with Auto Pay**.

If you select **Add to Balance**, the funds will be immediately available on your student's account upon completion of the transaction.

If you select **New Recurring Payment with Auto Pay**, you will be setting up a future automatic payment for the specified amount, frequency, day, and starting date that you choose.

## Can I set up automatic meal payments?

Yes. Click on **Auto Pay**. Enter the Payment Amount for each student, Frequency, Day, Starting Date, Billing Address, Payment Method, and click **Save**.

## How can I cancel or change my automatic meal payments?

Go to the **Meal Accounts** page and click on the trash can icon on the **Auto Pay** card.

## Can I transfer my funds from one student's account to another?

If your school district has added the transfer funds feature, you can transfer funds between accounts. To determine if you have access, navigate to the **Transfer Balances** card on the **Meal Accounts** page. If you see your student's name, you're able to transfer funds within the district. Funds can only be transferred for students within the same school district.

## Can I set spending limits on my student's account?

You can set specific spending limits on your student's account only if your school district has added the spending limits feature. To determine if you have access, navigate to the **Spending Limits** card on the **Meal Accounts** page and locate your child's name. Click on the pencil icon to the right to set a spending limit.

## Where do I find fees assigned to my student's account?

Fees assigned to your student will display on their student card on the Dashboard. Optional fees, such as sports tickets, can be added to your cart from the Online Store.



## Why can't I see assigned fees in LINQ Connect?

You will only see assigned fees if your district is using the Fee Management module. Only unpaid assigned fees display on your child's student card and dashboard.

## How do I view items in the Online Store?

There are two ways to do this. The first way is to select **Fees** on the student card. The second way is to select **Store** from the Navigation panel.

## Where can I download forms that are attached to fees (e.g., permission slips)?

There are two ways to access forms and links. First, go to the Online Store and select the **Fee**. Forms will be listed by name at the bottom of the screen. Click on a form to download it to your device. Second, you can select **Forms** from the Navigation panel and you'll see a complete library of forms and links.

## How do I see my Transaction History?

Transaction History includes all in school meal purchases as well as any online payments, fee payments or store purchases. You can see this detailed history and obtain an email copy of transactions by clicking **Transaction > History**.

## If I have more than one child in the district, can I deposit money one time and have the amount divided evenly among each of my student's accounts?

Yes, if your district has "Shared Accounts" for its students and you've requested this for your student. To determine if your student has been set up for shared accounts, select any payment option. If siblings are sharing an account, you'll see all your student's names listed next to the deposit amount. You can then enter the deposit amount—funds added will be shared between accounts until the funds have been depleted.

## I made an online meal payment. How long will it take before the funds will be available in my child's account?

If you selected **Add Money to Account**, the funds will be available immediately in your student's account upon completing the payment transaction.

If you selected **Add Auto Pay**, the funds will be available the following day from the day is scheduled to run. For example, if the payment is to be made every Monday, the funds will be available Tuesday morning.

## Is there a fee or service charge for making online payments?

Yes, you can find the processing fee during checkout.

## What credit cards/methods of payment can I use?

Go to the [Payment Methods](#) card on your profile and select [New Payment Method](#) to identify which methods you can use.

## When entering my Payment Method, it asks for a “Description”—what do I put?

This is a free form field, and you can name it anything. For example, you can name it “Household Credit Card” or “Chase Credit Card.”

## I am trying to enter my credit card information and it keeps saying “Invalid Card”—what am I doing wrong?

The system will not allow you to continue if any required items are missing. Check to see that you have entered the following:

1. Check to see that the credit card information is correct.
2. Make sure the type of card you are entering is accepted. For example, American Express or Discover may not be accepted.

## I am trying to make a payment but the “Confirm and Pay” button is gray, and I can’t continue?

The system will not allow you to continue if any required items are missing. Check to see that you have entered the following correctly:

1. Billing address
2. Credit card information

## Can I receive a notification when my student’s account balance is low?

Yes. The system is defaulted to send an email reminder when the balance falls below \$5.00. You can change the Payment Reminder by editing the dollar amount on the [Payment Reminder](#) card on the Meal Accounts page.

## How can I see activity on my student’s account?

Click on [History](#) to view previous transaction history.

## What happens to the money in my student’s account at the end of the school year?

Your account balance moves with your student from grade to grade and school to school (within the district).

## How can I remove a student from my LINQ Connect account?

Open the student card and click on the three dots in the bottom right-hand corner, where you can select Remove.

## How can I be sure my information is safe?

LINQ Connect is protected by 256-bit SSL encryption between all browsers and our centralized data center.

## Why is there a “pending” charge on my bank statement after my card was declined?

It is common practice in the banking industry to hold the transaction fee on online payments. The fee may temporarily appear on your bank statement, but the fee will automatically be removed in approximately 1-8 banking days. If you have any questions about this fee, please contact your credit card company directly.

## How can I apply for free/reduced meals online?

### 1. Apply

Go to <https://linqconnect.com> and click **Start Meal Application**.

### 2. Log In

If you have already registered for a LINQ Connect account and have logged in, you can click on **Start Meal Application**.

## How will I find out the status of my free/reduced meal application?

The district will notify you within 10 school days, either by email or letter. If you have not received a notice, please contact the school district's child nutrition department directly. You can access your eligibility letter once your district has processed the application within the Notification bell in the upper right corner of the dashboard.

## How can I update my email address and password?

In the upper right-hand corner, click on the Profile icon, then select your account name. To change your email address, select the **Update Email** button. To update your password, click on **Update Password**.

## Can I see my student's school menu online?

Yes, if the school is using TITAN Menu Planning. From the login screen on [linqconnect.com](https://linqconnect.com), enter your district's name into **Check District Menu**.

## **When should I contact the Child Nutrition Department of my student's school district?**

- If you would like a refund
- If you have a question about your child's meal service or activity on their account
- If you would like to restrict your student from purchasing items due to allergens or restrictions
- If you have questions related to your student's meal account

## **My spouse and I are no longer together. Can we both have access to LINQ Connect to view our student's accounts, but with separate accounts and logins?**

Yes. Simply set up a new account with your email address. When you link your student to your account, you can then view account balances and deposit funds separately. Your financial information will only be visible to you. However, available student balances will be visible to any guardian or family member who has access to your student through LINQ Connect.

## **Can I access my account through any browser?**

You can access your account through any browser except Internet Explorer, which is no longer supported.

## **Can I access my account through a mobile app?**

Yes, you will need to download the new LINQ Connect app in the Apple Store available soon or Google Play Store available now. The app can be downloaded now and will go live on May 23rd.

## **How can I deposit funds to the Feed it Forward program?**

On the **Meal Accounts** page, scroll to the **Feed it Forward** section and select an available district and will help support your district in funding meals for those who cannot. Please note this is separate from your student(s) having an account balance.

## **What is the web address for meal applications?**

Please utilize <https://linqconnect.com> for your meal applications.

## **Will there be an option for families to view menus if the district doesn't use the Front of House portion of Titan?**

If your district has enabled this feature, you can view your schools menu through LINQ Connect.



## Will families need to create a login to view menus?

No, an account is not required to view menus, they can view on [linqconnect.com](http://linqconnect.com) by entering the district name in the [Check District Menus](#) card.

## Ethnic and Racial Demographic Designation Form

Student's First Name: \_\_\_\_\_ Middle Name/Initial: \_\_\_\_\_ Last Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ District: \_\_\_\_\_ School: \_\_\_\_\_

Schools are required to report ethnicity and race to the state and to the U.S. Department of Education. Because of recent changes to Minnesota state law, Minnesota disaggregates each category into detailed groups to further represent our student populations. Parents or guardians are not required to answer the federal questions (**in bold**) for their children. If you choose not to answer the federal questions (**in bold**), federal law requires schools to choose for you. This is a last resort—we prefer if parents or guardians complete the form. State questions are labeled as “Optional” and schools will not fill in this information for you.

This information helps improve teaching and learning for everyone and helps us accurately identify and advocate for students currently underserved. The information this form collects is considered private information. You can review the privacy notice to learn more about the purpose of collecting this information, how it will be used and not used, and how the detailed groups were identified. The privacy notice can be found in our [Frequently Asked Questions: Ethnic and Racial Designation Form](#).

**Is the student Hispanic/Latino as defined by the federal government?** The federal definition includes persons of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race.<sup>1</sup>

*[You must select “yes” or “no” to this question.]*

**Yes** *[If yes, go to Question A.]*

**No** *[If no, go to Question 1.]*

Optional Question A: If yes was chosen above, select all that apply from the list below (*this question will not be answered by school staff*):

- |  |                                       |  |  |
|--|---------------------------------------|--|--|
| <input type="checkbox"/> Decline to indicate | <input type="checkbox"/> Guatemalan   | <input type="checkbox"/> Salvadoran                            | <input type="checkbox"/> Other Hispanic/Latino |
| <input type="checkbox"/> Colombian           | <input type="checkbox"/> Mexican      | <input type="checkbox"/> Spaniard/Spanish/<br>Spanish-American | <input type="checkbox"/> Unknown               |
| <input type="checkbox"/> Ecuadorian          | <input type="checkbox"/> Puerto Rican |  |  |

*Go to Question 1.*

*[Select “yes” to at least one of the Questions (1-6) below.]*

**Question 1: Does the student identify as American Indian or Alaska Native as defined by the state of Minnesota?** The state of Minnesota definition includes persons having origins in any of the original peoples of North America who maintain cultural identification through tribal affiliation or community recognition. [This question is needed to calculate state aid/funding.]

**Yes** *[If yes, go to Question 1a.]*

**No** *[If no, go to Question 2.]*

Optional Question 1a: If yes was chosen above, select all that apply from the list below (*this question will not be answered by school staff*):

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Decline to indicate | <input type="checkbox"/> Cherokee      | <input type="checkbox"/> Other North American Indian Tribal Affiliation |
| <input type="checkbox"/> Anishinaabe/Ojibwe  | <input type="checkbox"/> Dakota/Lakota | <input type="checkbox"/> Unknown  |

*Go to Question 2.*

<sup>1</sup>Federal Register, Vol. 72, No. 202/Friday, October 19, 2007/Notices/59274

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**Question 2. Is the student American Indian from South or Central America?**

**Yes** [Go to Question 3.]

**No** [Go to Question 3.]

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**Question 3. Is the student Asian as defined by the federal government?** The federal definition includes persons having origins in any of the original peoples of the Far East, Southeast Asia, or the Indian subcontinent including, for example, Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand, and Vietnam.<sup>1</sup>

**Yes** [If yes, go to Question 3a.]

**No** [If no, go to Question 4.]

Optional Question 3a. If yes was chosen above, select all that apply from the list below (*this question will not be answered by school staff*):

Decline to indicate

Chinese

Karen

Other Asian

Asian Indian

Filipino

Korean

Unknown

Burmese

Hmong

Vietnamese

Go to Question 4.

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**Question 4. Is the student black or African American as defined by the federal government?** The federal definition includes persons having origins in any of the black racial groups of Africa.<sup>1</sup>

**Yes** [If yes, go to Question 4a.]

**No** [If no, go to Question 5.]

Optional Question 4a. If yes was chosen above, select all that apply from the list below (*this question will not be answered by school staff*):

Decline to indicate

Ethiopian-Other

Somali

African-American

Liberian

Other black

Ethiopian-Oromo

Nigerian

Unknown

Go to Question 5.

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**Question 5. Is the student Native Hawaiian or Other Pacific Islander as defined by the federal government?** The federal definition includes persons having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands.<sup>1</sup>

**Yes** [Go to Question 6.]

**No** [Go to Question 6.]

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**Question 6. Is the student white as defined by the federal government?** The federal definition includes persons having origins in any of the original peoples of Europe, the Middle East, or North Africa.<sup>1</sup>

**Yes**

**No**

Parent(s)/Guardian Name \_\_\_\_\_ Date \_\_\_\_\_

Parent(s)/Guardian Signature \_\_\_\_\_

Print/Save

# CENTURY ELEMENTARY SCHOOL SUPPLY LIST BY GRADE

## KINDERGARTEN

Please check the teacher specific supply lists as well

- 2 plastic folders with prongs
- 12 #2 wooden pencils (not plastic coated)
- 2 boxes of 24 crayons
- 1 large box of Kleenex
- 1 large school backpack (no wheels)
- 1 package of Crayola markers
- 1 box of crackers or similar snack (to be shared)
- Tennis shoes with good traction/soles
- 6 glue sticks or 1 glue bottle
- 1 child's Fiskars scissors
- Headphones (NO earbuds)
- Water bottle with name on it

## FIRST GRADE

Please check the teacher specific supply lists as well

- 12- #2 sharpened Ticonderoga wooden pencils (not plastic coated)
- 6 glue sticks
- 2 containers of Lysol wipes
- 1 school box (about 5"x8")
- 1 backpack (no wheels)
- 1 pointed child's Fiskars scissors
- 1 large box of Kleenex
- Headphones
- 1 large pencil eraser
- 1 ream of colored copy paper
- Tennis shoes that tie
- 1 box of 24ct Crayola crayons
- 4 Expo dry erase markers
- 1 (4oz) bottle of Elmer's glue (no gel or colors)
- 2 sturdy plastic folders with prongs
- 1 3-ring binder (1" with plastic sleeve on the front cover)
- 6 Elmer's glue sticks
- Water bottle with name on it
- 1 box of any sized ziplock bags

## SECOND GRADE

- 2 wide-lined 70-sheet spiral notebooks

- Large pink eraser
- 1 large box of Kleenex
- 1 box of Crayola crayons
- 1 container of disinfectant wipes
- 2 large or 4 small glue sticks
- Plastic 5"x8" pencil box
- 2 plastic folders with pockets
- 4 Expo dry erase markers
- Backpack (no wheels)
- Tennis shoes that tie
- 24 #2 sharpened pencils (no plastic coating)
- Index cards
- Post it notes
- 1 pack of colored pencils
- Headphones
- Water bottle with name on it
- Recommended: addition/subtraction flash cards for practice at home

## THIRD GRADE

- 3 wide-ruled spiral notebooks
- Headphones
- Backpack (no wheels)
- Scissors
- 4 Expo dry erase markers (dark colors with broad tip)
- 1 deck of playing cards
- 6 Elmer's glue sticks
- Plastic 5"x8" pencil box
- 2 boxes of Kleenex
- 12 pk of #2 pencils
- Tennis shoes that tie
- 1 pk of Crayola crayons or colored pencils
- Crayola markers
- Erasers
- 1 ream of colored copy paper
- Water bottle with name on it
- 2 containers of Lysol wipes

## FOURTH GRADE

Please label your items. Individual teachers may have additional requests.

- 12 pk of sharpened #2 pencils (not plastic coated)
- 2 large boxes of Kleenex



# CENTURY ELEMENTARY SCHOOL SUPPLY LIST BY GRADE

- 1 pk of Crayola crayons
- Crayola markers (optional)
- Backpack
- 2 red pens
- Erasers
- Scissors
- 2 highlighters
- 5 wide-ruled spiral notebooks
- Colored pencils
- 2 plastic pocket folders
- Headphones
- Tennis shoes that tie
- 4 glue sticks
- Hand-held pencil sharpener
- Ruler
- 1 ream of colored copy paper
- 2 dry erase markers

- AA/AAA batteries
- Ziplock bags, (any size)
- Cotton balls
- Hand sanitizer
- Folders
- Pencils
- Washable markers
- Crayola colored pencils
- Glue sticks
- Brown/white lunch bags
- Glue sticks
- Erasers
- Kleenex
- Crayola watercolor paints
- 6-8oz Dixie cups
- Any sized post-it notes
- Wiggly eyes
- Waxed paper
- Index cards
- Tape (scotch or masking)
- Rulers with inches and centimeters
- Age appropriate games such as Connect Four, Candyland, Twister, etc.

**THANK YOU FOR ALL  
YOU DO FOR EDUCATION!!**

**IF YOU WISH TO DONATE ANY  
ITEM TO YOUR CHILD'S CLASS,  
PLEASE REFER TO THIS LIST:**

- Low-odor Expo dry erase markers
- Large and small paper plates
- Napkins

# PARK RAPIDS CENTURY MIDDLE SCHOOL SUPPLY LIST

## 5th Grade

2 dozen pencils- NO mechanical pencils  
Headphones or earbuds  
5 spiral notebooks  
Scissors  
Colored pencils  
Big eraser  
2 big boxes of facial tissues  
Glue sticks  
Highlighter  
5- 2 pocket folders  
Disinfecting wipes

## 6th Grade

1- 2 ½" binder  
5- 2 pocket folders with 3 holes  
Pencil pouch with 3 holes  
Scissors  
Highlighter  
Colored pencils  
Pens  
Markers (package of 8 or more)  
2 notebooks  
Erasers, gluesticks, hand-held pencil sharpener  
Headphones/earbuds  
1 big box of facial tissues  
Pack of Expo markers  
2 dozen pencils  
Scientific calculator

## 7th and 8th Grade

Headphones, NO earbuds  
Black & white composition notebook  
Scientific calculator  
3 dozen pencils  
Pens  
5 notebooks  
5 folders  
Hand-held pencil sharpener  
Scissors

Facial tissues  
Hand sanitizer  
Disinfecting wipes  
Expo Markers  
Wooden pencils  
Colored pencils  
Markers  
Highlighters  
Glue sticks

*NOTE: some items will need to be replenished throughout the school year!*

**\*\*ALL students in grades 5-8, will need 1-2 pairs of solid black mesh gym shorts and a t-shirt with either Park Rapids or Panthers logo for gym. These items can be purchased at the K12 Payment Center on our school website.**

**PLEASE...NO TRAPPER KEEPERS OR ROLLER BACKPACKS, NO FOIL WRAPPED OR FANCY PENCILS AS THEY RUIN THE PENCIL SHARPENERS**

# Park Rapids Area High School

## General Supplies for students

### All 9-12 Classes:

Pencils  
Folders  
3-ring binder  
Loose leaf paper  
Notebooks  
Head phones

**IF YOU WISH TO DONATE ANY  
ITEM TO YOUR CHILD'S CLASS,  
PLEASE REFER TO THIS LIST:**

- Low-odor Expo dry erase markers
- Kleenex
- Pencils

### Physical Education:

Gym clothes/shoes

### ART:

**Photography I & II-SD Card**

**Drawing, Painting, Fund/ Art-Pencil, Eraser**

**Graphic Design, Calligraphy-Pencil, Eraser**

**MATH:** In addition to the above we also highly recommend a calculator. A TI-30x IIs is what our department uses. For students in Adv. Algebra 2, Algebra 2, Trig/Statistics, College Algebra and Calculus a TI-84 plus would be very useful. If you have any questions, please contact your math teacher.



# PARK RAPIDS AREA SCHOOLS

# 2024-2025 CALENDAR



Aug 26<sup>th</sup> – 29<sup>th</sup> .....Staff Development  
 August 28<sup>th</sup> .....Open House  
 August 30<sup>th</sup> .....Floating Staff Development day  
 September 2<sup>nd</sup> ..... No School K-12, Labor Day  
 September 3<sup>rd</sup> .....School Begins  
 September 23<sup>rd</sup> ..... No School, Staff Development Day  
 October 17<sup>th</sup> & 18<sup>th</sup> ....No School, Teacher Statewide Mtgs.  
 October 21<sup>st</sup> & 23<sup>rd</sup> .... K - 6<sup>th</sup> Grade P/T Conferences  
 October 23<sup>rd</sup> .... 7<sup>th</sup> – 12<sup>th</sup> Grade P/T Conference  
 November 11<sup>th</sup> .....No School, Staff Development day  
 November 26<sup>th</sup> .....End of the Trimester  
 November 27<sup>th</sup> .....No School, Staff Development Day  
 November 28<sup>th</sup> & 29<sup>th</sup> ....No School, Thanksgiving Break  
 Dec. 23<sup>rd</sup> – Jan. 1<sup>st</sup> .....No School, Winter Break  
 January 15<sup>th</sup> .... 7<sup>th</sup> – 12<sup>th</sup> Grade P/T Conference  
 January 20<sup>th</sup> .....No School, Staff Development Day  
 February 21<sup>st</sup> .....No School  
 February 27<sup>th</sup> .....End of the Trimester  
 February 28<sup>th</sup> .....No School, Staff Development day  
 March 3<sup>rd</sup> & 5<sup>th</sup> .... K - 6<sup>th</sup> Grade P/T Conferences  
 March 24<sup>th</sup> ..... No School, Staff Development Day  
 April 9<sup>th</sup> .... 7<sup>th</sup> – 12<sup>th</sup> Grade P/T Conference  
 April 18<sup>th</sup> .....No School, Easter Break  
 April 21<sup>st</sup> .... No School, Staff Development Day  
 May 23<sup>rd</sup> .....Last day of school/Early Out  
 May 25<sup>th</sup> .....Graduation  
 May 26<sup>th</sup> ..... No School, Memorial Day

*E-Learning Days will be held in the event of unplanned school closures due to emergency situations*

1<sup>st</sup> Trimester = 57 Days  
 2<sup>nd</sup> Trimester = 54 Days  
 3<sup>rd</sup> Trimester = 57 Days

Total - 168 Student Contact Days

Total- 183 Teacher Contract Days

\*\*2 Principal Discretionary days (½ Open House, ½ Online Trainings, 1 day designated on August 30 to be used at some time in the month of August)

\*\*2 Parent Teacher Conferences days

KEY	
	No School Day – Students & Staff
	End of Tri
	No School for Students – Staff Development
	Parent Teacher Conference - Evening
	Last Day of school/Early Out

AUGUST 2024							FEBRUARY 2025							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3							1	
4	5	6	7	8	9	10	2	3	4	5	6	7	8	
11	12	13	14	15	16	17	9	10	11	12	13	14	15	
18	19	20	21	22	23	24	16	17	18	19	20	21	22	
25	26	27	28	29	30	31	23	24	25	26	27	28		
SEPTEMBER 2024							MARCH 2025							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7							1	
8	9	10	11	12	13	14	2	3	4	5	6	7	8	
15	16	17	18	19	20	21	9	10	11	12	13	14	15	
22	23	24	25	26	27	28	16	17	18	19	20	21	22	
29	30						23	24	25	26	27	28	29	
							30	31						
OCTOBER 2024							APRIL 2025							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4	5							
6	7	8	9	10	11	12	6	7	8	9	10	11	12	
13	14	15	16	17	18	19	13	14	15	16	17	18	19	
20	21	22	23	24	25	26	20	21	22	23	24	25	26	
27	28	29	30	31			27	28	29	30				
NOVEMBER 2024							MAY 2025							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2					1	2	3	
3	4	5	6	7	8	9	4	5	6	7	8	9	10	
10	11	12	13	14	15	16	11	12	13	14	15	16	17	
17	18	19	20	21	22	23	18	19	20	21	22	23	24	
24	25	26	27	28	29	30	25	26	27	28	29	30	31	
DECEMBER 2024							JUNE 2025							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
1	2	3	4	5	6	7	1	2	3	4	5	6	7	
8	9	10	11	12	13	14	8	9	10	11	12	13	14	
15	16	17	18	19	20	21	15	16	17	18	19	20	21	
22	23	24	25	26	27	28	22	23	24	25	26	27	28	
29	30	31					29	30						
JANUARY 2025							JULY 2025							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	
			1	2	3	4								
5	6	7	8	9	10	11	6	7	8	9	10	11	12	
12	13	14	15	16	17	18	13	14	15	16	17	18	19	
19	20	21	22	23	24	25	20	21	22	23	24	25	26	
26	27	28	29	30	31		27	28	29	30	31			