## **WELCOME BACK TO SCHOOL!!**



# Attendance Tips to Improve Student Attendance

### **Get Ready**

Make sure clothes, backpack and lunch or snacks are ready the night before. Establish your transportation plan.



#### **Routines**

Ensure students keep a regular bedtime (teens too!) and establish a morning routine so they are rested and alert at school. Turn off and put away all electronics 30 minutes before bedtime.

#### Have a Health Concern?

Check with the health office or main office staff if you are not sure whether to keep your student at home due to illness.

Counselors are also available to help students who feel anxious about school.





## **Back-Up Plan**

Develop back-up plans for getting to school if something comes up. Call on a family member, neighbor or another parent to take your student to school.



## VUSD is Here to Help!

Strong school attendance has a huge impact on school success. We want to ensure that students are in school every day possible.

## Parents Can Help!

- Schedule vacations during school breaks.
- As much as possible, schedule dentist, doctor or other appointments after school.
- Contact your school with any concerns.
- Let your students know that school is a priority.
- Ask your students about the best part of their school day. Emphasize the positives.
- Get involved at your student's school.