

Alternate Networks

- Premier Select BlueChoice
- Blueprint Health

BlueCross BlueShield Nebraska

An independent licensee of the Blue Cross and Blue Shield Association

EHA Educators Health Alliance

Agenda

1. Alternate networks
2. Benefit plan options
3. Discussion/Q&As

Alternate networks help lower costs and improve your benefits

Alternate network options

The next generation of health care offered by EHA and Blue Cross and Blue Shield of Nebraska.

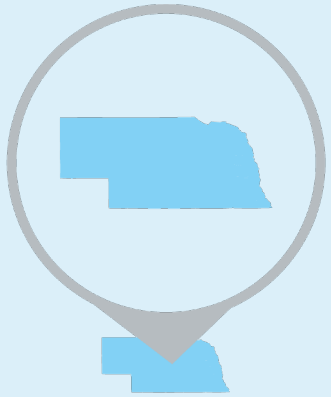
Alternate networks are:

- Select provider networks with fewer hospitals and doctors than other networks
- Often available in only a specific geographic area
- Keep out-of-pocket costs lower for you and your family

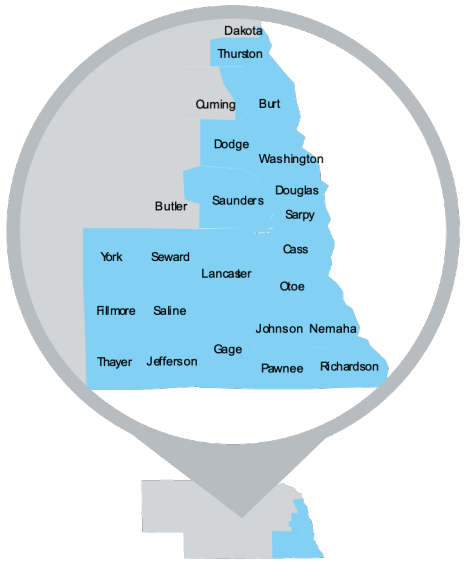


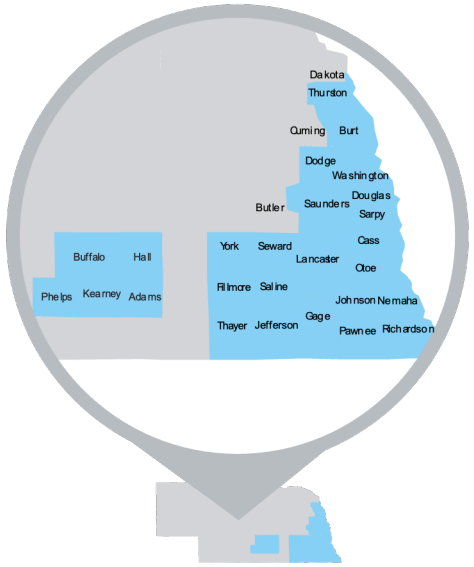
Current network

NEtwork BLUE



You may select NEtwork BLUE if you live anywhere in Nebraska.





Alternate networks

Premier Select BlueChoice

This network is available in ZIP codes starting with 680, 681, 683, 684 or 685.

Some key hospitals and health care providers in this network include:

- Methodist Hospital System
- Nebraska Medicine
- Bryan Health
- Boys Town National Research Hospital
- Children's Hospital & Medical Center

Blueprint Health

This network Is available in:

- ZIP codes starting with 680, 681, 683, 684 or 685 -- OR
- Adams, Buffalo, Hall, Kearney or Phelps counties

Some key hospitals and health care providers in this network include:

- CHI Health System
- Alegent Creighton Health Services
- Nebraska Spine Hospital LLC
- Boys Town National Research Hospital
- Children's Hospital & Medical Center

For a complete list of hospitals and providers, visit **NebraskaBlue.com/Networks.**

Considerations when choosing a network

What happens if I or any covered family members have an emergency situation? Will we be covered?

All plans allow you to go to the nearest hospital or emergency facility for medically necessary emergency services. For true emergencies, benefits will be paid at the in-network level even if the facility or provider is out of network. However, if the provider is out of network you will be responsible for charges that exceed BCBSNE's allowable amount.

What happens if my doctor leaves the network in the middle of the year?

There is always a possibility that a doctor could change networks mid-year. It is your responsibility to confirm that your doctor is in network. If the doctor leaves the network, and you do not want to pay higher out-of-network costs to see them, you should consider changing doctors.

What if I need a procedure that can only be performed by an out-of-network doctor?

All networks include a variety of doctors and specialties. However, if you need a procedure that can only be performed by an out-of-network provider, you would be responsible for the higher, out-of-network cost shares.

What if we travel to, or have children attending college, in western Nebraska?

If you travel extensively or have dependents in college in western Nebraska, you should consider staying with NEtwork BLUE.

There are no in-network providers available in western Nebraska for the alternate networks. Any services, with the exception of emergency care, would be applied to your out-of-network cost shares. You and/or your family may use telehealth through Amwell® for acute or behavioral health care anywhere in the state of Nebraska. Amwell is an in-network provider.

You choose the plan that works best for you and your family

Option 2

	Base Plan - NEtwork BLUE		Alternate network	
	In network	**Out of network**	**In network**	**Out of network**
Deductible				
Individual Family	$1,200 $2,400	$2,400 $4,800	$0 $0	$1,000 $2,000
Coinsurance				
Member pays	20%	40%	20%	50%
Out-of-pocket maximum				
Individual Family	$5,000 $10,000	$10,000 $20,000	$4,600 $9,200	$9,500 $19,000

Dual Option - Qualified High Deductible Health Plan

	Base Plan -NEtwork BLUE		Alternate network	
	In network	**Out of network**	**In network**	**Out of network**
Deductible				
Individual Family	$3,800 $7,600	$7,600 $15,200	$2,500 $5,000	$5,000 $10,000
Coinsurance				
Member pays	10%	20%	10%	20%
Out-of-pocket maximum				
Individual Family	$4,350 $8,700	$13,000 $26,000	$3,500 $7,000	$10,500 $21,000

Finding Your Doctor's Networks



Click on Find A Doctor at https://www.nebraskablue.com

Find a Doctor

Choose from quality doctors, hospitals and dentists that are part of our trusted networks. You'll get the most from your health coverage by choosing a doctor and hospital in your plan's network.

From doctors and hospitals to dentists and specialists, our Find a Doctor tool makes it easy to find in-network doctors and hospitals near you – anywhere you go. For personalized results related to your coverage, log in to your myNebraskablue account.

Log into myNebraskaBlue to Search Doctors

Don't have a myNebraskaBlue account?

Search as a Guest

Click on Search as Guest

Enter an address, city or zip code

Use my current location

Enter zip code of Physician



Click on Doctor by name

Doctors by name

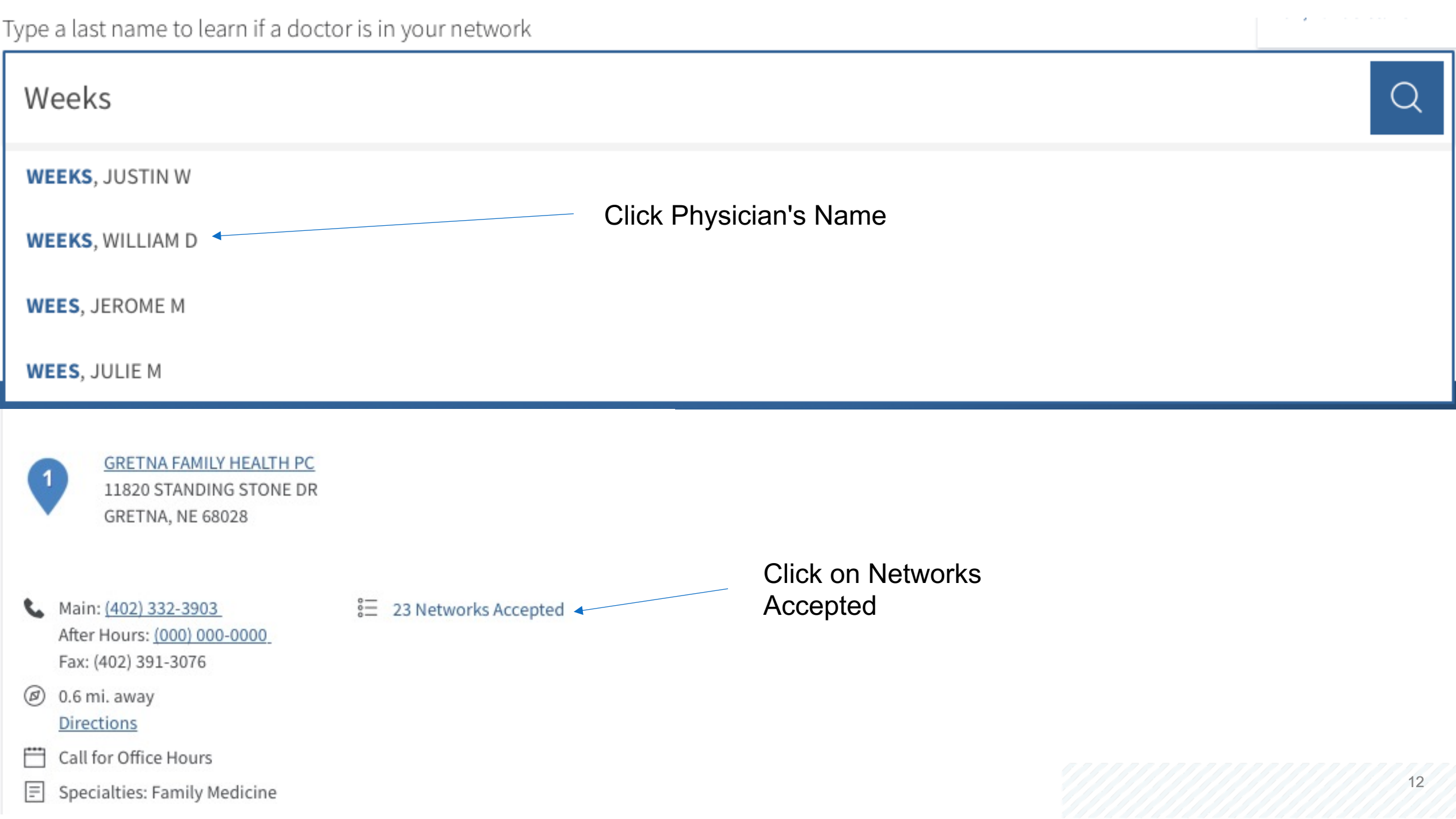
Doctors by specialty

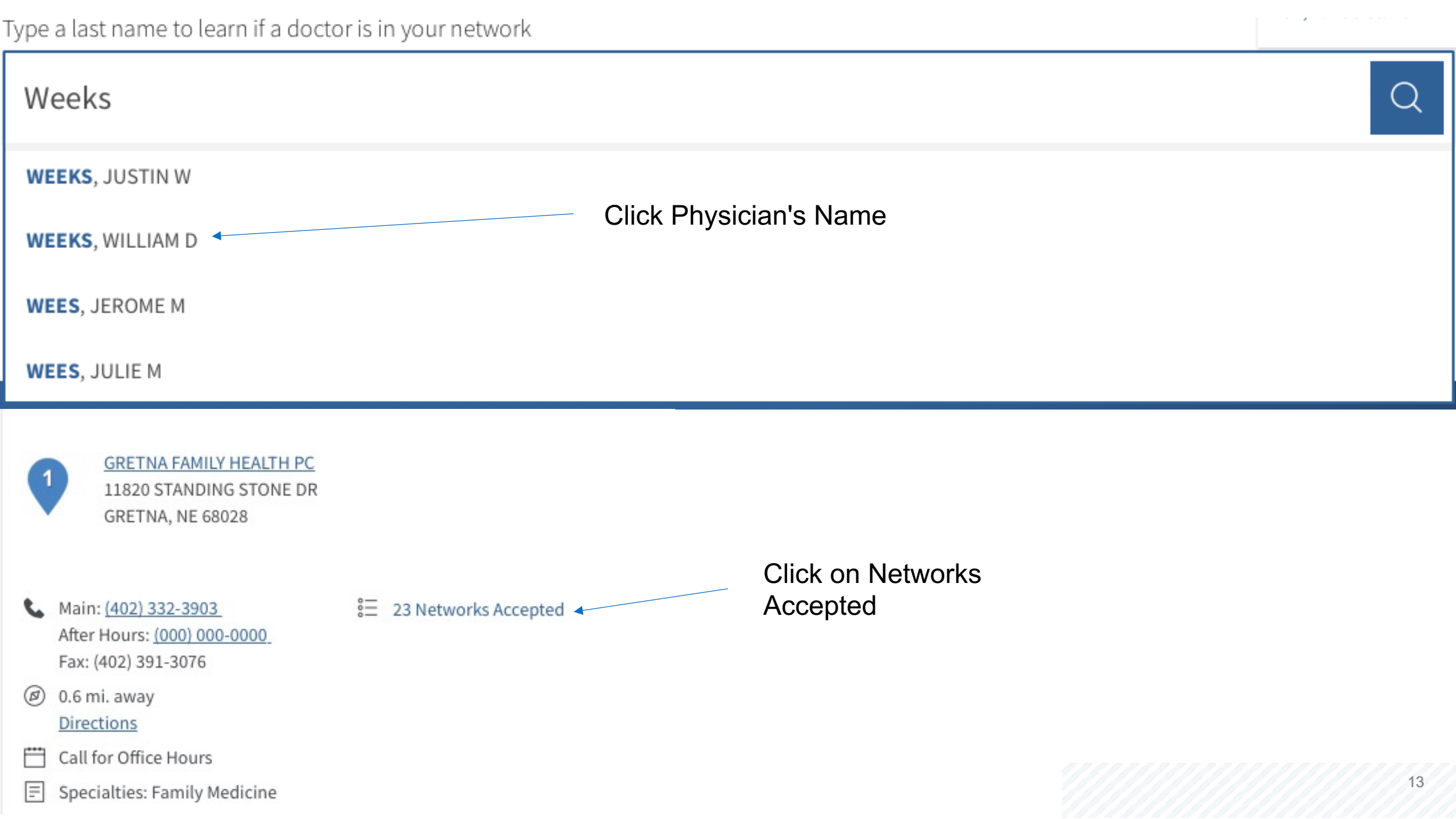
Places by name

Places by type

Search all

Advanced search


Type a last name to learn if a doctor is in your network
Weeks
WEEKS, JUSTIN W
WEEKS, WILLIAM D
WEES, JEROME M
WEES, JULIE M
Click Physician's Name
1
GRETNA FAMILY HEALTH PC
11820 STANDING STONE DR
GRETNA, NE 68028
Main: (402) 332-3903
After Hours: (000) 000-0000
Fax: (402) 391-3076
23 Networks Accepted
Click on Networks Accepted
0.6 mi. away
Directions
Call for Office Hours
Specialties: Family Medicine


Type a last name to learn if a doctor is in your network
Weeks
WEEKS, JUSTIN W
WEEKS, WILLIAM D
WEES, JEROME M
WEES, JULIE M
Click Physician's Name
1
GRETNA FAMILY HEALTH PC
11820 STANDING STONE DR
GRETNA, NE 68028
Main: (402) 332-3903
After Hours: (000) 000-0000
Fax: (402) 391-3076
23 Networks Accepted
Click on Networks Accepted
0.6 mi. away
Directions
Call for Office Hours
Specialties: Family Medicine

Mental Health Change for September 1st, 2021

There will be no member cost shares for in-network outpatient office visits for mental illness and/or substance dependence and abuse covered services. The following types of in-network office visits will be paid at 100%

- Individual
- Group
- Family
- Marriage counseling

Services need to be from an in-network provider. The benefit is for outpatient office visits for mental health or substance abuse. These services will be paid at 100%

Gregory Long
EHA Field Representative
Email: greg@ehaplan.org
Phone: 402-440-9633
Twitter: @EHAGregLong1



Questions?

BlueCross BlueShield Nebraska

An independent licensee of the Blue Cross and Blue Shield Association

EHA Educators Health Alliance