

# **Green Bear Student-Athlete/ Parent Meeting**



**August 1, 2024  
Ottawa Hills Jr./Sr. High School**

# **Tonight's Agenda**

- ▶ **Welcome, Introduction, & Overview**
- ▶ **Meet the Coaches**
- ▶ **Athletic Forms & Participation**
- ▶ **General Athletic Policies**
- ▶ **Staying Connected**
- ▶ **Jasa George- Eligibility**
- ▶ **Athletic Training**
- ▶ **Fitness Center**
- ▶ **Julie Anderson - OH Boosters**
- ▶ **Breakout Sessions**



# **Athletic Director Ryan Wronkowitz**

## ▶ **Welcome and Introduction**

**If you need to contact me:**

- ▶ **Email: [rwronkowitz@ohschools.org](mailto:rwronkowitz@ohschools.org)**
- ▶ **Athletics Office**



# Fall Sports Head Coaches

- ▶ **Cheerleading: Nicole Marshall**      **JH: Kerstyn Weaver**
- ▶ **Cross Country: Jeremy Nixon**      **JH: Jeremy Nixon**
- ▶ **Dance Team: Sophie Heidenreich**
- ▶ **Field Hockey: Anna Brandstetter**      **JH: Eva Frost Murnan**
- ▶ **Football: Brandon Carter**      **JH: Sean Hickey and  
Brandon Shreve**
- ▶ **Golf: Justin Kruse**
- ▶ **Soccer – Girls: Jessica Kozy**
- ▶ **Soccer – Boys: Rodclif “JR” Hall**
- ▶ **Tennis: Jeff Harst**
- ▶ **Volleyball: Heather Holly**      **JH: Shawn Ginnan**



# **Winter Sports Head Coaches**

- ▶ **Basketball - Boys: John Lindsay**
  - ▶ **JH: Brian George/TBA**
- ▶ **Basketball - Girls: Tim Lambert**
  - ▶ **JH: Dana Sabback/Ty Bailey**
- ▶ **Swimming and Diving: Emma Halpin**



# **Spring Sports Head Coaches**

- ▶ **Baseball: Chris Hardman**
- ▶ **Softball: TBA**
- ▶ **Lacrosse - Girls: John DeMilt**
- ▶ **Lacrosse - Boys: Tim Best**
- ▶ **Tennis - Boys: Dan Amato**
- ▶ **Track: Jeremy Nixon** **JH: TBA**



# **From the OHSAA...**

## **Participation in interscholastic athletics programs:**

- **...is a privilege, not a right.**
- **...is not designed to prepare you for the next level of sports. Rather, it allows students to engage in a well-rounded experience that includes participation in a multitude of extracurricular activities.**
- **...implements educational components of participation in interscholastic athletics programs.**
- **...promotes student academic achievement and success over athletics achievement and success.**



# Athletic Forms Required to Participate

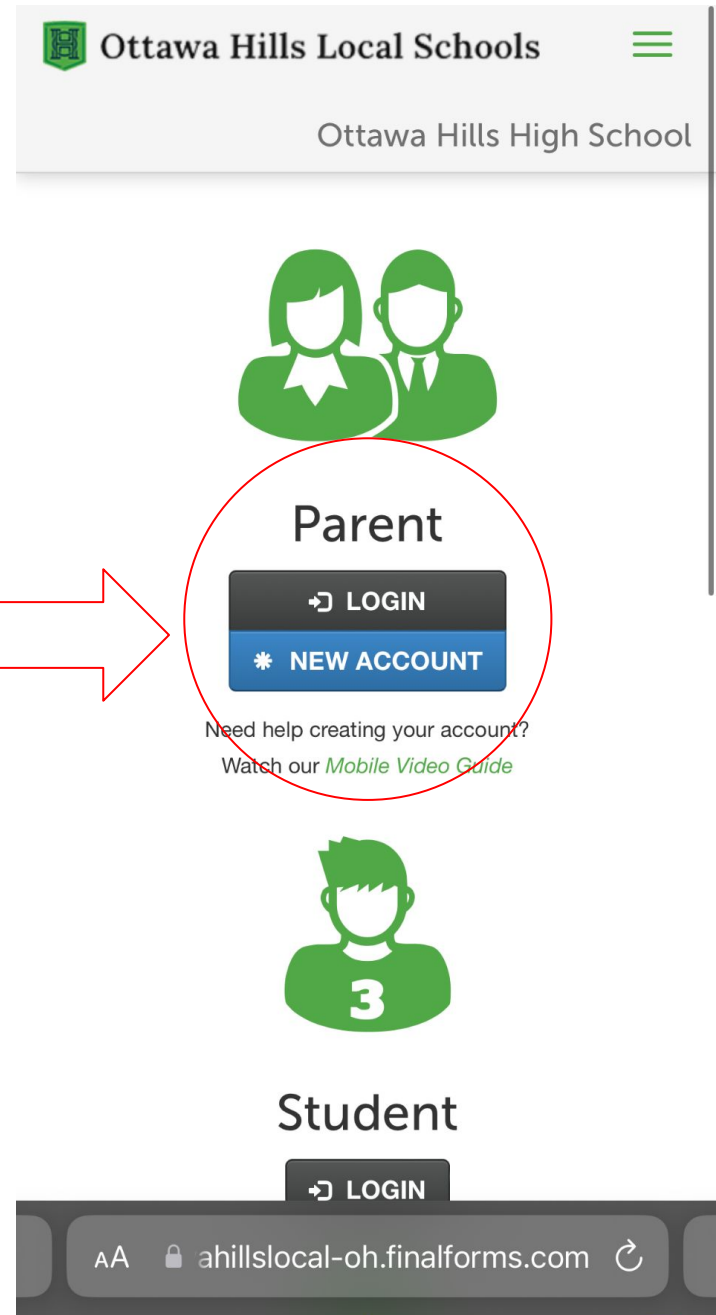
- ▶ Updated and current athletic physical signed/dated by physician
- ▶ Signed off on all other forms available through Final Forms
  - ▶ Signed by parents and students
  - ▶ <https://ottawahillslocal-oh.finalforms.com/parents/login>
- ▶ Important because they all tie in with the OHSAA





# Final Forms Basics

1. Click the Final Forms button to open the Final Forms website.
2. Locate the parent icon and click **NEW ACCOUNT**, then follow the steps to create your account.
3. Type **YOUR NAME**, **DATE OF BIRTH**, and **EMAIL**. Click **REGISTER**.
4. Note: You will receive an email within 2 minutes prompting you to confirm and complete your registration. If you do not receive an email, then check your spam folder. If you still cannot locate the Final Forms email, then email [support@finalforms.com](mailto:support@finalforms.com) informing our team of the issue.
5. Check your email for an **ACCOUNT CONFIRMATION EMAIL** from the Final Forms Mailman. Once received and opened, click **CONFIRM YOUR ACCOUNT** in the email text.
6. Create your new Final Forms password. Next, click **CONFIRM ACCOUNT**.
7. Click **REGISTER STUDENT** to register your first child.



# Final Forms Basics



Ottawa Hills Local Schools

My Students Mode



My Students



Amanda Neuendorf  
Parent

## My Students

Manage your students within the system.

+ Add Student

Instructions

Status	Name	Sports/Activities	Actions
<div> <b>Unsigned Forms</b> (Click to notify student) Physical expires on 8/17/24 (in 40 days)</div>	<div> Neuendorf, Jace jneuatorf26@ohschools.org 11th Grade</div>	<div><input checked="" type="checkbox"/> Boys HS Football <input checked="" type="checkbox"/> Boys HS Basketball <input checked="" type="checkbox"/> Boys HS Track &amp; Field <a href="#">+ Add Sports</a></div>	<div> Update Forms  + PPE Medical  2  Profile  Edit</div>
<div> <b>Unsigned Forms</b> (Click to notify student) Physical expires on 2/2/25 (in 209 days)</div>	<div> Neuendorf, Quinn qneuendorf30@ohschools.org 7th Grade</div>	<div><input checked="" type="checkbox"/> Boys JH Football <input checked="" type="checkbox"/> Boys JH Basketball <input checked="" type="checkbox"/> Boys JH Track &amp; Field <a href="#">+ Add Sports</a></div>	<div> Update Forms  + PPE Medical  1  Profile  Edit</div>

All additional forms that need to be signed by parent and athlete: Lindsay's Law, Concussion, etc

**\*\* Forms will not be marked complete until both of these sections are filled out and signed by parent and athlete\*\***

scan and upload signed doctor's clearance physical forms here

# **General Athletic Policies**

- ▶ **Communication is Key**
- ▶ **24-Hour Rule with Coaches**
- ▶ **Issues**
  - ▶ **Student-athletes meet with coaches**
  - ▶ **Parents and student-athletes can meet with coaches**
  - ▶ **Athletic Director and administrators can be brought into to meet with group**



# **General Athletic Policies**

- ▶ **School Handbook in Effect at All Times**
- ▶ **Student-Athletes Are Positive Role Models**
- ▶ **Respect to Officials, Coaches, and Players**
  - ▶ **Officials shortages throughout the state, stay positive**
  - ▶ **Ejections are automatic 2-game suspensions per OHSAA**
  - ▶ **Stay encouraging as fans**
  - ▶ **We want opponents to speak highly of coming to Ottawa Hills!**



# **General Athletic Policies**

- ▶ **Facilities/Equipment**
  - ▶ **Treat with respect - property of OH Schools**
  - ▶ **Clean up after yourselves**
  - ▶ **If facilities are locked, please do not jump fences**
  - ▶ **Many other practice fields to use**

# **General Athletic Policies**

- ▶ **Transportation**
  - ▶ **Only one bus, 22 teams**
  - ▶ **Will rely on parent transportation for lots of events**
  - ▶ **Distance from Ottawa Hills will determine first priority on bus availability**
  - ▶ **Thank you for understanding!!!**



# **General Athletic Policies**

- ▶ **Tickets/Booster Passes**
  - ▶ **Available Online through**  
**<https://www.ohschools.org/tickets>**
  - ▶ **Varsity events \$8/\$5**
  - ▶ **JV/JH events \$5/3**
  - ▶ **Cash will also be accepted at the gate**
  - ▶ **Booster Passes not valid for OHSAA events**



# **General Athletic Policies**

- ▶ **Picture Days**
  - ▶ **High Schools - Aug. 13**
  - ▶ **Junior High - Aug. 21**
    - ▶ **Times Coming out soon to coaches**
    - ▶ **Seniors need to bring banner form and \$45 with them**
      - ▶ **(cash or check made out to Impulse)**



# Staying Connected

Fall Sports

—

Cheerleading

Cross Country

Dance Team

Field Hockey

Football

Golf (boys)

Soccer (girls)

Soccer (boys)

Tennis (girls)

Volleyball

- ▶ **Each team has a parent liaison. Make sure you know who that person is and what his/her preferred method of communication is (email, Remind app, etc.)**
- ▶ **Each team has a page on the Ottawa Hills Local Schools website that includes team photo, coach info, and calendar**
- ▶ **Follow your team on social media.**
  - ▶ **Facebook: Ottawa Hills Green Bears**
  - ▶ **Twitter: @OHLS\_GreenBears (new account)**
  - ▶ **Instagram: @OHLS\_GreenBears**
- ▶ **Subscribe to your team's calendar via Google. Instructions are on the athletics website**
- ▶ **Sign up for OH Connections or modify your subscription to add *Athletic Boosters***



# **Jasa George, Assistant Principal**

- ▶ **In order to maintain eligibility:**
  - ▶ A student must maintain a 1.75 GPA or higher each quarter to be eligible to participate the following quarter.
  - ▶ A student must pass 5 one credit courses.
  - ▶ Grade checks will be done each week. If a student is below the 1.75 GPA and/or not passing 5 one credit courses, the student will be put on an academic plan with supports to help improve grades. This may include tutoring before/after school or at lunch; student may also have to miss practice to improve grades.
- ▶ **In order to participate in a practice or game, the individual must do the following:**
  - ▶ Be in attendance for one half day of school (or 3 periods of the day). This includes excused absences (i.e. doctor's appointment) and weekend competitions.
- ▶ **Please refer to the student handbook for further athletic and extracurricular information and guidelines. (pg 62)**



# **Jasa George, Assistant Principal**

- ▶ **Academic Supports**
- ▶ **Study Opportunities**
- ▶ **Structured study hall**
- ▶ **Academic check-outs**



# Meet the Athletic Trainer

**Abbey Oswald ATC, MHA, *Certified Athletic Trainer***  
***Orthopaedics and Sports Medicine***  
***Promedica***

- ▶ On campus hours: 2:30 PM - 8:30 PM/ whenever games and practices conclude
- ▶ When & where you can find me:  
Email: [aoswald@ohschools.org](mailto:aoswald@ohschools.org)  
Cell: **734-347-7683**
- ▶ Access to top-notch sports medicine physicians: Promedica Wildwood
- ▶ WIPP Program
- ▶ Physician clearance notes
- ▶ Emergency Medical Forms
- ▶ Heat exhaustion/nutrition



# Kadens Family Fitness Center

- ▶ Michael Yuschak M.Ed: Fitness Center Coordinator
- ▶ Our mission: Promote exercise and health and wellness habits to OH students, student-athletes, and staff
- ▶ Over 400 individuals have used the Fitness Center
- ▶ 15 teams train together and individuals from the other 7 teams and cheerleaders use the Fitness Center
- ▶ Hours of operation for students and staff
  - ▶ Mondays 6-8 a.m and 2-5:30 p.m.
  - ▶ Tuesdays 6-8 a.m.
  - ▶ Wednesday 2-5:30 p.m.
  - ▶ Thursday 6-8 a.m. and 2-530 p.m.
  - ▶ Fridays: 6-8 a.m.
- ▶ Refer to the Office of Village Life for community classes and camps
- ▶ Contact information can be found at the Athletics Website ([ohschools.org/athletics](https://ohschools.org/athletics))



**Excellence. Tradition. Green Bears.**



**OH Boosters Presentation:  
Julie Anderson**

- ▶ Who are the Boosters?
- ▶ Parent Support/Participation
- ▶ Booster Passes

**Follow us On Social Media:**



**@OH\_Boosters**



**@ohboosters**



**Oh Athletic Boosters**

**Booster BBQ:  
Friday, Sept  
6th 5-7PM**



# Breakout Sessions

- ▶ Cross Country: Auditorium
- ▶ Field Hockey: Room 119
- ▶ Football: Foundry
- ▶ Golf: Room 101
- ▶ Girls Soccer: Room 121
- ▶ Boys Soccer: Library (upstairs)
- ▶ Girls Tennis: Room 117
- ▶ Volleyball: Room 113
- ▶ Cheer/Dance/Winter/Spring: Dismissed

