

Athletic Frequently Asked Questions



Welcome to the 2024-2025 Athletic School Year!

This document will hopefully give both student-athletes and parents a better understanding of the rules and information needed to be a student-athlete and parent at Hidden Valley High School!

Quick Facts:

1. RCPS has a clear bag policy at all our events.
2. Ticket prices for all athletic events in the 2024-2025 school year will be \$7.
3. Athletic Season Passes for the 2024-2025 Season can be purchased at any time. Please contact HVHS or scan the QR Code below to purchase:



Eligibility questions: Each student-athlete must...

1. Be a student in good standing at HVHS. Which means currently taking 5 classes or their equivalent in credits and have passed 5 classes or their equivalent in credits the previous semester.
2. A student-athlete cannot repeat and use a previously passed course for eligibility purposes.
3. A student-athlete must not have reached their 19th birthday on or before August 1st of the current school year.
4. Each student-athlete has 8 semesters to complete their high school eligibility.
5. Each student-athlete must have an updated VHSL physical on file at HVHS completed after May 1st of 2024.
6. Each student-athlete must complete with their parent/guardian the RCPS Athletics Rules and Information form along with the HVHS Athletic Trainer Medical Form to be eligible to participate.

Attendance Policy:

A student-athlete may not participate in a game, practice or scrimmage held on a school day unless that student has attended a minimum of one-half of scheduled classes, which means two full blocks.

Team Travel:

Athletes must travel with their respective teams according to school arrangements unless permission is specifically approved by the AD or coach.



Substance Abuse Policy

Non-Nicotine Substance

Use/Possession: In the event that the substance use violation occurred on school property, in a school vehicle, at any school-sponsored event, going to and from school, or while participating in school sanctioned activities:

1. Parents will be contacted and informed.
2. School Resource Officer will be contacted.
3. Parents will attend a conference with the School Resource Officer, School Administrator and LIFE Counselor.
4. The student will receive a suspension from the squad for up to 12 months from the date of the offense or the building administrator may reduce the suspension to thirty calendar days with certain provisions.

Nicotine Substance

Use/Possession:

In the event that the substance use violation occurred on school property, in a school vehicle, at any school-sponsored event, going to and from school, or while participating in school sanctioned activities:

1. Parents will be contacted and informed.
2. Disciplinary action will be given by the school administrators.

Student-Athlete Ejections

Student-Athlete Ejection Penalties are as follows:

1. Unsportsmanlike conduct = 1 game.
2. Fighting and/or Hate Speech = 30% of the season.
3. Profanity = 20 % of season.
4. Student-Athletes who leave the bench to engage in an altercation = 20% of season.

*If any suspension is longer than the remaining games left to be played. That suspension will carry over to next year's season. For seniors, it would carry over into the next athletic season that athlete participates in.

Parent Ejections

Any parent who is asked to be removed from an HVHS athletic contest by either the officials or administration will be subject to a further suspension determined by the HVHS administration.
