



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

REACH & RISE® Youth Mentoring Program

The Butler County Family YMCA is proud
to be one of nine YMCAs in the country
that offer the Reach & Rise® Youth
Mentoring Program!



About Reach & Rise®

Reach & Rise® is a free, community program that supports youth facing obstacles & challenges by providing a safe & comfortable space for them to make new friends, learn new things, talk about what's on their minds, and receive encouragement from supportive adults to achieve their goals.

YOUTH MENTORING

Our program serves youth ages 6-17 who could benefit from help with improving self-esteem, decision making, academic success, social skills, building and maintaining healthy peer and family relationships, and feeling a sense of belonging.

- **Group Youth Mentoring:**

Groups of 6-8 similar aged youth meet weekly at the Butler YMCA, Broad Street School in Butler City, Rose E. Schneider Family YMCA and Karns City High School.

- **1:1 Youth Mentoring:**

A mentor will meet with one youth at the Butler or Rose E. Schneider Family YMCA for 1-3 hours a week, scheduled by the mentor.

VOLUNTEER MENTORS

Our program wouldn't exist without the passion of adult volunteers who are committed to helping the next generation rise to their fullest potential. Make an impact by becoming a mentor today!

Mentors must be 21+ years old and able to commit to 15 hours of training and one two-hour session a week for 16 weeks (for group mentors) or a full year (for one-to-one mentors).



**Scan to learn more,
refer a youth, and
to become a mentor!**

BUTLER COUNTY FAMILY YMCA • 339 N. Washington Street • Butler, PA 16001 • 724.287.4733 • bcfymca.org

The Reach & Rise® youth mentoring program is a national, evidence-based program recognized by the Office of Juvenile Justice and Delinquency Prevention program (OJJDP). We help kids learn about and manage emotions, build social skills, try new things, and develop and maintain healthy relationships.