



Get ready for one of the biggest adventures of your child's life!

Habit Time!

Set a standard bed and wake up time a few weeks in advance

- Let children choose what clothes they'd like to wear the next day.
- Routines make everyone feel in control, and that's a good feeling.



Good Health Time!

Make sure your child has the right shots to attend school

- If you are concerned your child may have a contagious illness, call your child's health care provider or school for advice.
- If your child is at high risk for complications from common illnesses, talk to your school about developing a health plan.
- Schedule non-urgent medical appointments and extended trips when preschool is not in session.



Preschool through first grade establishes the foundation for relationship building and life-long learning. Help your child gain comfort, self-confidence and delight in these milestone events.

Revised April 2024

Visit Attendance Works www.attendanceworks.org for strategies and resources