



SAUCON VALLEY SCHOOL DISTRICT

STUDENT ASSISTANCE PROGRAM 2022/2023

Caron SAP Liaison
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The Saucon Valley School District and Caron's primary goal of the Student Assistance Program is to help students overcome barriers so that they may achieve, advance, and remain in school. This is accomplished by providing tier interventions to three audiences: **students, caregivers, and professionals.**

Students receive education and prevention through psycho-educational support groups, classroom presentations, case management and behavioral health assessments.

Caregivers receive valuable information and guidance through one-on-one caregiver meetings with the Caron Liaison to enhance protective factors that support their child's educational needs.

Professionals receive SAP team support and educational information regarding current behavioral health topics.

Additional Services Provided by Caron

- SAP K-12 Training
- Maintain SAP files
- 63 SAP meetings
- Case management
- Behavioral Health Assessments
- Referral to In-School and Community-Based Supportive Services
- Prevention Education
- Recovery Care
- Early Intervention

Total District SAP Referrals*

258

District SAP Referral Information

- Top referral reasons include: internalizing and externalizing behaviors, attendance, academic issues
- Top referral sources include: Teachers, Administrators, School Counselors, Parents/Guardians
- Top recommendations/supports: educational support groups, school counselor check in's/out's, referrals for IEP and 504

Tier I Interventions

"Back to School Night". 50 students and families interacted with Caron during Saucon Valley's Back-to School night. Caregivers and students were given information about SAP and support group offerings.

"Screening, Brief Intervention, and Referral to Treatment" (SBIRT) is an evidence-based practice used to identify, reduce, and prevent problematic use, abuse, and dependence on alcohol and illicit drugs. SBIRT was completed for 247 8th and 10th grade students. Students who screened as mild risk were referred to psycho-educational support groups and students who screened high risk were referred to SAP and put through the SAP process.

Tier II Interventions

Educational Support Groups

Groups allow students to gain strength and understanding in a confidential setting from peers who share their struggles while also educating them with the tools necessary to thrive despite their challenges. Throughout the district, 73 students benefited from group topics listed below.

Friendship
Coping Skills
Anger Management
Emotional Regulation
Social Skills

Teen Issues
Mindfulness
Project Connect-nicotine cessation
VIEWS-vaping diversion
LGBTQ+
Resiliency

Tier III Interventions

Behavioral Health Assessments & Elementary Parent Meetings*

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| Number of Assessments | 13 |
| Number of Parent/Guardian Meetings | 13 |
| Accessed at least one recommendation | 13 |
| Case Management Meetings | 10 |

*Caron data as of 6/8/23. May not include additional district SAP data.