



SAUCON VALLEY SCHOOL DISTRICT

STUDENT ASSISTANCE PROGRAM 2023/2024

Caron SAP Liaison

Evelyn Velez-Curry

The Saucon Valley School District and Caron's primary goal of the Student Assistance Program is to help students overcome barriers so that they may achieve, advance, and remain in school. This is accomplished by providing tier interventions to three audiences: **students, caregivers, and professionals.**

Students receive education and prevention through psycho-educational support groups, classroom presentations, case management and behavioral health assessments.

Caregivers receive valuable information and guidance through one-on-one caregiver meetings with the Caron Liaison to enhance protective factors that support their child's educational needs.

Professionals receive SAP team support and educational information regarding current behavioral health topics.

Additional Services Provided by Caron

- SAP K-12 Training
- Maintain SAP Files
- 34 SAP Meetings
- Case Management
- Behavioral Health Assessments
- Referral to In-School and Community-Based Supportive Services
- Prevention Education
- Recovery Care
- Early Intervention

Total District SAP Referrals*

132

Tier I Interventions

Cliff Crosby "ACT"

1,176 Middle and High School students received prevention messaging from ex-NFL star Cliff Crosby. **ACT- Your Actions Create Your Tomorrow** is an inspirational story shared by Cliff detailing how hard work and hard choices helped him overcome difficult family circumstances.

Classroom Presentations

109 Middle and High School students were given prevention education on "**Brain Drain**". Brain Drain familiarizes students with parts of the brain and how they function. Students identify drugs that are abused and the impact they make on the developing brain and the cycle of addiction.

291 students at the Middle School were given presentations that focused on the "**7 Steps of Responsible Decision Making**". Students learned how to handle various situations such as social media usage, communication with others, conflict resolution, dealing with bullying, and wearing appropriate attire. Through different scenarios, students practiced making responsible decisions when faced with conflict.

Tier II Interventions

Educational Support Groups

Groups allow students to gain strength and understanding in a confidential setting with peers who share their struggles while also educating them with the tools necessary to thrive despite their challenges. Throughout the district, 11 students benefited from group topics listed below.

CARE-cannabis cessation
Project CONNECT-nicotine cessation
VIEWS-nicotine diversion

Tier III Interventions

Behavioral Health Assessments & Elementary Parent Meetings*

Number of Assessments	16
Number of ESAP Parent/Guardian Meetings	4
Number of Parent/Guardian Meetings Accessed at least one recommendation	13
	16

*Caron data as of 5/30/24. May not include additional district SAP data.