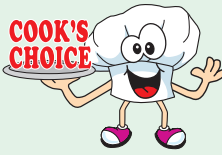


DELPHOS CITY SCHOOLS MIDDLE SCHOOLS | 2024-2025 Menu



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|--|
| LUNCH – As an alternative entree a PB&J Sandwich is offered daily. | | | | | |
| MENU #1 |  | Corn Dogs Baked Beans Fritos Applesauce Fresh Fruit or Veggie Milk | Steak Sandwich Corn Peaches Nutty Bar Fresh Fruit or Veggie Milk | Calzone Green Beans Mandarin Oranges Graham Crackers Fresh Fruit or Veggie Milk | Mozzarella Sticks Marinara Peas Pears Fresh Fruit or Veggie Milk |
| MENU #2 | General TSO's/Rice Peas Applesauce Fortune Cookie Fresh Fruit or Veggie Milk | Sausage French Toast Sticks Diced Potatoes Strawberry Cup Fresh Fruit or Veggie Milk | Cheeseburger/Bun French Fries Sherbet Caramel Brownie Fresh Fruit or Veggie Milk | Nachos (Meat/Salsa/Chips) Refried Beans/Corn Pineapple Fresh Fruit or Veggie Milk | Pizza Salad Peaches Cookie Fresh Fruit or Veggie Milk |
| MENU #3 | Chicken Tenders Baked Beans Mandarin Oranges Rice Krispy Treat Fresh Fruit or Veggie Milk | Macaroni & Cheese Pretzel Corn Pears Fresh Fruit or Veggie Milk | Chicken Patty/Bun Tater Tots Pineapple Pudding Fresh Fruit or Veggie Milk | Rotini Garlic Bread Salad Strawberry Cup Fresh Fruit or Veggie Milk | Pizza Ripper Marinara Green Beans Sherbet Fresh Fruit or Veggie Milk |
| MENU #4 | Grilled Cheese Onion Rings Mandarin Oranges Pickle Spear Fresh Fruit or Veggies Milk | Spaghetti Garlic Bread Salad Pears Fresh Fruit or Veggie Milk | Boneless Wings Cheesy Mashed Potatoes Applesauce Cheddar Garlic Biscuit Fresh Fruit or Veggie Milk | Tacos (Taco Meat/Salsa/Tortilla) Refried Beans/Corn Strawberry Cup Fresh Fruit or Veggie Milk | Cheese Breadstick/ Marinara Peas Sherbet Nutty Bar Fresh Fruit or Veggie Milk |
| MENU #5 | Hot Dog/WG Bun Baked Beans Fritos Applesauce Fresh Fruit or Veggie Milk | BBQ Pork/Bun Hash Browns Strawberry Cup Ice Cream Fresh Fruit or Veggie Milk | Cowboy Burger/WG Bun French Fries Pears Caramel Brownie Fresh Fruit or Veggie Milk | Chicken Wrap Green Beans Peaches Rice Krispy Treat Fresh Fruit or Veggie Milk | Pizza Bobz Salad Pineapple Cookie Fresh Fruit or Veggie Milk |

LUNCH PRICES (includes milk)

| | |
|------------|--------|
| PreSchool | \$1.40 |
| Elementary | \$3.00 |
| Middle | \$3.50 |
| High | \$3.50 |
| Adult | \$3.85 |
| Reduced | \$.40 |
| Extra Milk | \$.50 |
| Breakfast | \$1.75 |

BREAKFAST OFFERED DAILY:
 No breakfast on delay days

- Choice of:
- WG Pop Tarts
 - WG Cini Mini
 - WG Donut
 - WG Muffin
 - WG Pancakes
- Raisins
 100% Juice
 Milk

WG = Whole Grain

Milk: 1% White or Fat Free Chocolate

Delphos City Schools
www.delphoscitieschools.org

- Delphos City Schools Food Service Program is committed to serving healthy nutritious meals daily.
- Delphos City Schools Food Service Program participates in the National School Lunch Program. The meal consists of 5 components: a protein, a grain, a fruit, a vegetable and milk. Students MUST select 3 of the 5 components, one of which must be either a fruit or vegetable.
- Delphos City Schools Food Service Program cannot guarantee the absence of trace amounts of potential allergens not listed on the food labels for sensitive individuals.

- Parents are encouraged to pre-pay for lunches on the LINQ Connect portal LINQconnect.com (free and reduced meal applications are also available on the portal).
- Parents will be notified of any negative lunch balances and may result in your child being served an alternate meal.

Menus are subject to change due to availability of foods or unplanned school closings. An alternate menu will be offered during lent.

Follow the menu with its calendar day. Each week is represented by a color and represents a 5-week cycle menu.

| AUGUST 2024 | SEPTEMBER 2024 | OCTOBER 2024 | NOVEMBER 2024 | DECEMBER 2024 | JANUARY 2025 | FEBRUARY 2025 | MARCH 2025 | APRIL 2025 | MAY 2025 |
|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|----------------------|---|----------------------|----------------------|
| S M T W T F S | S M T W T F S | S M T W T F S | S M T W T F S | S M T W T F S | S M T W T F S | S M T W T F S | S M T W T F S | S M T W T F S | S M T W T F S |
| 1 2 3 | 1 2 3 4 5 6 7 | 1 2 3 4 5 | 1 2 | 1 2 3 4 5 6 7 | 1 2 3 4 | 1 2 3 4 5 6 7 8 | 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | 1 2 3 4 5 | 1 2 3 |
| 4 5 6 7 8 9 10 | 8 9 10 11 12 13 14 | 6 7 8 9 10 11 12 | 3 4 5 6 7 8 9 | 8 9 10 11 12 13 14 | 5 6 7 8 9 10 11 | 2 3 4 5 6 7 8 | 9 10 11 12 13 14 15 | 6 7 8 9 10 11 12 | 4 5 6 7 8 9 10 |
| 11 12 13 14 15 16 17 | 15 16 17 18 19 20 21 | 13 14 15 16 17 18 19 | 10 11 12 13 14 15 16 | 15 16 17 18 19 20 21 | 12 13 14 15 16 17 18 | 9 10 11 12 13 14 15 | 16 17 18 19 20 21 22 | 13 14 15 16 17 18 19 | 11 12 13 14 15 16 17 |
| 18 19 20 21 22 23 24 | 22 23 24 25 26 27 28 | 20 21 22 23 24 25 26 | 17 18 19 20 21 22 23 | 22 23 24 25 26 27 28 | 19 20 21 22 23 24 25 | 16 17 18 19 20 21 22 | 23 24 25 26 27 28 29 | 20 21 22 23 24 25 26 | 18 19 20 21 22 23 24 |
| 25 26 27 28 29 30 31 | 29 30 | 27 28 29 30 31 | 24 25 26 27 28 29 30 | 29 30 31 | 26 27 28 29 30 31 | 23 24 25 26 27 28 | 30 31 | 27 28 29 30 | 25 26 27 28 29 30 31 |

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