



Grade: \_\_\_\_\_

## HEALTH HISTORY

*To be completed by Parent/Guardian for in-school physical*

STUDENT: \_\_\_\_\_

DOB: \_\_\_\_\_

|   | YES | NO | Explain |
|---|-----|----|---------|
| Allergies   |     |    |         |
| Anemia  |     |    |         |
| Arthritis   |     |    |         |
| Asthma  |     |    |         |
| Bladder/Kidney Problem                            |     |    |         |
| Cardiac Problems:<br>Arrhythmia/Murmur/chest pain |     |    |         |
| Convulsions/Seizures                              |     |    |         |
| Diabetes  |     |    |         |
| Elevated Blood Pressure                           |     |    |         |
| Ear problems/Hearing Loss                         |     |    |         |
| Eye Problems/Vision Loss                          |     |    |         |
| Fainting Spells                                   |     |    |         |
| Fracture/Dislocation Bones                        |     |    |         |
| Headaches   |     |    |         |
| Head Injury/Concussion                            |     |    |         |
| Injury to Spleen                                  |     |    |         |
| Joint/Sprain/Ligament Injury                      |     |    |         |
| Nose Bleeds/Frequent or Severe                    |     |    |         |
| Rheumatic Fever                                   |     |    |         |
| Stomach Ulcer                                     |     |    |         |

|   | Yes | No |
|---|-----|----|
| Has your child been unconscious or lost memory from a blow to the head?                                       |     |    |
| One kidney.....   |     |    |
| One testicle.....   |     |    |
| Has your child been ill for five (5) consecutive days in the past year? If yes please explain -               |     |    |
| Is your child taking any medications now?..... If so, what  |     |    |
| Has your child ever fainted during exercise?..... If so, explain....  |     |    |
| Has there ever been sudden death in a family member under fifty (50) years of age?..... If so, explain....    |     |    |
| Does your child have: orthodontic appliances?   |     |    |
| Capped teeth?   |     |    |
| Wear glasses or contact lenses for sports?  |     |    |
| Wear a hearing aid for sports?  |     |    |
| Do you have any worries about your child's health or other questions you would like to discuss with a doctor? |     |    |

**I understand that the determination of physical maturity is a private examination involving inspection of breasts and genitals and will be done by a licensed school health professional. I request that this examination be done by the school district's physician and give my permission for the examination in school. Physical assessments may only be performed one time per grade by the school physician.**

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ Date: \_\_\_\_\_