

2024

CALENDAR YEAR

SEPTEMBER

CALENDAR MONTH

SUNDAY

FIRST DAY OF WEEK

# Lakota JH Cross Country

updated 11/2/2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
01 Labor Day - No School (practice on your own)	02 Practice at Ft. Liberty Playland	03 Practice at VOA CC	04 Practice at Ft. Liberty Playland	05 Mason Junior High CC @ Corwin Nixon 4:30 GV; 5 GJV; 5:30 BV; 6 pm BJV	06	07
08 practice @ Ft. Liberty Playland	09 Kings Invitational @ Kingswood Park	10 Practice at Keehner Park near log cabin	11 practice at VOA CC	12 Practice at Plains Junior	13	14
15 2 mile run on your own, Plains Course will be open	16 Vic Roberts Invite @ Plains Jr. Boys Open 4:30; Girls JV 4:55; Boys JV 5:20; Girls Var 5:45; Boys Var 6:10; Girls Open 6:35	17 practice @ Ft. Liberty Playland	18 Practice at VOA CC	19 Practice at Keehner Park near log cabin	20 Practice at Hopewell Junior	21
22 2 mile run on your own, Hopewell Course will be open	23 Hopewell Invite @ HJS Girls 7th 4:45; Boys 7th 5:15; Girls 8th 5:45; Boys 8th 6:15	24 practice @ Ft. Liberty Playland	25 Practice at VOA CC	26 Sycamore Invite @ Summit Park, Blue Ash	27 Practice at Ridge Junior	28
29 practice at Ft. Liberty Playland	30	01	02	03	04	05
06	07	08	09	10	11	12