

MONROE MUNICIPAL ALLIANCE COMMITTEE  
120 Monmouth Road  
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APRIL IS ALCOHOL AWARENESS MONTH

SENIOR LUNCH AND LEARN Tuesdays, April 8 and 22 11:30 to 1:00  
Senior Citizens are welcome to join us for a healthy-lifestyle presentation and a healthy lunch.  
No Fee - Donations of new children's socks would be appreciated.

MANNERS MATTER Wednesday, April 9 4:00 to 6:00 PM  
Boys and Girls, ages 7 to 12, are invited to this 2 hour workshop that will introduce the students to the do's and don'ts of everyday etiquette and dining etiquette. The children will acquire the tools needed to properly handle today's real life social situations. The format of this class is fun and interactive with lots of role-playing, allowing the children to practice their new skills.  
\$25. per child Please make check payable to KP Consulting

BEST IMPRESSIONS Wednesday, April 9 6:30 to 8:30 PM  
Teens, ages 13 to 18, are invited to this 2 hour, hands-on, workshop that teaches kids how to make the Best Impression for a college or employment interview. Each participant will leave the workshop armed with the materials necessary to develop a strong resume, even with no prior work experience. Interview techniques, rules on introductions, proper handshake, body language, resume creation, landing your first job are all topics covered.  
\$25. per teen Please make check payable to KP Consulting

WHAT CAN YOU DO ABOUT UNDERAGE DRINKING? Thursday, April 10 6:00 to 8:30  
Join us for light refreshments and an opportunity to discuss:  
\* how to speak to your children about the dangers of underage drinking.  
\* Enactment of an ordinance prohibiting possession or consumption of alcoholic beverages by underage persons on private property  
No Fee

TEEN TIME - Friday Nights With Mr. C. Friday, April 4, 11, 18, 25 6:00 to 8:00 PM  
Come join us for FUN, FRIENDS, FRIDAYS! An organized evening of games, talks, music, presentations and more.  
For students in grades 6 - 9.  
No Fee

APRIL 14 IS TURN OFF THE TAP!! We ask all community members to take the day off from buying or consuming any alcoholic beverages. Spend the day talking to your children about alcohol abuse and addiction. We will have information packages that will help facilitate the conversation between you and your child. Please pick one up at the community center from April 9 - 14. 1 in 4 children live in a house with a family member who abuse alcohol, if alcohol abuse is a problem in your home, please reach out for help, for the sake of your child. (609) 298-778  
[www.alcoholics.anonymous.org](http://www.alcoholics.anonymous.org)

HEALTHY BODY - HEALTHY MINDS! We, as parents, spend an enormous amount of time preparing our children for Kindergarten, high school, and college. Academic intelligence is great, but if you don't have emotional intelligence - you are not complete. Our Healthy body - Healthy Mind Program is a life skills building program. A fun and interactive, three-week program, for children in grades 4th - 8th. Thursdays, April 10, 17, 24 4:00 to 5:00 PM Come learn communication, active listening, problem solving, decision-making, anger management, coping and other skills!  
No Fee

MOVE AND SHAKE - A healthy and active lifestyle program for children in grades 3 - 8  
Healthy Choices will be learned through games, music, sports and more! Turn off the TV, put down the video game control and join us for some real FUN!!  
Wednesdays, April 16, 23, 30 4:00 to 5:00 PM  
No Fee

GRANDCHILDREN ARE SPECIAL NIGHT!! Bring your grandchild to the Just Say No Magic Show! Friday April 18 7:00 PM  
Demonstrating the dangers of drug abuse in a visual and interesting way. Lessons include: What is addiction? What do inhalants do to your brain? Why self-esteem is important, the effects of tobacco products on your body and your life, the "multiplying" problems of alcohol and more.  
PLEASE REGISTER FOR PROGRAMS AT CONTACT INFORMATION ABOVE.