# Monroe Township High School

200 Schoolhouse Road • Monroe Township, NJ 08831
732.521.2882 fax: 732.521.2976
www.monroe.k12.nj.us

Dear Parent/Guardian,

New Jersey Legislation requires that family life education curriculum is aligned with the most recent version of the New Jersey Core Curriculum Content Standards. This requires that instructional material be current, medically accurate, and supported by extensive research. Our curriculum directly aligns with the New Jersey Core Curriculum Content Standards. As stated in section 2.4 of these standards, "*All students will acquire knowledge about physical, emotional and social aspects of human relationships and sexuality and apply these concepts to support a healthy, active lifestyle."* Please refer to http://www.state.nj.us/education/aps/cccs/chpe/horizontal612.pdf for further curriculum description.
Our freshman curriculum places an emphasis on abstinence and the decision-making process. We provide students with information that includes choices and consequences that are inescapable when a couple makes the decision to engage in sexual activity. Students are taught how to assess the considerations that go into making responsible decisions regarding risky behaviors that can lead to pregnancy, STI's and HIV transmission.
If you feel that these lessons may interfere with your personal, moral, or religious beliefs, please sign the waiver below and return it to your teen's Health/PE teacher.
Your teen will be responsible to complete an alternate assignment on days when sexual education is being taught.
Please feel free to contact me with any questions or concerns.

Thank you,

**Ms. Kathleen M. Dillon**
Ms. Kathleen M. Dillon
Coordinator of Health and Physical Education
kdillon@monroe.k12.nj.us
(732) 521-2882 ext. 6070
Please detach this portion and return to your teen's Health Instructor.

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Please excuse my son/daughter _____
**(Student's name- please print)**
from the sexual education portion of his/her freshman health curriculum. I realize he/she will be responsible for alternate assignments on the days when sexual health is being taught.

_____ _____ _____
**Health/Physical Education Teacher** **P.E. Block** **Today's Date**

_____ _____
**Parent/Guardian Name (Please Print)** **Parent/Guardian Signature**

*Excellence is Our Expectation*