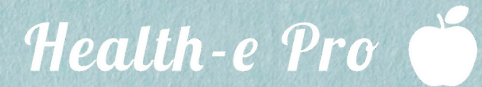


# SEPTEMBER 2024



MON	TUE	WED	THU	FRI
2 <b>No School</b>	3 Tacos Plant Based Meat Tacos*  Pinto Beans & Peaches Churro	4 French Toast Sticks or Pancakes w/ Turkey Sausage and Egg Patty  Broccoli & Raisins	5 Chicken Teriyaki w/ Brown Rice  Celery & Orange Sugar Cookie	6 BBQ Pulled Turkey Sandwich  Corn & Apple
9 Oven Fried Chicken Drumstick w/ Whole Grain Cornbread  Baby Carrots & Mandarin Oranges	10 Chicken Enchiladas w/ Green Chile Sauce  Garbanzo Beans & Grapes Fruit Crisp	11 Pasta w/ Meat Sauce & Breadstick /Roll Pasta w/ Plant-Based Meat Sauce & Breadstick / Roll*  Broccoli & Mixed Berry Cup	12 Orange Chicken w/ Brown Rice  Celery & Banana Chocolate Krinkle Cookie	13 Fish N Chips  Peas & Apple
16 Western Cheeseburger  Baby Carrots & Pears	17 Nachos Plant Based Meat Nachos*  Black Beans & Apple Brownie	18 Mac & Cheese w/ Whole Grain Roll  Broccoli & Fruit Cocktail	19 Spicy Schezwan Chicken w/ Brown Rice  Celery & Grapes Chocolate Chip Cookie	20 Chili Cheese Dog  Corn & Strawberry Cup
23 Italian Chicken Sandwich  Baby Carrots & Pineapple Tidbits	24 Chicken Fajitas  Kidney Beans & Apple Chocolate Cake	25 Lasagna w/ Whole Grain Breadstick / Roll Plant-Based Meat Lasagna w/ Whole Grain Breadstick / Roll*  Broccoli & Orange	26 Sweet & Sour Chicken w/ Brown Rice  Celery & Peach Cup Double C.C. Cookie	27 Chicken Meatball Sub  Peas & Craisins
30 Chicken Alfredo w/ Whole Grain Breadstick Rebelyous Plant-Based Chicken Alfredo w/ Whole Grain Breadstick Baby Carrots and Raisins				

## ANNOUNCEMENTS

Every complete meal comes with a choice of 1% white milk or fat free chocolate milk and salad bar.

In addition to the featured special of the day, each secondary kitchen offers a variety of hot and cold entrée options each day.

\*Peas are legumes. People with severe allergies to legumes like peanuts should be cautious when introducing pea protein into their diet because of the possibility of a pea allergy.

Menu subject to change.

## MEAL PRICES

**Eligible students receive meals at no cost**

Student Lunch = \$4.25

Milk = \$0.50

Adults = \$5.25

A la carte items are available.  
Prices vary by item.

*The Issaquah School District provides equal opportunities in its programs, activities and employment.*