

# August 2024 | Intermediate Breakfast



## Announcements:

Each student is given an ID number badge

- It serves as their meal account
- Required to be used for every food transaction
- Also used when riding the bus!



Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Bell Peppers</b> Season in Texas: May - June; August - November <b>Did you know?</b> The longer a bell pepper is left to ripen, the sweeter it becomes</p>			<p><b>1</b> Families who think they may qualify for free or reduced priced meals can apply at <a href="http://www.schoolcafe.com">www.schoolcafe.com</a></p>	<p><b>2</b> Households must reapply every year to maintain free or reduced price meals if eligible</p>
<p><b>5</b> Our unit priced breakfast consists of 3 or more food components, at least one must be a fruit or vegetable</p>	<p><b>6</b> Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk</p>	<p><b>7</b> All breakfast cereals and pastries contain at least 51% whole grain.</p>	<p><b>8</b> 1% White Milk and Fat-Free Chocolate Milk are offered daily.</p>	<p><b>9</b> Now Hiring! Open Positions: <a href="https://www.tomballisd.net/about-tisd/departments/child-nutrition/child-nutrition-jobs">https://www.tomballisd.net/about-tisd/departments/child-nutrition/child-nutrition-jobs</a></p>
<p><b>12</b> Student Breakfast: \$1.50 Adult Breakfast: \$3.10  To add money to a student's account visit: <a href="http://www.schoolcafe.com">www.schoolcafe.com</a></p>	<p><b>13</b> <b>First Day of School!</b> Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>14</b> Egg &amp; Cheese Wrap Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>15</b> Chicken &amp; Waffle or Cereal or Mini Waffles or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>16</b> Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>
<p><b>19</b> Turkey Sausage Pancake Stick Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>20</b> Biscuit &amp; Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>21</b> Egg &amp; Cheese Wrap Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>22</b> Chicken &amp; Waffle or Cereal or Mini Waffles or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>23</b> Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>
<p><b>26</b> Turkey Sausage Pancake Stick Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>27</b> Biscuit &amp; Sausage or Whole Grain Cereal or Mini Waffles or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>28</b> Egg &amp; Cheese Wrap Whole Grain Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>29</b> Chicken &amp; Waffle or Cereal or Mini Waffles or Yogurt Meal Kit Fruits &amp; Milk</p>	<p><b>30</b> Whole Grain Pastry Cereal or Mini Pancakes or Yogurt Meal Kit Fruits &amp; Milk</p>



Menus are Subject to Change

Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 6/6/2024  
National School Lunch Program

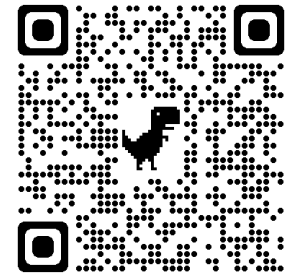
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<p><b>5</b> Our unit priced lunch consists of 3 or more food components, at least one must be a fruit or vegetable</p>	<p><b>6</b> Food Components: Meat/Meat Alternate Whole Grain Fruits, Vegetables Milk</p>	<p><b>7</b> All lunch rolls, tortillas, rice, pastas and other bread items contain at least 51% whole grain.</p>	<p><b>8</b> 1% White Milk and Fat-Free Chocolate Milk are offered daily.</p>	<p><b>9</b> Peanut Butter &amp; Jelly Sandwich and Grilled Cheese Sandwich are offered daily.</p>
<p><b>12</b> Student Lunch: \$2.75 Adult Lunch: \$4.60  To add money to a student's account visit: <a href="http://www.schoolcafe.com">www.schoolcafe.com</a></p>	<p><b>13</b> <b>First Day of School!</b> Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>14</b> Mac &amp; Cheese or Chicken Nuggets or Fruit &amp; Yogurt Plate Tomato Soup, Fruits Vegetables, Milk</p>	<p><b>15</b> Pizza Slice or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>16</b> Cheeseburger or Turkey Hot Dog or Fruit &amp; Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p><b>19</b> Pasta &amp; Meatballs with Marinara or Cheesy Breadsticks or Fruit &amp; Yogurt Plate Vegetables, Fruits, Milk</p>	<p><b>20</b> Beef Tamales or Crispy Chicken Tacos or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>21</b> Beef Steak Fingers or Chicken Drumsticks or Fruit &amp; Yogurt Plate Vegetables, Fruits Milk</p>	<p><b>22</b> Pizza Slice or Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>23</b> Cheeseburger or Chicken Sandwich or Fruit &amp; Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>
<p><b>26</b> Breakfast for Lunch: French Toast, Eggs, Sausage or Fruit &amp; Yogurt Plate Hashbrowns &amp; Juice, Fruits &amp; Milk</p>	<p><b>27</b> Cheese Enchiladas or Chicken Soft Taco or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>28</b> Mac &amp; Cheese or Chicken Nuggets or Fruit &amp; Yogurt Plate Tomato Soup, Fruits Vegetables, Milk</p>	<p><b>29</b> Pizza Slice or Baja Fish Sticks or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>30</b> Cheeseburger or Turkey Hot Dog or Fruit &amp; Yogurt Plate Vegetables, Fruits, Milk Frozen Friday Fun Treat!</p>



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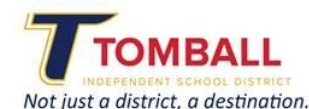
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<p><b>19</b> Cheese Stuffed Breadsticks or Fruit &amp; Yogurt Plate Vegetables, Fruits Milk</p>	<p><b>20</b> Mini Corndogs or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>21</b> Chicken Sandwich or Fruit &amp; Yogurt Plate Vegetables, Fruits Milk</p>	<p><b>22</b> Chicken Bites or Chicken Popper Salad Vegetables, Fruits Milk</p>	<p><b>23</b> Cheeseburger or Fruit &amp; Yogurt Plate Vegetables, Fruits Milk</p>
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