


# SEPTEMBER | 2024



## Mini Marauder Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> No School! 	<b>3</b> Lunch Kit Cauliflower Fresh Fruit White Milk	<b>4</b> Pizza Slice Corn Fresh Fruit White Milk	<b>5</b> Mozzarella Sticks Marinara Sauce Broccoli Fresh Fruit White Milk	<b>6</b> Breaded Chicken Sandwich Baked Beans Fresh Fruit White Milk
<b>9</b> Popcorn Chicken Potato Smiles Fresh Fruit White Milk	<b>10</b> Soft Taco Refried Beans Fresh Fruit White Milk	<b>11</b> French Bread Pizza Mini Peppers Fresh Fruit White Milk	<b>12</b> Bosco Sticks Marinara Sauce Green Beans Fresh Fruit White Milk	<b>13</b> Protein Power Broccoli Fresh Fruit White Milk
<b>16</b> Rotini and Meat Sauce with Cheesy Bread Italian Vegetables Fresh Fruit White Milk	<b>17</b> Quesadilla Refried Beans Fresh Fruit White Milk	<b>18</b> Pizza Crunchers Cauliflower Fresh Fruit White Milk	<b>19</b> Chicken Nuggets Carrots Fresh Fruit White Milk	<b>20</b> Hamburger French Fries Fresh Fruit White Milk
<b>23</b> Teriyaki Dippers Dinner Roll Sweet Potato Fries Fresh Fruit White Milk	<b>24</b> Lunch Kit Cauliflower Fresh Fruit White Milk	<b>25</b> Pizza Slice Corn Fresh Fruit White Milk	<b>26</b> Mozzarella Sticks Marinara Sauce Broccoli Fresh Fruit White Milk	<b>27</b> Breaded Chicken Sandwich Baked Beans Fresh Fruit White Milk
<b>30</b> Popcorn Chicken Potato Smiles Fresh Fruit White Milk	<b>1</b> Soft Taco Refried Beans Fresh Fruit White Milk	<b>2</b> French Bread Pizza Mini Peppers Fresh Fruit White Milk	<b>3</b> Bosco Sticks Marinara Sauce Green Beans Fresh Fruit White Milk	<b>4</b> Protein Power Broccoli Fresh Fruit White Milk

### Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

All Grab & Go meals come with a choice of:

- Low-Fat Milk
  - Up to 2 fruits
  - Up to 2 veggies
- \*Must get 1 fruit and/or veggie to make a meal

**All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk**

**Meal Prices:**  
 Breakfast: \$2.25  
 Lunch: \$3.60  
 Adult: \$4.80  
 Extra Milk: \$0.50