## AUGUST 2024





MONDAY

TUESDAY

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

## Summer Break

			8 Chicken Nuggets Carrots Fresh Fruit White Milk	9 Hamburger French Fries Fresh Fruit White Milk
12 Teriyaki Dippers Dinner Roll Sweet Potato Fries Fresh Fruit White Milk	Lunch Kit Cauliflower Fresh Fruit White Milk	14 Pizza Slice Corn Fresh Fruit White Milk	<sup>15</sup> Mozzarella Sticks Marinara Sauce Broccoli Fresh Fruit White Milk	16Breaded Chicken Sandwich Baked Beans Fresh Fruit White Milk
19 opcorn Chicken Potato Smiles Fresh Fruit White Milk	20 Soft Taco Refried Beans Fresh Fruit White Milk	French Bread Pizza Mini Peppers Fresh Fruit White Milk	22 Bosco Sticks Marinara Sauce Green Beans Fresh Fruit White Milk	23 Protein Power Broccoli Fresh Fruit White Milk
26 Rotini and Meat Sauce with Cheesy Bread Italian Vegetables Fresh Fruit White Milk	27 Quesadilla Refried Beans Fresh Fruit White Milk	<sup>28</sup> Pizza Crunchers Cauliflower Fresh Fruit White Milk	<sup>2</sup> Chicken Nuggets Carrots Fresh Fruit White Milk	30 Hamburger French Fries Fresh Fruit White Milk

## **Build a Meal**

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies
   \*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk

## Meal Prices:

Breakfast: \$2.25 Lunch: \$3.60 Adult: \$4.80 Extra Milk: \$0.50