SEPTEMBER 2024 International Café Lunch Menu

MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 2 6 Mozzarella Sticks 3 Chicken and Waffles ⁴Big Daddy's Pizza No School! **BYO Nacho Bar Build a Meal** Marinara Sauce Cauliflower Chose 3-5 meal components **Refried Beans** Carrots Green Beans Alt Choices: to make a health. well-Hamburger/ Cheeseburger balanced meal: Alt Choices: Alt Choice: Protein-Whole Grain-Ranch Chicken Finger Asst Chicken Sandwiches Asst Chicken Sandwiches Chef Salads Fruit- Vegetable- Milk Wraps Chicken Caesar Salad Yogurt Parfait One component must be Brunch for Lunch a fruit or vegetable, may 9 Asian Bar 10 Arroz con Pollo 13 Bosco Sticks ¹¹Big Daddy's Pizza French Toast, Sausage, chose up to 2 of each Broccoli **Refried Beans** Marinara Sauce Mini Peppers Hash Browns Celerv **Daily Alternative Choices:** Alt Choices: Alt Choices: Peanut-Free Wowbutter Alt Choices: Alt Choice: Alt Choices: Hamburger/ Cheeseburger Hamburger/ Cheeseburger and Jelly Sandwich^V Asst Chicken Sandwiches Chef Salads Asst Chicken Sandwiches Taco Salad Ranch Chicken Finger Wraps Grilled Cheese^V Yogurt Parfait Chicken Caesar Salad Pasta Bar 17Chicken or Cheese 18 ig Daddy's Pizza All Grab & Go meals come 16 20 Calzones **19**Chicken Tender with a choice of: Cheesy Breadsticks Quesadilla **Grape Tomatoes** Side Salad **Basket w/ Curly Fries** Low-Fat Milk **Italian Style Vegetables Refried Beans** Alt Choices: Up to 2 fruits Alt Choices: Alt Choices: Alt Choice: Alt Choices: Hamburger/ Cheeseburger Up to 2 veggies Hamburger/ Cheeseburger Asst Chicken Sandwiches Chef Salads Asst Chicken Sandwiches *Must get 1 fruit and/or Ranch Chicken Finger Taco Salad Chicken Caesar Salad Yogurt Parfait veggie to make a meal Wraps All entrees come with Asian Bar 2Big Daddy's Pizza 2 Mozzarella Sticks 23 26 icken and Waffles 24 BYO Nacho Bar choices of assorted fruit. Broccoli **Marinara Sauce** Carrots Cauliflower Refried Beans fresh vegetables, and low-Alt Choices: Green Beans fat white/flavored milk Alt Choices: Hamburger/ Cheeseburger Alt Choice: Alt Choices: Hamburger/ Cheeseburger Chef Salads Ranch Chicken Finger Asst Chicken Sandwiches Asst Chicken Sandwiches Meal Prices: Taco Salad Wraps Chicken Caesar Salad Yogurt Parfait Breakfast: \$2.25 Arroz con Pollo 2 Big Daddy's Pizza Lunch: \$3.60 30 Pasta Bar 3 Brunch for Lunch 4 **Bosco Sticks** Adult: \$4.80 **Cheesy Breadsticks** Refried Beans Mini Peppers French Toast, Sausage, Marinara Sauce Extra Milk: \$0.50 **Italian Style Vegetables** Hash Browns Celery Alt Choices: Alt Choice: Alt Choices: Alt Choices: Alt Choices: Hamburger/ Cheeseburger Asst Chicken Sandwiches Chef Salads Asst Chicken Sandwiches Hamburger/ Cheeseburger Taco Salad Yogurt Parfait Ranch Chicken Finger Wraps Chicken Caesar Salad

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