

Meal Prices:

Breakfast: \$2.25

Lunch: \$3.60

Adult: \$4.80

Extra Milk: \$0.50

AUGUST | 2024

International Café Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Summer Break

8 Chicken Tender Basket w/ Curly Fries

Alt Choices:

Hamburger/ Cheeseburger
Ranch Chicken Finger Wraps

9 Calzones Side Salad

Alt Choices:

Asst Chicken Sandwiches
Chicken Caesar Salad

**12 Pasta Bar
Cheesy Breadsticks
Italian Style Vegetables**

Alt Choices:

Hamburger/ Cheeseburger
Taco Salad

**13 BYO Nacho Bar
Refried Beans**

Alt Choices:

Asst Chicken Sandwiches
Yogurt Parfait

**14 Big Daddy's Pizza
Carrots**

Alt Choice:

Chef Salads

**15 Chicken and Waffles
Cauliflower**

Alt Choices:

Hamburger/ Cheeseburger
Ranch Chicken Finger Wraps

**16 Mozzarella Sticks
Marinara Sauce
Green Beans**

Asst Chicken Sandwiches
Chicken Caesar Salad

**19 Asian Bar
Broccoli**

Alt Choices:

Hamburger/ Cheeseburger
Taco Salad

**20 Arroz con Pollo
Refried Beans**

Alt Choices:

Asst Chicken Sandwiches
Yogurt Parfait

**21 Big Daddy's Pizza
Mini Peppers**

Alt Choice:

Chef Salads

**22 Brunch for Lunch
French Toast,
Sausage, Hash Browns**

Alt Choices:

Hamburger/ Cheeseburger
Ranch Chicken Finger Wraps

**23 Bosco Sticks
Marinara Sauce
Celery**

Alt Choices:

Asst Chicken Sandwiches
Chicken Caesar Salad

**26 Pasta Bar
Cheesy Breadsticks
Italian Style Vegetables**

Alt Choices:

Hamburger/ Cheeseburger
Taco Salad

**27 Chicken or Cheese
Quesadilla
Refried Beans**

Alt Choices:

Asst Chicken Sandwiches
Yogurt Parfait

**28 Big Daddy's Pizza
Grape Tomatoes**

Alt Choice:

Chef Salads

**29 Chicken Tender Basket
w/ Curly Fries**

Alt Choices:

Hamburger/ Cheeseburger
Ranch Chicken Finger Wraps

**30 Calzones
Side Salad**

Alt Choices:

Asst Chicken Sandwiches
Chicken Caesar Salad

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

- Peanut-Free Wowbutter and Jelly Sandwich^v
- Grilled Cheese^v

All Grab & Go meals come with a choice of:

- Low-Fat Milk
- Up to 2 fruits
- Up to 2 veggies

*Must get 1 fruit and/or veggie to make a meal

All entrees come with choices of assorted fruit, fresh vegetables, and low-fat white/flavored milk