


SEPTEMBER | 2024

Elementary Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School! 	3 Broken Walking Taco Corn Fresh Fruit Choice of Milk	4 Pizza Slice Side Salad Fresh Fruit Choice of Milk	5 Mozzarella Sticks Marinara Sauce Mini Peppers Fresh Fruit Choice of Milk	6 Breaded Chicken Sandwich Baked Beans Fresh Fruit Choice of Milk
9 Orange Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk	10 Beef and Cheese Sauce with Nachos Refried Beans Fresh Fruit Choice of Milk	11 French Bread Pizza Grape Tomatoes Fresh Fruit Choice of Milk	12 Bosco Sticks Marinara Sauce Green Beans Fresh Fruit Choice of Milk	13 Hot Dog Potato Smiles Fresh Fruit Choice of Milk
16 Rotini and Meat Sauce with Cheesy Bread Italian Vegetables Fresh Fruit Choice of Milk	17 Quesadilla Refried Beans Fresh Fruit Choice of Milk	18 Pizza Crunchers Cauliflower Fresh Fruit Choice of Milk	19 Chicken Nuggets Carrots Fresh Fruit Choice of Milk	20 Hamburger/ Cheeseburger French Fries Fresh Fruit Choice of Milk
23 Teriyaki Dippers Dinner Roll Sweet Potato Fries Fresh Fruit Choice of Milk	24 Broken Walking Taco Corn Fresh Fruit Choice of Milk	25 Pizza Slice Side Salad Fresh Fruit Choice of Milk	26 Mozzarella Sticks Marinara Sauce Mini Peppers Fresh Fruit Choice of Milk	27 Breaded Chicken Sandwich Baked Beans Fresh Fruit Choice of Milk
30 Orange Chicken Fried Rice Broccoli Fresh Fruit Choice of Milk	1 Beef and Cheese Sauce with Nachos Refried Beans Fresh Fruit Choice of Milk	2 French Bread Pizza Grape Tomatoes Fresh Fruit Choice of Milk	3 Bosco Sticks Marinara Sauce Green Beans Fresh Fruit Choice of Milk	4 Hot Dog Potato Smiles Fresh Fruit Choice of Milk

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

All alternative meals include choice of milk, fruit and/or vegetable

Monday: Protein Power: yogurt, grain, string cheese^v

Tuesday: Pizza Lunch Kits

Wednesday: Peanut-Free Wowbutter and Jelly Sandwich^v

Thursday: Turkey, Cheese and Crackers Lunch Kits

Friday: Fruit and Yogurt Parfait^v

Meal Prices:

Breakfast: \$2.25
 Lunch: \$3.50
 Adult: \$4.80
 Extra Milk: \$0.50