

AUGUST | 2024

Elementary Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Summer Break

8 Chicken Nuggets
Carrots
Fresh Fruit
Choice of Milk

9 Hamburger/
Cheeseburger
French Fries
Fresh Fruit
Choice of Milk

12 Teriyaki Dippers
Dinner Roll
Sweet Potato Fries
Fresh Fruit
Choice of Milk

13 Broken Walking Taco
Corn
Fresh Fruit
Choice of Milk

14 Pizza Slice
Side Salad
Fresh Fruit
Choice of Milk

15 Mozzarella Sticks
Marinara Sauce
Mini Peppers
Fresh Fruit
Choice of Milk

16 Breaded Chicken
Sandwich
Baked Beans
Fresh Fruit
Choice of Milk

19 Orange Chicken
Fried Rice
Broccoli
Fresh Fruit
Choice of Milk

20 Beef and Cheese
Sauce with Nachos
Refried Beans
Fresh Fruit
Choice of Milk

21 French Bread Pizza
Grape Tomatoes
Fresh Fruit
Choice of Milk

22 Bosco Sticks
Marinara Sauce
Green Beans
Fresh Fruit
Choice of Milk

23 Hot Dog
Potato Smiles
Fresh Fruit
Choice of Milk

26 Rotini and Meat
Sauce with Cheesy
Bread
Italian Vegetables
Fresh Fruit
Choice of Milk

27 Quesadilla
Refried Beans
Fresh Fruit
Choice of Milk

28 Pizza Crunchers
Cauliflower
Fresh Fruit
Choice of Milk

29 Chicken Nuggets
Carrots
Fresh Fruit
Choice of Milk

30 Hamburger/
Cheeseburger
French Fries
Fresh Fruit
Choice of Milk

Build a Meal

Chose 3-5 meal components to make a health, well-balanced meal:

- Protein-Whole Grain-Fruit- Vegetable- Milk
- One component must be a fruit or vegetable, may chose up to 2 of each

Daily Alternative Choices:

All alternative meals include choice of milk, fruit and/or vegetable

Monday: Protein Power: yogurt, grain, string cheese^v

Tuesday: Pizza Lunch Kits

Wednesday: Peanut-Free Wowbutter and Jelly Sandwich^v

Thursday: Turkey, Cheese and Crackers Lunch Kits

Friday: Fruit and Yogurt Parfait^v

Meal Prices:

Breakfast: \$2.25
Lunch: \$3.50
Adult: \$4.80
Extra Milk: \$0.50