



# HEALTH/MEDICAL INFORMATION

If your child has a medical condition it is important for school personnel to have the required current information to safely care for your child at school. Medical information and Medical Action Plans (MAPs) **must be updated every school year**. Please carefully review your child's medical profile, and remove outdated information and/or add current medical information on your child's Emergency Card during the online Registration process.

1) **Medical Action Plan (MAP):** Requires completion, including signature of parent/legal guardian and physician. *\*Note: Medical Action Plans (MAPs) can be sent by email to [CClark@rochester.k12.mi.us](mailto:CClark@rochester.k12.mi.us), mailed, or dropped off at the school office as soon as they are available. Medication can be dropped off at the school office during Visit the School Days, or when the school year begins. If you'd like to drop off forms and/or medication prior to the start of the school year, please call Cathi Clark at 248-726-4507 to make an appointment for a time which is convenient for you.*

2) **School Medication Form:** Must be used for **both** prescription medication and over-the-counter medication which is not part of a MAP. This form requires the licensed prescriber to complete one form for each medication, as well as a signature from both the parent/legal guardian and the prescriber/physician. Medication must be in the original labeled container.

3) **Immunizations:** Please make sure your child's immunization record is up-to-date, or you have a current Immunization Waiver on file. You may turn in an updated record to the school office by fax (248-726-4505), email ([CClark@rochester.k12.mi.us](mailto:CClark@rochester.k12.mi.us)) or U.S. Mail (Hart Middle School, 6500 Sheldon Road, Rochester Hills 48306). Please call 248-726-4507 if you have any questions.

4) **Health Physicals (required for participation in school Athletic programs):** An MHSAA pre-participation sports physical is required for all RCS student-athletes who participate in sports. A valid physical examination must be completed on or after April 15 of the current year for the upcoming academic year. A sports physical must be uploaded into Final Forms before the first day of practice/tryouts. Physicals from the previous academic school year are considered valid for the upcoming academic year provided they are dated April 15 or later. *Please click on the following link to establish a Final Forms account & upload a physical: <https://rochester-mi.finalforms.com/>*

\*Medical forms are available in the Hart Counseling Office (call 248-726-4507 or email [CClark@rochester.k12.mi.us](mailto:CClark@rochester.k12.mi.us)), and can also be found on the RCS website by following these instructions:

Visit: [www.rochester.k12.mi.us](http://www.rochester.k12.mi.us)

- Select "Families/Community" (upper right of the RCS homepage)
- Select "Health & Wellness"
- Select "Medical Action Plan". Scroll down and select the MAP which best fits your child's needs