By Heather Lewis,
Seneca Valley Athletics & Activities Director

SPRING SEASON SPORT RECAPS

Baseball

The Raiders entered the Western Pennsylvania Interscholastic Athletic League (WPIAL) championship bracket as the number four seed and squared off against fifth seed, Mt. Lebanon. In a tightly contested game that featured brilliant pitching on both sides, the Raiders were unable to get a second run on the Blue Devils and fell to the eventual WPIAL 6A Champions 2-1. We congratulate the team on a great season, finishing 16-5 overall.

Softball

In a battle of the two top teams in the state, the Raiders squared off against the Hempfield Spartans – the only team to defeat SV all season – in the WPIAL 6A championship game. Hempfield went up early, 1-0, and held the lead through the five innings until Bella Gross singled home Morgan Dunn to tie the score 1-1 through six innings. Holding the Spartans scoreless in the top of the seventh, the Raiders had a runner on second base with one out – courtesy of a Kylie Staudt pinch-hit double – but were unable to bring her home. In extra innings, Hempfield's designated player got a hold of a Lexie Hames pitch and sent it over the left field wall and the Raiders were unable to answer in the bottom of the eighth. For only the second time all season, SV felt defeat, 2-1, and brought home the WPIAL runner-up trophy. Unfortunately, only the WPIAL champion in 6A softball enters the PIAA bracket. We congratulate this team on a remarkable 2023 campaign ending with a 17-2 overall record.



Track & Field



Congratulations to Jonathan Price for finishing fourth overall in the triple jump at the PIAA boys AAA Track & Field Championships. Jonathan's medal-winning jump was 45-2.25.

The following are results from the 2023 PIAA Track & Field Championships held at Shippensburg University over Memorial Day weekend. Congratulations to all our student-athletes who competed in the AAA championships.

- Jayden Price – Long Jump (PIAA 9th place, 21-6); Triple Jump (PIAA 14th place, 43-3.75)
- Jonathon Price – Triple Jump (PIAA 4th place, 45-2.25); 110 Hurdles (PIAA 17th place, 15.16)
- Boys 4 x 800 Relay (PIAA 16th place, 8:00.64) – Eli DeWitt, Ryan Karpinsky, Ryan Domencic, and Ethan Barnett.

POST-SEASON HONORS

Boys Lacrosse All-WPIAL
1st Team
Evan Vetter – Face Off Specialist

Boys Lacrosse All-Section
Colton Garner – Attack
Dylan Kunkelmann – Goalkeeper
Evan Vetter – Face Off Specialist

Girls Lacrosse All-WPIAL
1st Team
Anna Johnson

Girls Lacrosse All-Section
1st Team
Anna Johnson

2nd Team
Macy McMullen
Kendall Walton

Honorable Mention
Mia Berg

Boys Volleyball All-WPIAL
1st Team
Grant Hoover

CONGRATULATIONS, BEAUX LIZEWSKI – *Positive Athlete*

Western Pennsylvania Interscholastic Athletic League

The Positive Athlete program recently recognized senior boys soccer standout Beaux Lizewski as its 2022-23 Western PA Positive Athlete in the sport of boys soccer. Such a deserving honor for Beaux! Congratulations, Beaux, and good luck with your academic and soccer career at Lafayette College.



CONGRATULATIONS, TYLER CHAPPELL - *Academic All-American*

The National High School Coaches Association (NHSCA) recently recognized senior wrestler Tyler Chappell as Academic All-American. Congratulations, Tyler, and good luck with your academic and wrestling career at the University of Pittsburgh.



CONGRATULATIONS, VIRGINIA 'GINNY' FRONK - *WPIAL Hall Of Fame*

On the night of Friday, June 2, the Western Pennsylvania Interscholastic Athletic League (WPIAL) held its 16th Annual Hall of Fame Induction Banquet and senior girls soccer goalkeeper Virginia "Ginny" Fronk (pictured front row, third from left) was inducted in the Courage category in recognition of her overcoming a Stage 2 Hodgkin's Lymphoma diagnosis at the start of her senior soccer season. Now, cancer free, Ginny will take her academic and athletic talents to George Mason University (GMU) where she will major in environmental science and continue her soccer career as one of the goalkeepers for the GMU Patriots. A well-deserved honor for Ginny, we wish her all the best at George Mason next season!



WPIAL Hall of Fame Class of 2023

👑: Virginia Fronk (⚽)
🎓: @SV_Sports, 2023
🏆: Courage Award

🔹 Defeated Hodgkin's Lymphoma
🔹 Helped raise $17,000 for the Leukemia & Lymphoma Society
🔹 Signed with George Mason to play soccer

#WPIAL | 🥇🏆



ATHLETES OF THE MONTH

May 2023



The Female Athlete of the Month for May was softball player **Lexie Hames**. The sophomore pitcher had a stellar end to the season, helping the Raiders clinch a WPIAL Softball 6A Section title and runner-up at the WPIAL 6A Softball Championships. She went 5-0 with 178 strikeouts and a .368 Earned Run Average (ERA) during regular season play in the month of May. Lexie was also a force at the plate when she was not intentionally walked, leading the team with five home runs and 14 Runs Batted In (RBI) on the season. Lexie's standout performance came in a 3-0 win over rival Hempfield where she had 18 strikeouts and hit a three-run home run. In two WPIAL playoff games, Lexie went 1-1 with 19 strikeouts and a 1.20 ERA, along with a .500 batting average. She was also recognized on the Big 56 6A All-Section Team. We recognize Lexie as the May Female Athlete of the Month. Congratulations, Lexie!



The Male Athlete of the Month for May was baseball pitcher **Zach Tkatch**. As a junior, Zach had a breakout year on the mound quickly becoming SV's leading pitcher. Zach went 1-1 in May with the win coming in an effort against Butler, where he struck out nine in seven innings with one earned run. His lone loss on the season came against eventual WPIAL 6A Baseball Champion Mt. Lebanon in the WPIAL quarterfinals where he pitched seven innings giving up five hits, two unearned runs and striking out three batters. On the season, Zach was 6-1 with 38 strikeouts and a 0.63 ERA, all team-leading stats. His efforts on the season were recognized by the Big 56, as he was named on the 6A All-Section 1 Team. For an impressive end to a great season, we recognize Zach as the May Male Athlete of the Month. Congratulations, Zach!

WE ARE PLANNING FOR 2023-24

Physical, drug & concussion test dates

The athletic department has announced its summer athletic physicals, drug testing and baseline concussion testing dates for 2023-24. Please note these plans are subject to change.

REMINDERS for 2023-24:

- All required paperwork for athletic participation in 2023-24 will be available on SV Portal starting Thursday, June 1 -- no paperwork may be completed prior to June 1.
- **ALL fall sport** paperwork is due in the athletic office no later than **3 p.m. on Thursday, Aug. 3**. Coaches will not accept paperwork at the first day of tryouts.
- Dates for physicals are not confirmed yet. Once dates are set, we will announce. Please note physicals are first come, first served - we do not take reservations in advance. ***We encourage families to have their physical completed as soon as possible after June 1. You may visit your PCP or any Urgent Care Clinic for an athletic physical.***
- The PIAA mandates the CIPPE form as the only permissible form for doctor's signature.
- All student-athletes must be registered in the SV Portal under "Sports Registration" before competing. Registration **begins** Thursday, June 1.
- Complete information will be available on the District's Athletics website under "Participation and TRYOUT information" starting Thursday, June 1.
- Concussion baseline testing only needs to be done every other year. Parents may call the Athletics Office at (724) 452-6040, x1752 to confirm the status of their child's baseline concussion test.

Drug Testing, Athletic Physicals, and Baseline Concussion Testing Dates – Senior High School

- **Tuesday, July 11**, from 3 – 7 p.m.
- **Wednesday, July 12**, from 8 a.m. – Noon and 1 – 3 p.m.
  - 60 physicals from 8 a.m. – Noon; 30 physicals from 1 – 3 p.m.
- **Tuesday, August 1**, from 3 – 7 p.m.
- **Wednesday, August 2**, from 8 a.m. – Noon and 1 – 3 p.m.
  - 60 physicals from 8 a.m. – Noon