WINTER SPORTS UPDATES



Wrestling – Back-to-back SECTION CHAMPIONS!
Congratulations to Raider Wrestling for securing their second consecutive section title. The Raiders breezed through the section championships defeating Hampton with a decisive 62-6 win. They followed up that effort with a convincing 56-18 victory over North Allegheny in the section finals. Seneca Valley was seeded second in the WPIAL Team Championships and hosted the preliminary and quarterfinal rounds on Jan. 30. Following team championships in February the focus turns to the individual WPIAL and PIAA championships in March.

Girls Basketball
Raider Girls' Basketball currently sits in fourth place in WPIAL 6-A, Section 1 basketball standings with a 5-5 section mark and overall record of 11-6. At the time of this writing, Seneca Valley has four remaining section contests which will determine their post-season fate. The Raiders traveled to Pine-Richland (Jan. 28), hosted Shaler (Jan. 31), and will travel to Fox Chapel (Feb. 4) and host Butler on Feb. 7, for Senior Night. WPIAL play-off brackets will be announced at 7 p.m. on Feb.12.

Boys Basketball
Raider Boys' Basketball is currently tied for third place with North Allegheny in WPIAL 6-A, Section 1 basketball with an 8-8 overall mark and 3-4 in section play. The boys will host North Hills on Jan. 29, and close out their section schedule hosting North Allegheny on Feb. 1, (Senior Night) and traveling to Butler on Feb. 5. These final three section contests will go a long way in determining Seneca Valley's post-season possibilities.



Swimming and Diving
At the time of this writing, the undefeated girls' team (9-0) and 8-1 boys' swimming and diving team were anticipating their showdown with section rival North Allegheny on Feb. 1, at North Allegheny. In addition to an outstanding dual meet season, the Raiders have qualified numerous swimmers (in multiple events) and divers for WPIAL Championships. Stay tuned to the February edition for results following the end of the regular dual meet season.



CLUB SPORT HIGHLIGHT – Bowling Team Enjoys Success in 2019
The Seneca Valley Bowling Team, under the direction of head coach Neil Morris, is enjoying success this season. The Raiders entered the 2018-19 season as a relatively new program in the Western Pennsylvania Interscholastic Bowling League (WPIBL). Junior Ryan Thoma and sophomore Jason Hartenstein rank in the top-10 of the WPIBL North section in scoring average. On the girl's side, senior Maddie Ferringer is fourth in scoring average for the WPIBL North section. We wish the Raiders good luck as the regular season ends the week of Feb. 6.



ALL-STATE HONORS – Will Gallagher
Senior goalkeeper Will Gallagher was recognized for his outstanding season with All-State honors at the PA All-State Banquet on Jan. 26.

KEY DATES for RAIDER ATHLETICS Upcoming key dates for Raider Athletics include:

- **Feb. 19, 2019:** Spring sport drug & concussion testing and physicals at the Senior High School starts in the Athletic Office immediately after school.
- **Feb. 22, 2019:** All spring sport paperwork is DUE – please turn in to the Athletic Office, located in the lobby of the Senior High School.
- **March 4, 2019:** First OFFICIAL day of spring sport tryouts/practices for all varsity, junior varsity, junior high and middle school teams.

TRI-STATE ORTHOPAEDICS – Athletes of the Month, December 2018

TRI-STATE ORTHOPAEDICS & Sports Medicine, Inc.

Seneca Valley Athletics is pleased to partner with Tri-State Orthopaedics to sponsor a male and female Raider Athlete of the Month. This year marks the third and final year of a three-year partnership with Tri-State Orthopaedics and the Athletics Department is pleased to announce the Athletes of the Month for December were senior girls' basketball player McKenna Gross and sophomore wrestler Dylan Chappell.





The Female Athlete of the Month is senior basketball guard McKenna Gross. McKenna led the Raiders to a 7-2 record for the month of December as she averaged 15.8 points, 4.0 rebounds, and 2.0 assists per game over the first nine contests. McKenna is shooting 45 percent from the field, including 48 percent from 3-point range, and 73 percent from the charity stripe. She was awarded the Tournament MVP at the Seneca Valley Tip-Off Tournament and was named to the All-Tournament Team at the Riverside Holiday Tournament. McKenna has led her team in scoring in six of the nine games for December and scored a season-high 28 points in a victory over North Hills. For an outstanding month, we recognize McKenna as the December Athlete of the Month.

The Male Athlete of the Month is sophomore wrestler Dylan Chappell. Dylan's individual record of 14-3 in the month of December has helped the Raiders' start the season 3-1 in dual meet action. Dylan took first place at the King of the Mountain Tournament at Central Mountain High School at the 113-pound weight class. At the Powerade Tournament at Canon-McMillan High School, Dylan finished in second place at 106 pounds. Powerade is rated the second best tournament in the country and the top tournament in the state of Pennsylvania. Currently, Dylan is ranked first in the state and 20th in the nation at the 106-pound weight class by FloWrestling.