Going for gold

Sophomore Emma DeShay recently attended the US Figure Skating 2019 National High School Final as a member of the Western PA High School Figure Skating team. The team placed first with the highest overall point earnings in individual events. Emma won two gold medals and a silver medal for the team. The Western PA High School Figure Skating Team consists of students from Seneca Valley, North Allegheny, Bishop Canevin and Bethel Park High Schools.



SV Track & Field to host free K-6 meet

The Seneca Valley Track and Field team will be hosting the 35th annual All-District K-6 Track and Field Community Event on May 10, at SV Nextier Stadium in Jackson Township.

Registration will be held from 5:15 - 5:45 p.m. Field events will begin promptly at 6 p.m., with the track events to follow immediately after the field events have concluded.

The event is free for all district residents.

The track and field team and coaches will be on hand to run this event and they ask that each participant consider bringing a nonperishable food item as a donation to the local food banks.

Participants are to be reminded that they should wear appropriate clothing for running, jumping and throwing. All events are organized to be age-appropriate. Residents are encouraged to visit the district's backpack flyer link at www.svsd.net/BackpackFliers for more information on the evening's events.



Raising funds

Congratulations to the Seneca Valley Cross Country Team! The group recently made a considerable donation of $1,250 to the Cranberry Township Community Chest (CTCC) using proceeds from the 2019 5K Thanksgiving Day Turkey Chase. Great job, Raiders!

Baseball- At the time of this writing, Raider baseball was tied for second place in their section with a 3-2 mark and an overall record of 8-3. The Raiders are led by a talented group of nine seniors focused on a return to the WPIAL playoffs. Cory Greiner and Cam Vozel are a formidable battery at the WPIAL 6A level and both are key contributors with their bats.

Boys' Lacrosse- Raider boys' lacrosse has an overall record of 5-4 with wins coming against North Catholic (12-4), Shady Side Academy (10-5), Upper St. Clair (9-3), Central Catholic (14-6) and Shaler (12-2.) The team has games remaining with North Allegheny, at Fox Chapel, at Allderdice, with Butler and Sewickley Academy. How those remaining five contests play out will determine the post-season fate for boys' lacrosse.

Girls' Lacrosse- Seneca Valley Girls' Lacrosse remains in contention for a spot in the WPIAL playoffs with a 5-3 overall record and 3-2 section mark. The Raiders have section games remaining against Moon, Freeport, Fox Chapel, North Allegheny, Pine-Richland and Butler.

Softball- With an overall mark of 9-3 and section record of 6-3, Raider softball finds itself in third place in the Class 6A, Section 2 standings. The top four teams will advance to the WPIAL playoffs in mid-May and with five section games remaining the Raiders are poised to claim one of the top four spots. Pitcher Claire Zimmerman and catcher Karli Hacker are the senior leaders of this year's squad and just happen to be one of the top pitcher-catcher duos in the WPIAL.

Boys' Tennis- The Raiders, while missing out on the WPIAL team playoffs, have had a remarkable turnaround from a season ago. At the time of this writing, the 2019 squad had an overall mark of 7-8 with one match remaining. As a point of reference, last year the squad finished 3-12 overall. Head coach Eric Grove has done a tremendous job of developing his players over the past year and the results are starting to pay off on the courts

Track & Field- The boys and girls track teams will face off against Butler this afternoon for a chance to enter the WPIAL team track & field championships. Both teams on the boys and girls side have a loss in section competition to North Allegheny. The top-two finishers in the section advance to the WPIAL championships; hence, the significance of the Butler-Seneca Valley meet this afternoon. A final recap of the season will be provided in the May newsletter.

Boys' Volleyball- Raider boys' volleyball is ranked sixth in the most recent posting of WPIAL boys' volleyball Power Rankings. The 2019 team is currently 6-3 overall and captured third place at both the Northeastern York and Seneca Valley tournaments. Raiders are vying for a WPIAL playoff spot and have just under half of their section play left with games at Shaler, vs. North Hills, at Pine-Richland, vs. Fox Chapel and at Butler.

TRI-STATE ORTHOPAEDICS – Athletes of the Month, March 2019

TRI-STATE ORTHOPAEDICS & Sports Medicine, Inc.

Seneca Valley Athletics is pleased to partner with Tri-State Orthopaedics to sponsor a male and female Raider Athlete of the Month. This year marks the third year of a three-year partnership with Tri-State Orthopaedics and the Athletics Department is pleased to announce the Athletes of the Month for March were senior pitcher Claire Zimmerman and junior track & field athlete Gavin Thomas.





The Female Athlete of the Month is senior softball pitcher Claire Zimmerman. Claire has been dominant in the circle for the Raiders as they began the season with a 5-0 record. She earned the win in all five games on the mound as she compiled a 0.42 ERA and two complete game shutouts. Claire recorded 29 strikeouts and only 10 walks during the timeframe. At the plate, she batted an impressive .429 average and had a .500 on base percentage. For an outstanding month on the softball diamond, we recognize Claire as the March Athlete of the Month.

The Male Athlete of the Month is junior track and field athlete Gavin Thomas. Gavin played a vital role in leading the Raiders to two victories over Montour and North Hills during the month of March. Gavin broke a 20-year old record in the long jump with a jump of 22'6". Gavin collected three wins in the home opener against Montour, placing first in the 200M dash, long jump, and 4x100M relay. He tripled, again, three days later at North Hills finishing first in the long jump, 4x100M relay, and 4x400M relay. He also took second place in the 200M dash. For an outstanding month, we recognize Gavin as the March Athlete of the Month.

Committed!

As the senior year enters its fourth and final marking period, many Raider student-athletes have confirmed their commitment to attend college and play their respective sports of choice. The following are commitments as of the end of April:

Name	Sport	College/University	Major
Lauren Breski	XC/T&F	Nova Southeastern Univ.	Nursing
Emily Cyphers	Gymnastics	Bowling Green State Univ.	Journalism
Haley Davinsizer	Tennis	Franciscan University	Accounting
Madison Edkins	Lacrosse	Stetson University	Pre-Law
Zach Galovich	Lacrosse	Cleveland State University	Mechanical Engineering
Jason Geyer	Wresting	New York University	Business Finance
Ryan Greer	Lacrosse	Westminster College	Accounting
Brennan Hayes	Football	John Carroll University	Business
Savannah Holcomb	Soccer	Baldwin Wallace Univ.	Biology/Pre-Med
Gretchen Koken	Basketball	University Mount Union	Psych. & Criminal Justice
Luke Kopriva	Lacrosse	Belmont Abbey College	Accounting
Saige Ley	Football	Edinboro University	Exercise Science
Josh McLean	Football	John Carroll University	Business
Emily Meredith	Lacrosse	Lewis University	Biomedical Engineering
Marcus Might	Football	Indiana Univ. of PA	Business
Jake Mineweaser	Lacrosse	Seton Hill University	Criminal Justice
Nick Montalbano	Wrestling	American University	Biology/Chemistry
Madeline Neuschwander	Soccer	Westminster College	Sport Management
Ashley Rea	Soccer	Slippery Rock University	Exercise Science/P-T
Julia Redilla	Soccer	Westminster College	Chemistry
Drew Robertson	Football	University of Dayton	Business
Jonathan Simoes	Swimming	John Carroll University	Finance
Jacob Smeltzer	Volleyball	Thiel College	Accounting
Jake Stebbins	Football	Cornell University	Biometry & Statistics
David Tkatch	Football	University of Dayton	Pre-Med
Mark Trotta	Baseball	William & Mary	Business Analytics
Luke Trzeciak	Volleyball	University of Mount Union	Computer Science
Seth Winters	Football	Mercyhurst University	Exer. & Athletic Training
Aaron Yeager	Football	Keystone College	Criminal Justice
Claire Zimmerman	Softball	Slippery Rock University	Biology

2019-20 Physical, Drug & Concussion Testing

The athletic department has announced its summer physical, drug testing and ImPACT concussion testing dates for 2019-20.

REMINDERS for 2019-20:

- ALL paperwork is due in the athletic office no later than Thursday, July 25, 2019 by 3 p.m. Coaches will not accept paperwork at the first day of tryouts.
- Physicals are first come, first served on dates noted – see schedule below. We do not take reservations in advance.
- The PIAA mandates the CIPPE form as the only permissible form for doctor's signature.
- All required paperwork for athletic participation in 2019-20 will be available on Parent Portal starting June 1, 2019.
- All student-athletes must be registered in the Parent Portal under "Sports Registration" before competing. Registration begins June 1, 2019.
- Complete information available on the District's Athletics website under "Participation and TRYOUT information" starting June 1, 2019.
- Concussion ImPACT testing only needs to be done every other year.

Physicals, Drug Testing and ImPACT Baseline Concussion Testing Dates – Senior High School

- July 17, 2019 from 3-7 p.m. – Physicals, drug testing & ImPACT baseline concussion testing offered this session. Note: Physicals limited to 30 total between hours of 3 – 5pm.
- July 18, 2019 from 8 a.m. - Noon - Physicals, drug testing & ImPACT baseline concussion testing offered this session. Note: Physicals limited to 60 total between hours of 8 a.m – Noon.
- July 18, 2019 from 1-3 p.m. - Drug testing & ImPACT baseline concussion testing offered – NO physicals this session.
- July 24, 2019 from 3-7 p.m. – Physicals, drug testing & ImPACT baseline concussion testing offered this session. Note: Physicals limited to 60 total between hours of 3–7 p.m.
- July 25, 2019 from 8 a.m. - Noon – Drug testing & ImPACT baseline concussion testing offered – NO physicals this session
- July 25, 2019 from 1-3 p.m. – Physicals, drug testing & ImPACT baseline concussion testing offered this session. Note: Physicals limited to 30 total between hours of 1–3 p.m.