



WINTER SPORTS UPDATES

Competitive Cheer

Congratulations are in order for our SV Raider Competitive Cheer squad that qualified for PIAA state championships in Small Varsity after their eighth-place finish at the WPIAL Competitive Spirit Championships. In addition, this squad has also qualified for the National High School Cheerleading Championship (NHSCC) to be held at Disney World in Orlando, Florida. Well done, Raiders!



Ice Hockey

We congratulate the following Raider ice hockey players who were named to compete in the Pennsylvania Interscholastic Hockey League (PIHL) All-Star game held January 28, at Robert Morris University (RMU). In addition, head coach Anthony Raco was chosen to participate as one of the coaches. Congratulations to all!

- Ethan Lindberg, Forward
- Jacob Komaniak, Forward
- Adam Regalski, Defenseman
- Stephen Longwell, Defenseman
- Vincenzo DiTullio, Goalie



Swimming & Diving

Last month we shared the news of senior diver Isaiah Clerkley breaking Chris Rebholz's 23-year diving record. Since that time, Isaiah has broken his own record two more times, with the current record now standing at 341.40! Pictured here is Isaiah with former record holder Chris Rebholz. That is a lot of #SVRaiderPride in one photo!



Our boys and girls basketball, swimming & diving, and wrestling teams are in the middle of section play and postseason opportunities will be determined at the conclusion of their respective seasons. Future issues of Raider Pride will include final regular season and postseason results. ■

ADDITIONAL HONORS ANNOUNCED FOR FALL SPORT RAIDER ATHLETES

While the fall season is in the books, the awards continue to arrive for Raider student-athletes.

We congratulate junior football defensive back Jayden Price for his selection to the Post-Gazette All-Conference First Team. ■



RAIDER GENEROSITY ON DISPLAY

For the second consecutive year, the Seneca Valley School District was recognized by the Western Pennsylvania Interscholastic Athletic League (WPIAL) and Greater Pittsburgh Food bank for its community generosity in raising 3,290 meals for the 2023 Food & Fund Drive. In back-to-back years, Seneca Valley has been honored as the top-producing WPIAL 6A school district. Congratulations and thank you, #SVRaiderNation! ■



WHAT IS SALT?

The most common response you may think of is, "Salt is the partner of pepper. It is NaCl." However, in Raider Athletics, SALT stands for Student-Athlete Leadership Team; a leadership group initially formed during the 2022-23 school year. The four pillars of SV SALT include Service, Advocacy, Leadership and Team. The inaugural collection of student-athlete leaders created the following mission statement:



To provide student-athletes with a voice. Members of SALT obtain the privilege of representing the student-athlete body; they act as liaisons between athletes and administration. SALT prioritizes growth as an individual in all aspects – as an athlete, a scholar and a human being.

During the 2023-24 school year, SALT members have been actively engaged in a variety of campus and community service opportunities including:

- Visiting Connoquenessing Valley Elementary School (CVE) second grade classrooms prior to the holiday break to spend time reading to students, playing games with them and participating in craft activities.
- Spearheading a "Holiday Help Bag" donation drive of new hats, gloves, and sample-size toiletries for the UPMC Second Avenue Commons collection.
- Meeting with Dr. Kim Beals of AHN and Ready® to hear a presentation on proper nutrition and how it leads to



peak performance.

- Volunteering at Gleaners Food Bank to fill bags with canned goods and assemble fruit baskets.
- Attending the 14th annual WPIAL Sportsmanship Summit at the Senator John Heinz History Center.
- Visiting Haine Elementary School during lunch periods to spread Raider pride. ■



ATHLETES OF THE MONTH, DECEMBER 2023

The Female Athlete of the Month for December was girls basketball forward/center Allison Sevin. The senior has been a key part in a historic start to the season for the Raider girls basketball team who are currently 8-2 and on an eight-game winning streak. Allison has scored at least four points in every single game so far. She recorded several double-digit points scoring games, averaging 11 points a game while shooting 60% from the field. This includes 15-point performances in wins over Columbia-Montour Area Vocational Technical School (AVTS) and Fox Chapel. Allison's career high of 16 points came in a section win over Butler. She has also been a force on the defensive side of the ball, averaging 6.9 rebounds a game along with one steal and block per game. We recognize Allison as the December Female Athlete of the Month. Congratulations, Allison!



The Male Athlete of the Month for December was sophomore boys basketball forward/center Owen Congdon. Owen has stepped into a starter's role and has cemented his importance to the team. Over the first 11 games of the season, Owen has tallied 10.4 points a game along with 5.5 rebounds to showcase his all-around game. He has also been efficient inside and outside of the paint, boasting a 62.5% field goal percentage and shooting 50% from the three-point line, along with 5.3 rebounds a game. His career-high in points came in a win against Baldwin where he scored 17 points, including two three-pointers. For an impressive month, we recognize Owen as the December Male Athlete of the Month. Congratulations, Owen! ■



COLLEGE COMMITMENTS – CLASS OF 2024

Many Raider student-athletes made their college commitment official with the early signing period starting in mid-November. We congratulate these seniors in achieving their goals of continuing their athletic and academic careers at the next level. Each of you are tremendous representatives of Raider Athletics and we are very proud of your efforts in the classroom, in competition, and in the community. ■

Name	Sport	College/University	Major
Alivia Palano	Stunt	Mercyhurst University	Psychology
Stephen Vaughan	Track & Field	Bloomsburg University	Accounting

