



Barb Hamilton Druschel

Class of 1980

Swimming and Diving, Gymnastics, Track and Field

Barb competed for four years on the Seneca Valley gymnastics team, competing on bars and balance beam. She qualified for state competition on the balance beam in her senior year. Barb broke an 8-year old diving record in 1979, her junior year, and then continued to re-set the diving record until her graduation. The coaches often used their skilled diver to swim the breast stroke leg of the medley relay. Barb was also a standout and versatile performer for the track and field team for three years. Her specialty was the 110-meter hurdles, but she also ran in the 400 Relay, and competed in the long jump, triple jump, and high jump. In her sophomore year in 1978, Barb broke the 110-meter hurdles record of 17.2, setting the new mark at 15.9 seconds, a record that stood unbroken for 25 years. Barb lettered three years in track and field and advanced to the WPIAL meet each year in hurdling.