



Joan Sherman Trach Class of 1975

Swimming, Basketball, Track and Field

By the time Joan graduated from high school, she had earned 11 varsity letters: 4 in track and field, 4 in swimming, and 3 in basketball. As a three-year starting point guard for the girls' basketball team, Joan led the team in scoring, assists, and steals for two of those years. In the 1973-74 season as a junior, Joan led the team to a section championship, was named MVP. As a 4-year letter winner for the SV swimming team, Joan contributed her strength and talent in all of the freestyle events and relays. Joan also earned 4 varsity letters in track and field, displaying talent and versatility in the 100, 220, 440, 880, and mile races. She was a member of the 800-meter medley relay team that placed 5th at the PIAA meet in 1974 and 3rd at the PIAA meet in 1975. All four years that Joan was on the track and field team, the girls won the section title. She ended her senior year at SV by being voted and awarded the Most Athletic Female. Joan played four years of college basketball, first at Edinboro, and then at Indiana University of Pennsylvania.