



Martha Fox Weygandt
Class of 1977

Cross Country, Track and Field

During her years at Seneca Valley, Martha ran on the very first girls Cross Country team under Coach Weimer. Coach Weimer called her in the summer of her freshman year and informed her that he was interested in adding girls to his roster for the fall season. Martha ran with the boys all season and Coach Weimer entered her in Girl's Districts. She placed 4th in the State finals at Penn State. She also ran track for Coach Bob Harsh. The track 400 medley relay team which she anchored finished 3rd in the State finals. Martha then ran Cross Country at Grove City College and graduated in 1981 with a BA in Communications.