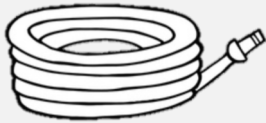




Tips and Tricks

"The Hose Sound"

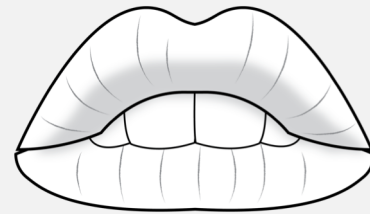


Young kids may remember a sound better when you associate the sound with a familiar image.

Tips and Tricks

If your child is having trouble getting his/her teeth and lips in the right position, try practicing in front of a mirror. This helps your child see if his/her teeth are in the right spot! Try saying "f" all by itself and then adding a vowel - "fee", "fi", "fo". Then work up to words!

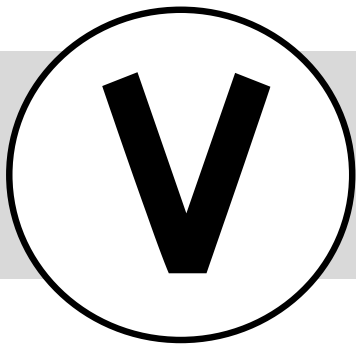
How to Make the "F" Sound



The "f" sound is made by placing the front top teeth gently on the bottom lip. The tongue lays at rest inside the mouth behind the bottom front teeth. Gently blow air through the middle of the mouth and out the front teeth. The "f" sound is a quiet sound, so the voice ("buzzer") is off while gently blowing air through the mouth.

Time to Practice

Take time to practice for a few minutes every day. Just 5-10 minutes each day can help your child make steady progress. Try reading a book and finding all of the words or pictures with an "f" sound. Pretend to water some plants with a hose - fff! Try drawing an ocean with lots of fish!



Tips and Tricks

"The Vacuum Sound"

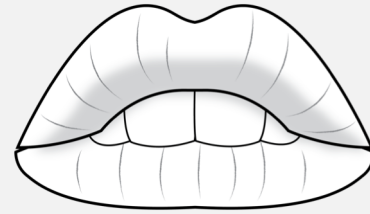


Young kids may remember a sound better when you associate the sound with a familiar image.

Tips and Tricks

If your child is having trouble getting his/her teeth and lips in the right position, try practicing in front of a mirror. This helps your child see if his/her teeth are in the right spot! If "v" sounds like "f", remind your child to turn his/her "buzzer" on! Put your hand on your throat to feel it.

How to Make the "v" Sound



The "v" sound is made by placing the front top teeth gently on the bottom lip. The tongue lays at rest inside the mouth behind the bottom front teeth. Gently blow air through the middle of the mouth and out the front teeth. The "v" sound is a noisy sound, so the voice ("buzzer") is on while gently blowing air through the mouth.

Time to Practice

Take time to practice for a few minutes every day. Just 5-10 minutes each day can help your child make steady progress. Try reading a book and finding all of the words or pictures with a "v" sound. Pretend to vacuum around the house. Pretend to be noisy race cars and race together!

Vvvvroom!