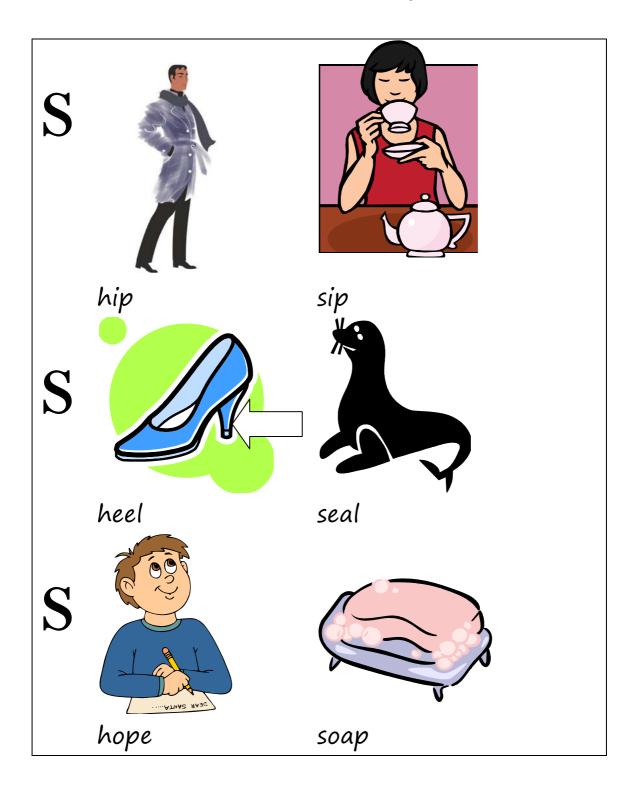
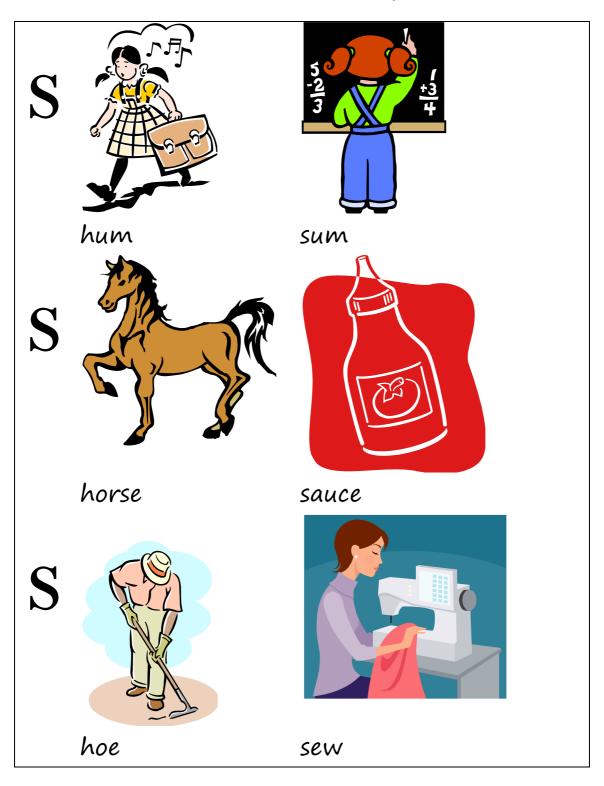
The aspiration trick for /s/



The aspiration trick for /s/



The aspiration trick for /s/



Practise 's...hip', 'shhhip', etc., gradually reducing the aspiration and eventually turning 's...hip' into 'sip'.